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DAV PUBLIC SCHOOL, SAMANA

(SENIOR SECONDARY)

CBSE Affiliated (1630571)

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STUDY PLAN

Class 10+2 (Commerce)

Name _____

Section _____

Roll No. _____

Adm. No. _____

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Principal Message



"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations"

Principal Dr. Mohan Lal Sharma
Academician, Educationist, Scholar
Writer, Social Worker, Awardee

Dear Students

Today, the role of a school is not only to pursue academic excellence but also to encourage and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. More than a decade back DAV SAMANA pledged to transform education. The school that is being run under the able stewardship of Honorable President **Dr. Punam Suri Ji** has earned its own position not only in Samana but also in its surrounding areas. At DAV, we provide an atmosphere to our students for multifaceted development, where children get such a platform which helps them to channelize their potential in the pursuit of excellence. This can only be possible in a holistic, student-centric environment.

The school is striving hard to make the best possible efforts to inculcate strong Vedic roots combining with academics and extra-curricular activities in the children. Transforming every individual into a self-reliant and independent citizen, the school provides an amalgam of scholastic and co-scholastic activities with International exposure. In our curriculum, the student is the primary focus and each child is involved in the learning process.

A new ray hope has been generated by the introduction of – NEP 2020, a pristine document on education wherein emphasis is laid on technology. From the academic year 2022-23, the government will implement the first phase of NEP 2020. The new norms we have adapted to, the resilience we have developed will play a crucial role in applying the New Education Policy in a better way.

The parents are the most strengthening power in moulding the future of children. Their consistent support empowers us to do more and more. I pay my gratitude to them for their faith in us.

I am confident enough that the DAVIANS will make themselves stronger day by day, adding a new leaf to the grandeur of the school.

Blessings !!!

Principal Dr. Mohan Lal Sharma

STUDY PLAN - AN IMPORTANT TOOL

Study plan is a technique that enables you to make the most efficient use of your time, resources and academic potentials. As we journey together, you may face many challenges and to enable you to overcome the obstacles we offer you this wonderful tool-Study Plan to make you familiar with the values and Academic Syllabi of the school. This will increase your awareness of how you study and you will become more confident. Make this planner a part of your schedule for getting success this year.

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GREEN RULES

- ❖ Be kind, polite, helpful and aware of others' feelings.
- ❖ Try your best, work hard and learn from your own mistakes.
- ❖ Respect your educators.
- ❖ Make yourself presentable.
- ❖ Take responsibility for your education.
- ❖ Be organized.
- ❖ Don't be a distraction.
- ❖ Do the task with dedication.
- ❖ Stick to your goals.

GENERAL INSTRUCTIONS (FOR PARENTS)

- ❖ Parents are requested to co-operate with the school in its attempt to help towards their children's progress by paying attention to their regularity, punctuality and discipline.
- ❖ Constant vigilance on the part of the parents pays rich dividends. We earnestly recommend that parents should take interest in the daily activities of the children both inside and outside the school and check the diary daily for any notes from the teacher. Kindly attend all Parent-Teacher Meetings in the interest of your wards.
- ❖ If you have any suggestions regarding your ward's study, you are welcome to contact the Principal/ Supervisor/ Co-ordinator/Class Teacher/Subject Teacher during Parent-Teacher Meeting or with prior appointment with Principal/ Supervisor/ Co-ordinator between (9:00 a.m. to 10:00 a.m.).
- ❖ Parents are requested not to enter the class room either to see their wards or to seek interviews with the teachers during class hours. No half day/short leave will be given to the student.
- ❖ Unauthorized absence for 6 consecutive days renders the student liable to have his/her name struck off the rolls. Sick children should not be sent to the school for a test or an examination. Medical certificate may be sent along with an application on the same or next day positively. Student will be fined Rs.10 per day, if the child remains absent for the consecutive two days.
- ❖ Children when suffering from infectious disease should not be sent to school to attend classes. The student is required to produce a fitness certificate from a Medical Practitioner / Doctor on joining.

- ❖ Any change of Residential / Official Address / Telephone Number should be notified to the class teacher and school office immediately.
- ❖ Ensure that the child maintains personal hygiene, has nutritious breakfast and diet and avoids eatables from roadside vendors.
- ❖ Students are not allowed to carry / use "Mobile Phones" within the school premises.
- ❖ As the medium of instruction in the school is English. So, children should be helped to follow their work easily and intelligently by a certain amount of regular conversation in English at home.
- ❖ As soon as the diary is issued, the parents should fill in all the required data and sign in the spaces provided.
- ❖ Parents should sign the school diary daily. Daily assignment, irregularity in
 - a) Completion of assignment
 - b) Bringing of Books.
 - c) Wearing proper uniform, or any other instruction and circulars given should be acknowledged by signing the diary at the respective spaces provided.
- ❖ Legitimate complaints should be brought to the knowledge of the Principal without delay.
- ❖ Please ensure that the child is sent neatly dressed. Nails should be trimmed regularly. Expensive jewellery and watches, nail polish and make up is not permitted.
- ❖ Encourage the children to participate in all curricular and co-curricular activities. This is very necessary for gaining self-confidence and self-satisfaction.

MODE OF EXAMINATION

1. The Annual examination will be held in the month of February / March.
2. A student must pass separately in both (Written+ Practical) exams.
3. Duration of each paper will be of three hours.

TEACHER SHOULD KEEP IN MIND

1. Use a variety of tools (Oral, Projects, Presentation).
2. Understand different learning styles and abilities.
3. Develop child's individual's skills, interests, attitudes and motivation.
4. Monitor the changes taking place in a child's learning, behavior and progress over time.
5. Share the assessment criteria with the students.
6. Allow peer and self-assessment.
7. Give an opportunity to the students to improve.
8. Use an "Indoor Voice" when speaking in the class.

EXAMINATION INSTRUCTIONS

1. Students **MUST** reach the exam centre in time.
2. No student will be allowed to enter in the examination centre after time will be over.
3. Students are required to bring their own pen, pencil and ink. Only blue black or royal blue ink / ball point pen is to be used.
4. No student, without permission of the Invigilators/Duty teacher, shall leave his / her seat or the Examination Hall until the end of the examination. No student shall speak without permission. If it is necessary for the candidate to communicate, he/she shall stand up in his / her place.
5. Answer shall be written on both sides of the answer book supplied to the candidate and on the both side of the answer book. No candidate shall tear out any leaf from the answer book.
6. If a student write his / her roll no. or put any special mark in any part of the answer book or drawing sheet, map etc. other than the space provided for the purpose he will render himself liable to have his/her paper cancel.
7. Students can be physical search by the center duty teacher before or during the examination at any time.
8. The student shall not ask for supplementary answer sheet till the main answer book / the earlier supplementary answer book is filled.

9. Apart from what is stated to be unfair means in the rules, regulations and Bye-Laws of the Board, if a candidate during the course of examination, is found indulging in any of the following, he/she shall specifically be deemed to have used unfair means at the examinations and as such his/her result shall not be declared but shall be marked as UNFAIRMEANS (U.F.M.):

- a) Having in possession any item or article which has been prohibited in examination centre or may be used for unfair practices including any stationery item, communication device, accessories, eatable items, ornaments or any other material or information relevant or not relevant to the examination in the paper concerned.

VALUE EDUCATION TOPIC

APRIL

SELF DISCIPLINE & CO-OPERATION

- Being responsible
- Managing Emotions
- Being helpful to new students
- Cleanliness of body and mind
- Healthy and constructive thoughts

MAY

DIGNITY OF LABOUR & OPTIMISIM

- Respecting all jobs/positions equally
- Keeping your surroundings clean
- Looking at negative things in a positive manner

JUNE

SELF REALIZATION & MEDITATION

- Purity of mind and soul
- Spending valuable time with parents
- Awareness about duties
- Creative & Innovative approach

JULY

ENVIRONMENT SENSITIVITY

- Go Green
- Each one, Plant one
- Use of water, Electricity etc.
- Proper utilization of paper

AUGUST

SECULARISM & NATIONAL INTEGRATION

- Acknowledging the hard-earned independence
- Showing respect towards all religions
- Taking pride in being an Indian
- Abiding by the laws for maintaining National Integrity

SEPTEMBER**EFFICIENCY & EFFECTIVENESS**

- Continuous Efforts with Patience & Endurance
- Believing in yourself
- Having "I CAN Win" attitude
- Do not pluck flowers

OCTOBER**COMPASSION & CHARITY**

- Love for humanity
- Well mannered in words & actions
- Helping the needy

NOVEMBER**FAITH & DEVOTION**

- Trust
- Hope
- Calmness

DECEMBER**INSPIRATION & RESPONSIVENESS**

- Self Trust
- Motivation for Simple living and high thinking

JANUARY**CLEANLINESS/ CLEAN DAV GREEN DAV**

- Personal hygiene
- Cleanliness of surrounding
- How to keep your classroom tidy

FEBRUARY**TIME MANAGEMENT & COMMITMENT**

- Practicing effective study techniques
- Being organized

MARCH**STRIVING FOR EXCELLENCE**

- Be diligent in your performance
- To do things in the best possible manner
- Being enthusiastic

ACCOUNTANCY (Code No. 055)

- Books:** 1. Financial Accounting – Part I – NCERT
2. Financial Accounting – Part II – NCERT

- Reference Books:** 1. T. S. Grewal 2. MCQ – D.K. Goel.

Objectives:

1. To familiarize the students with accounting as an information system.
2. To acquaint the students with basic concepts of accounting and accounting standards.
3. To develop the skills of using accounting equation in processing business transactions.
4. To develop an understanding about recording of business transactions and preparation of financial statements.
5. To enable the students to understand and analyze the financial statements.

Course Structure

Unit		Pen Note	Marks
<u>Part – A</u>	Accounting for Not for Profit Organisations, Partnership Firms and Companies		
Unit – 1	Accounting for Partnership Firms	90	36
Unit – 2	Accounting for Companies	35	24
TOTAL –A		150	60
<u>Part – B</u>	Financial Statement Analysis		
Unit – 3	Analysis of Financial Statements	30	12
Unit – 4	Cash Flow Statements	20	08
TOTAL –B		50	20
TOTAL THEORY			80
<u>Part- C</u>	Project Work	40	20
Total Periods / Total Marks		240	100

Project Work – Guidelines (Subject to change as per CBSE guidelines)

Unit	Heading	Marks
1	Project File	4
2	Written Test (1 Hour)	12
3	Viva	4
	Total	20

APRIL

Chapter No.	Chapter Name	Activity	No. of periods
1.	Admission of Partner	PPT	10

MAY

Chapter No.	Chapter Name	Activity	No. of periods
1.	Change in Profit Sharing Ratio with goodwill	PPT	08
2.	Retirement of Existing Partner		10

JUNE**SUMMER VACATION****JULY**

Chapter No.	Chapter Name	Activity	No. of periods
1.	Dissolution of a Partnership Firm	Flow Chart	10
2.	Death of Partner	Flow Chart	5

AUGUST

Chapter No.	Chapter Name	Activity	No. of periods
1.	Fundamentals of Partnership Firm	PPT	15
2.	Accounting for Companies (Issues of Shares)	PPT	10

SEPTEMBER :**REVISION +****HALF YEARLY EXAMINATION****OCTOBER**

Chapter No.	Chapter Name	Activity	No. of periods
1.	Accounting for Companies (Issues of Shares)	Flow Chart	5

2.	Issues of Debentures	Chart	10
NOVEMBER			
Chapter No.	Chapter Name	Activity	No. of periods
1	Tools of Financial Statements Analysis		04
2	Accounting Ratios	PPT	15
DECEMBER			
Chapter No.	Chapter Name	Activity	No. of periods
1	Cash Flow Statement-AS Three(3)	Flow Chart	10
DECEMBER + JANUARY		Revision +	
FEBRUARY +MARCH		Pre – Board Examination	
		ANNUAL EXAMINATION	

BUSINESS STUDIES (Code 054)

Books: 1. - Part I - NCERT

2. - Part II - NCERT

Reference Books: 1. R. K. Singla

2. Alka Dhawan and All in One (Case studies and MCQ)

Objectives:

- To develop students with an understanding of the processes of business and its environment.
- To develop an interest in the theory and practice of business, trade and industry.
- To familiarize the students with theoretical foundations of the process of organizing and managing the operations of a business firm.
- To develop a business attitude and skills in students.

Project Work – Guidelines
(Subject to change as per CBSE guidelines)

Sr. No.	Heading	Marks
1	Initiative ,Cooperative & Participation	2
2	Creativity In Presentation	2
3	Content , Observation & Research Work	4
4	Analysis of Situations	4
5	Viva	8
Total		20

APRIL

Chapter No.	Chapter Name	Activity	No. of periods
Unit 1	Nature and Significance of Management	Flow Chart	9

MAY

Chapter No.	Chapter Name	Activity	No. of periods
Unit 2	Principle of Management	Quiz	9
Unit 3	Business Environment		7
Unit 4	Planning	PPT	10

JUNE : SUMMER VACATION

JULY

Chapter No.	Chapter Name	Activity	No. of periods
Unit 11	Marketing Management	Flow Chart	12
Unit 12	Consumer Protection	Flow Chart	5

AUGUST

Chapter No.	Chapter Name	Activity	No. of periods
Unit 5	Organising	PPT	10
Unit 6	Staffing		8

**SEPTEMBER : REVISION +
 HALF YEARLY EXAMINATION**

OCTOBER

Chapter No.	Chapter Name	Activity	No. of periods
Unit 7	Directing	Quiz	10
Unit 8	Controlling	Quiz	5

Unit 9	Financial Management		8
NOVEMBER			
Chapter No.	Chapter Name	Activity	No. of periods
Unit 10	Financial Markets	PPT	8
DECEMBER + JANUARY		Revision +	
FEBRUARY +MARCH		Pre – Board Examination	
		ANNUAL EXAMINATION	

ECONOMICS (Code No. 030)

- NCERT Books:** 1. Part A: Introductory Microeconomics
2. Part B: Indian Economic Development

- Reference Books:** 1. J.P. Goel 2. T.R. Jain

Objectives:

1. Understanding of some basic economic concepts and development of economic reasoning which the learners can apply in their day - to- day life as citizens, workers and consumers.
2. Realization of learner's role in nation building and sensitivity to the economic issues that the nation is facing today.
3. Equipment with basic tools of economics and statistics to analyze economic issues like Poverty, Unemployment, Balance of Payments and Foreign Exchange Mechanism etc. This is pertinent for even those who may not pursue this course beyond senior secondary stage.
4. Development of understanding that there can be more than one view on any economic issue and necessary skills to argue logically with reasoning.

Project Work Criteria (Subject to Change as per CBSE guideline)

Sr. No.	Heading	Marks
1	Relevance of the topic	3
2	Knowledge Content/ Research Work	6
3	Presentation Technique	3
4	Viva-Voce	8
Total		20

APRIL

Part	Chapter No. & Name	Activity	No. of periods
1	Introduction, Difference, of Micro & Macro	Flow Chart	4
2	Some Basic Concepts of Macroeconomics	PPT	5
3	Indian Economy on the Eve of Independence	Flow Chart	5

MAY

Chapter No.	Chapter No. & Name	Activity	No. of periods
1	National Income and Related Aggregates	PPT	5
2	National Income and Method of Measurement	PPT	10
3	Money	PPT	5

JUNE**SUMMER VACATION****JULY**

Chapter No.	Chapter No. & Name	Activity	No. of periods
1	Banking	PPT	5
2	Five Years Plans in India		3
3	Features & Policies of Indian Agriculture	PPT	5
4	Strategies of Indian Industries	PPT	5

AUGUST

Chapter No.	Chapter No. & Name	Activity	No. of periods
1	Aggregate, Demand, Supply and Related Concept	Flow Chart	6
2	India's Foreign Trade		4
3	Economic Reforms Since 1991		5

**SEPTEMBER : REVISION +
HALF YEARLY EXAMINATION****OCTOBER**

Chapter No.	Chapter No. & Name	Activity	No. of periods
1	Poverty		4
2	Human Capita Formation	Quiz	4
3	Short Equilibrium		6

NOVEMBER			
Chapter No.	Chapter No. & Name	Activity	No. of periods
1	Rural Development	PPT	4
2	Problem of Excess Demand and Deficit Demand		5
3	Government Budget and The Economy		6
4	Infrastructure		4
DECEMBER			
Chapter No.	Chapter No. & Name	Activity	No. of periods
1	Employment and Unemployment	Quiz	4
2	Environment and Sustainable Development		4
3	Experience of India, Pakistan and China		6
DECEMBER + JANUARY		Revision +	
FEBRUARY + MARCH		Pre – Board Examination	
ANNUAL EXAMINATION			

(Note: The project work as specified by the CBSE guidelines will be allocated to the Students in the month of October and they will prepare the projects and submit it in the month of December)

ENGLISH CORE (Subject Code : 301)

General Aims and Objectives -

1. To provide extensive exposure to a variety of writings in English
2. To further expand the learner's vocabulary resources through the use of thesaurus, dictionary and encyclopedia.
3. To develop the taste for reading with discernment and delight.
4. To critically examine a text and comment on different aspects.
5. To develop proficiency in English both in receptive and productive skills.

INTERNAL ASSESSMENT- ALS

20 MARKS

TOPIC	MARKS
LISTENING SKILLS	5

SPEAKING SKILLS	5
PROJECT	10
TOTAL	20

Name of Books: 1. Flamingo 2. Vistas (NCERT) 3.BBC

APRIL			
BOOK	TOPIC	Activity	No of Periods
Flamingo [4.1.4.4]	1. The Last Lesson (Comprehension in Mother Tongue +English)	Photo Collage Mother	03
	1. My Mother At Sixty-Six (poem)		01
Vistas	1. The Third Level		04
Short Composition	Notice		05
MAY			
BOOK	TOPIC	Activity	No of Periods
Flamingo	2. Lost Spring (Poster on Child Labour)	Poster on Child Labour	04
	3. Deep Water		04
Vistas	2. The Tiger King (Poster on Save Tiger)	Poster on Save Tiger	04
	3. Journey to the End of the Earth		04
Long Composition	Letter to Editor for giving suggestions or opinion on Public Interest, Business Letter, Job applications,		05
JUNE : SUMMER VACATION			
JULY			
BOOK	TOPIC	Activity	No of Periods
Flamingo	3.Keeping Quiet (Poem)		01
	4. The Rattrap		03
Vistas [4.4.1.1]	4. The Enemy	Role Play	05
Long Composition	Articles, Report,		04

AUGUST			
BOOK	TOPIC	Activity	No of Periods
Flamingo [4.2.3.1]	4. A Thing Of Beauty(Poem)	Project on Indigo	01
	5. Indigo		03
Vistas	5. Should Wizard Hit Mommy		03
Short Composition	Formal and Informal Invitations and Replies		05
SEPTEMBER: REVISION+ HALF YEARLY EXAMINATION			
OCTOBER			
BOOK	TOPIC	Activity	No of Periods
Flamingo	6. Poets and Pancakes		03
	5 A Roadside Stand(Poem)		02
	6. Aunt Jennifer's Tigers (Poem)		01
Vistas	6. On The Face Of It	Project on Achievement of Disable People	04
Letter Writing	Letters to Editor giving suggestions or opinions on issues of public interest.		04
NOVEMBER			
BOOK	TOPIC	Activity	No of Periods
Flamingo	7. The Interview (Expression Series : Interview on any Personality)	Interview Conduction	03
	8. Going Places		03
Vistas [4.4.1.1]	7. Memories of Childhood		03
	9.The Cutting of My Long Hair		03
	10.We Too are Human Beings		03
Long Composition	Article, Report Writing		03
DECEMBER +JANUARY		Revision+	
		Pre - Board Examination	
FEBRUARY+MARCH		ANNUAL EXAMINATION	

MATHEMATICS (Subject Code: 041)

Book : NCERT (National Council of Educational Research & Training)

Reference Book: 1.R.DSharma 2.ModernPublication

Lab Manual: New Way (A Different Approach)

AIMS & OBJECTIVES:

The broad objectives of teaching Mathematics at senior school stage intend to help the students:

- To acquire knowledge and critical understanding, particularly by way of motivation and visualization of basic concepts, terms, principles, symbols and mastery of underlying processes and skills.
- To feel the flow of reasons while proving a result or solving a problem.
- To develop positive attitude to think analyze and articulate logically.
- To develop interest in the subject by participating in related competitions.
- To acquaint students with different aspects of Mathematics used in daily life.
- To develop an interest in students to study Mathematics as a discipline.
- To develop reverence and respect towards great Mathematicians for their contributions to the field of Mathematics.

Internal Project Work - Guidelines

Unit	Heading	Marks	Total
Periodic	Written Tests	10	10
Lab manual	File	05	10
	Experiment Writing + Viva-Voce	05	
Total			20

APRIL

Chapter No.	Chapter Name	No. of periods
1	Relations and Functions	15
2	Inverse Trigonometric Functions	6

MAY		
Chapter No.	Chapter Name	No. of periods
3	Matrices	8
4	Determinants	12
12	Linear Programming	7
JUNE : SUMMER VACATION		
JULY		
Chapter No.	Chapter Name	No. of periods
5	Continuity and Differentiability	18
6	Application of Derivatives	10
AUGUST		
Chapter No.	Chapter Name	No. of periods
7	Integrals	24
8	Application of Integrals	6
SEPTEMBER: REVISION+ HALF YEARLY EXAMINATION		
OCTOBER		
Chapter No.	Chapter Name	No. of periods
9	Differential Equations	15
10	Vector Algebra	8
NOVEMBER		
Chapter No.	Chapter Name	No. of periods
11	Three Dimensional Geometry	10
13	Probability	15
DECEMBER +JANUARYRevision+ Pre - Board Examination		
FEBRUARY+MARCH ANNUAL EXAMINATION		

HINDUSTANI MUSIC VOCAL

" नृत्यं वाद्यानुगं प्रोक्तं वाद्यं गीतानुवृत्ति च ।
अतो गीतं प्रधानत्वादत्रादावभिधीयते ॥ "

(SUBJECT CODE-034)

Evaluation Scheme

Time Allwed: 3 Hours

Max. Marks: 70

Choice Raga(Vilambit And Drut Khayal, Bhairav, Bageshri, sudhsarang, malkauns)	10+8=18
Examinar's Choice Ragas	10
One Tarana And One Dhamar with dugun and Chaugan	8+8=16
Identification of Ragas	06
Reciting The Thekas Prescribed Talas With hand Beats Thah And Dugun And Chagun, Jhaptal, Rupak, Dhamar, Tigun	05+05=10
Tuning of Tanpura And Question Regarding it.	05
Practical Files	05
Total	70

MONTH	Task	Content
APRIL	Theory	Short notes on the following: Alankar, Kan, Meend, Khatka, Murki, Gamak, Grama, Murchhana, Alaap, Tana,
	Practical	One drut khayal in Bhairav, Bageshri, Megh, Malkquns with simple elaborations and few tanas
MAY	Theory	Historical development and time theory of Ragas (Detail Study of the following) : (i) Sangeet Ratnakar (ii) Sangeet Parijat
	Practical	OneVilambit khayal and one drut khayal with alaap and Tanas in two prescribed Ragas
JUNE	SUMMER VACATION	
JULY	Theory	Description of Ragas prescribed for XII class
	Practical	One tarana and one dhamar with dugun and chugun in any Ragas

AUGUST	Theory	Activity to recognize the Ragas from given passages of swaras
Activity : Competition on Folk Songs		
SEPTEMBER:		
REVISION+ HALF YEARLY EXAMINATION		
OCTOBER	Theory	(i) Writing notation of the compositions of the prescribed Ragas. (ii) Writing in Tala: notation, Thah and dugun of Tigun, Chaugun prescribed Tala
	Practical	Recitation of thekas of jhap, Rupak, Dhamar tala with Dugun, Chaugun, keeping tala with hand beats.
NOVEMBER	Theory	Contributions of musicians: (1) Faiyaz Khan (3) Pt. Krishna Rao Shankar (4) Ustad Bade Gulam Ali Khan
	Practical	Ability to recognise the Ragas from the phrases of Swaras rendered by the Examiner. Knowledge of tanpura structure and tuning of it
DECEMBER +JANUARY	Revision+	
FEBRUARY+MARCH	Pre - Board Examination	
	ANNUAL EXAMINATION	

PHYSICAL EDUCATION (Subject Code: 048)

IMPORANCE OF PHYSICAL EDUCATION:

Physical Education is the part of the General Education program which is considered with growth, Development and education of students through the medium of muscle activities. It is the education of whole child by means of physical activities.

It is the education of whole child by means of physical activities. Physical activities are the tools. They are so selected and considered as to influence every child's Physically, Mentally, Emotionally and Morally.

AIMS & OBJECTIVES:

1. Interact with the natural world in a positive manner.
2. Develop qualities such as leadership, team spirit, sense of belongingness, courage and self dependence.
3. Participate in the activities for fun and joy.
4. Conduct the movement with more body control.
5. To ensure optimum growth of each child.
6. Understand that hygienic fitness, protection and health care are important for health.

NOTE: All the activities will be followed according to CBSE guidelines.

APRIL

Lesson/Topic	Periods	Tool & Techniques	Teaching Aid
Lesson-1	06	Management of Sports Events	Book
Any Individual Game	02	Play Games in Ground With Fundamental Skills	Play Game/Video
Activity	02	Sit-Ups / Standing Jump	Stopwatch ,whistle
Gym Period	02	Exercise In Gym/Flexed/Bend Arm Hang/Pull-ups	Multi Gym/ Horizontal bar
YOGA/Mass PT	02	Physically in Ground/Yoga,Padamasana & Tarasana /Mass PT	Body Movements/Video

MAY

Lesson/Topic	Periods	Tool & Techniques	Teaching Aid
Lesson-2	06	Children and Women in Sports	Book

Any Individual Game	02	Play Games in Ground With Fundamental Skills	Play Game/Video
Lesson-3	06	Yoga as preventive measures for Lifestyle disease	Book
Race	02	Shuttle Run & 50 Meters dash race	Stopwatch, whistle
YOGA	02	Physically in Ground/Yoga, Chakrasana & Halasana	Body Movements/Video

**JUNE- SUMMER VACATION +
INTERNATIONAL YOGA DAY CELEBRATION**

JULY

Lesson/Topic	Periods	Tool & Techniques	Teaching Aid
Lesson-4	06	Physical Education and Sports for CWSN	Book
Any Individual Game	02	Play Games in Ground With Fundamental Skills	Play Game/Video
Lesson-5	06	Sports and Nutrition	Book
Mass PT /YOGA	02	Physically in Ground /Yoga, Vajrasana & Sarvangasana & Mass PT	Body Movements/Video
Gym Period	02	Activity :Exercise In Gym	Multi Gym
Race	02	600 Meters	Stopwatch, whistle
SPORTS-Day-29 August			

**AUGUST +SEPTEMBER: REVISION+
HALF YEARLY EXAMINATION**

OCTOBER

Lesson/Topic	Periods	Tool & Techniques	Teaching Aid
Lesson-6	06	Test & Measurement in Sports	Book
Any Individual Game	02	Play Games in Ground With Fundamental Skills	Play Game/Video
Lesson-7	06	Physiology & Injuries in Sports	Book
Race	02	Activity :Shuttle Run &50 Meters dash race	Stopwatch ,whistle
YOGA /Mass PT	02	Physically in Ground/Yoga ,Chakarasana & Halasana/ Mass PT	Body Movements/Video

NOVEMBER

Lesson/Topic	Periods	Tool & Techniques	Teaching Aid
Lesson-8	06	Biomechanics & Sports	Book
Any Individual Game	02	Play Games in Ground With Fundamental Skills	Play Game/Video
Lesson-9	06	Psychology & Sports	Book
Gym Period	02	Exercise In Gym/Flexed/Bend Arm Hang/Pull-ups	Multi Gym/ Horizontal bar
YOGA	02	Activity: Physically in Ground/Yoga , Bhujangasana & Sarvangasana	Body Movements/Video
Activity	02	Sit-Ups/ Standing Jump	Stopwatch ,whistle

DECEMBER

Lesson/Topic	Periods	Tool & Techniques	Teaching Aid
Lesson-10	06	Training in Sports	Bo ok
Any Individual Game	02	Play Games in Ground With Fundamental Skills	Play Game/Video

Race	02	600 Meters	Stopwatch, whistle
YOGA/Mass PT	02	Physically in Ground/Yoga, Vajarasana& Tarasana& Mass PT	Body Movements/Video

EVALUATION SCHEME

Time Allowed : 3Hours

Max Marks :30

Physical Fitness Test	06
Proficiency in Games & Sports (Any One game)	07
Yogic Practices	07
Record File	05
Viva Voice	05
Total	30

JANUARY REVISION+PRE - BOARD EXAMINATION

FEBRUARY+MARCH ANNUAL EXAMINATION

Computer Science New (PYTHON) Class - XII (Code - 083)

IMPORTANCE OF COMPUTER EDUCATION

Computer technology has a deep impact on the education sector. Thanks to computers, imparting education has become easier and much more interesting than before. Computers have changed the way we study/work, be it any course/profession. Computers play a vital role in every field especially it play an important role in education. That is why the education system has made computer education a part of school curriculum. Considering the use of computer technology in almost every sphere of life, it is important for everyone to have at least the basic knowledge of using computers.

AIMS & OBJECTIVES:

1. Foremost aim is to make students Technology Savvy.
2. To inculcate enough knowledge among the students about Programming Languages.

3. To develop basic Computational Skills.
4. To develop Problem Solving skills and their Implementation in Python.
5. To understand an implementation of Computer Network.
6. To understand the implementation of SQL Commands.

INSTRUCTION FOR THE TEACHERS:

1. It is necessary to take students to the lab according to fix Time Table.
2. It is necessary to perform all the given activities.
3. Teacher will look after each & every child in lab.
4. Teacher will make it sure that all the students have performed the lab activity or not.
5. Students will be evaluated on the basis of skills in Practical, Practical File, Project, Viva and Written Exam.

INSTRUCTION FOR THE STUDENTS:

1. Students will bring their books according to time table.
2. Students will sit according to Roll No. in lab.
3. Students will not change the Control Panel Settings.
4. Students will follow all the Rules & Regulations of Lab + Instructions of Teacher.

TOOLS & TECHNIQUES:

Exploratory Thinking, Demonstration Method, Active Learner Participation, Logical Thinking, Experimentation Method, Effective integration of Technology, Oral Questioning.

APRIL

Name of Unit	No. of Periods	Topic	Teaching Aids
Unit-1 (Programming and Computational Thinking -2)	20	1. Revision of the basic of Python.	Computer Lab, Computer Science Book, Python

MAY

Unit-1 (Programming	24	Python Programming.	Computer Lab, Computer
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and
computational
thinking -2)

Science Book,
Python

JUNE : SUMMER VACATION

JULY

Name of Unit	No. of Periods	Topic	Teaching Aids
Unit-1 (Programming and computational thinking -2)	20	1. Functions 2. Using Python Library 3. Data structures	Computer Lab, Computer Science Book, Python

AUGUST

Name of Unit	No. of Periods	Topic	Teaching Aids
Unit-1 (Programming and computational thinking -2) & Unit-2	16	1. File Handling 2. Evolution of Network. 3. Data communication Devices 4. Transmission Media 5. Network Devices 6. Network Topologies	Computer Lab, Computer Science Book, Network Devices

AUGUST & SEPTEMBER : Revisions and Half Yearly Examination

OCTOBER

Name of Unit	No. of Periods	Topic	Teaching Aids
Unit-2 (Computer Networks)	15	1. Different types of Protocols 2. Network Security Concept 3. Web Services 4. E-Commerce	Computer Lab, Computer Science Book, Network Devices

NOVEMBER

Name of Unit	No. of Periods	Topic	Teaching Aids
Unit-3	24	1. Database Concepts	Computer Lab,

(Data Management)		2. Relational Database Model 3. SQL - DDL & DML 4. Data Types	Computer Science Book, MYSQL
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DECEMBER

Name of Unit	No. of Periods	Topic	Teaching Aids
Unit-3 (Data Management)	20	1. SQL Commands 2. SQL Functions 3. Joins 4. Interface of Python with SQL database	E-Smart Board, Stylus, Computer Lab, Books, MYSQL, Python

JANUARY : REVISION OF WHOLE SYLLABUS**FEBRUARY : PRACTICAL****MARCH :Annual Examination**

(70 Marks Paper will be there covering whole syllabus as per CBSE guidelines)

Evaluation Criteria For Practical

Programming in Python + SQL Query (7+5=12 Marks)	Report File + Viva (7+3 = 10 Marks)	Project Work (8 Marks)	Total Marks = 30
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Examination Criteria

Practical - 30 Marks	Theory - 70 Marks	Total Marks = 100
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DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
CBSE AFFILIATED-1630571



MEDICAL PLANNER FOR CLASSES
4th to 12th (SENIOR)
SESSION: 2022-23

MONTH	TOPICS
APRIL	Heart Beat: A rhythm of Health.
MAY	"Health for All", Be Active, Be Healthy and Be Happy.
JULY	Decision making Fear... "How this 'Fear' word messes you up" & Let's talk on Adolescence (Girls & Boys)
AUGUST	Control Anger! It's only one letter away from Danger.
SEPTEMBER	Mental Health : Stop Exclusion. Dare to Care!
OCTOBER	Sensex is high, Gold is expensive, Invest in Relationships, feelings and emotions.
NOVEMBER	Are you Winter Ready? & Protect Health from Climate Change.
DECEMBER	Nutrition & You. Halt the rise, Beat Diabetes early.
JANUARY	Fitness matters, Wellness works.
FEBRUARY	Don't blame the Distractions, Improve your focus.

Principal Dr Mohan Lal Sharma

TEST SCHEDULE

Day	Class 10+1	Class 10+2
Monday	Physics / Business Study	Chemistry / Economics
Tuesday	--	English
Wednesday	Chemistry / Accountancy	Maths / Biology / Business Study
Thursday	English	--
Friday	Maths / Biology / Economics	Physics / Accountancy
Saturday	Optional	Optional

CLASS-11TH& 12TH

Activity of the Month (Session-2022-23)

S.No	Month	Name of Activity
1.	May	Labour's Day
2.	August	"Teej Celebration"
3.	October	Thali/Hut Decoration
4.	January	Lohri/ Makar Sakranti

आर्य पर्व(2022-23)

क्रम संख्या	तिथि	पर्व
1.	10 अप्रैल,2022	रविवार आर्य समाज स्थापना दिवस
2.	19 अप्रैल,2022	मंगलवार महात्मा हंसराजजन्म दिवस
3.	26 अप्रैल,2022	मंगलवार पंडित गुरुदत्त विद्यार्थी जन्म दिवस
4.	1 जून,2022	बुधवार डी.ए .वी.स्थापना दिवस
5.	14 सितम्बर,2022	बुधवार गुरु विरजानंद पुण्यतिथि
6.	5 अक्टूबर,2022	बुधवार स्वामी विरजानंद जयंती
7.	15 अक्टूबर,2022	शनिवार महात्मा आनंद स्वामी जन्म दिवस
8.	21 अक्टूबर,2022	सोमवार रामचंद्र छत्रपति बलिदान दिवस
9.	24 अक्टूबर,2022	शनिवार महात्मा आनंद स्वामी पुण्यतिथि
10.	24 अक्टूबर,2022	सोमवार ऋषि निर्वाणोत्सव
11.	14 नवम्बर,2022	सोमवार स्वामी दयानंद विरजानंद की कुटिया
12.	15 नवम्बर,2022	रविवार महात्मा हंसराज पुण्यतिथि
13.	19 दिसम्बर,2022	सोमवार पंडित राम प्रसाद बिस्मिल बलिदान दिवस
14.	23 दिसम्बर,2022	शुक्रवार स्वामी श्रद्धानंद बलिदान दिवस
15.	15 जनवरी,2023	वीरवार स्वामी विवेकानंद जयंती
16.	28 जनवरी,2023	शनिवार लाला लाजपतराय जयंती
17.	12 फ़रवरी,2023	बुधवार ऋषि दयानंद सरस्वती जन्म दिवस
18.	18 फ़रवरी,2023	शनिवार ऋषि बोधोत्सव
19.	21 फ़रवरी,2023	मंगलवार मुनि मुनिशवरनन्द
20.	19 मार्च,2023	रविवार पंडित गुरुदत्त विद्यार्थी पुण्यतिथि

IMPORTANT DAYS (AWARENESS)

Session 2022-23

APRIL

<u>S.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	7 th April,2022	Thursday	World Health Day	Awareness
2.	10 th April,2022	Sunday	Arya Samaj SathapanaDiwas,	HawanYajna , Speech By House
3.	12 th April,2022	Tuesday	New Session Beginning 1 st to 12 th	Hawan Yajna (MangalKamnaDi was)
4.	16 th April,2022	Saturday	New Session Beginning LKG & UKG	Hawan Yajna (Mangal KamnaDiwas)
5.	13 th April,2022	Wednesday	Jallianwala Bagh Massacre	Awareness
6.	14 th April,2022	Thursday	Baisakhi/Mahavir Jayanti	Awareness + Speech
7.	14 th April,2022	Thursday	Dr. B.R. Ambedkar Jayanti	Awareness
8.	18 th April,2022	Monday	World Heritage Day	Awareness By Social Science Faculty
9.	19 th April,2022	Tuesday	Mahatma Hans Raj Jayanti	Tribute By Running House
10.	21 st April,2022	Thursday	National Civil Service Day (India)	Awareness
11.	22 nd April,2022	Friday	World Earth Day	Awareness

12.	23 rd April,2022	Saturday	World Book Day	Awareness
13.	25 th April,2022	Monday	World Malaria Day	Awareness
14.	26 th April,2022	Tuesday	World Intellectual Property Day	Awareness
15.	29 th April,2022	Friday	International Dance Day	Awareness

May

<u>Sr. No.</u>	<u>Date</u>	<u>Day</u>	<u>Day</u>	<u>Celebration</u>
1.	1 st May,2022	Sunday	International Labour Day	Activity of Grade-D By House +Classes 11 th & 12 th
2.	1 st May,2022	Sunday	World Laughter Day	Awareness
3.	3 rd May,2022	Tuesday	World Press Freedom Day/Parshuram Jayanti	Awareness
4.	4 th May,2022	Wednesday	International Firefighters Day	Awareness
5.	7 th May,2022	Saturday	Rabindranath Tagore Jayanti	Awareness
6.	8 th May,2022	Sunday	World Red Cross Day	Speech By House
7.	8 th May,2022	Sunday	Mothers Day	Celebration By Pre-Primary (LKG to 3 rd)
8.	11 th May,2022	Wednesday	National Technology Day	Awareness
9.	16 th May,2022	Monday	Buddha Purnima	Awareness
10.	17 th May,2022	Tuesday	• World Telecommunication and Information	Awareness

			Society Day • World Hypertension Day	
11.	21 st May,2022	Saturday	National Anti Terrorism Day	Awareness
12.	31 st May,2022	Tuesday	World No Tobacco Day/Anti Tobacco Day	Speech By House+ Poster Making by Class 10 th & 11 th

JUNE

<u>S.No</u>	<u>Date</u>	<u>Day</u>	<u>Celebration</u>	
1.	1 st June,2022	Wednesday	DAV Foundation Day- (Hawan Yajna) Global Day of Parents	Hawan
2.	3 rd June,2022	Friday	Guru Arjan Dev Ji Martydom Day	Speech
3.	5 th June,2022	Sunday	World Environment Day	Speech
4.	7 th June,2022	Tuesday	World Food Safety Day	Awareness
5.	12 th June,2022	Sunday	Anti Child Labour Day	Awareness
6.	14 th June,2022	Tuesday	World Blood Donor Day	Awareness
7.	14 th June,2022	Tuesday	Sant Kabir Jayanti	Awareness
8.	19 th June,2022	Sunday	Father's Day	Speech
9.	21 st June,2022	Tuesday	International Yoga Day	(Celebration by NCC Cadets)
10.	21 st June,2022	Tuesday	World Music Day	Celebration by Music Department
11.	26 th June,2022	Sunday	International Anti	Speech

Drug Day

JULY

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	11 th July,2022	Monday	World Population Day	Awareness
2.	15 th July,2022	Friday	World Youth Skill Day	Awareness
3.	26 th July,2022	Tuesday	Kargil Vijay Diwas	Awareness
4.	28 th July,2022	Thursday	<ul style="list-style-type: none"> • World Hepatitis Day • World Nature Conservation Day 	Awareness
5.	31 st July,2022	Sunday	Martyrdom Day of SaheedUdam Singh Ji	Tribute by Running House

AUGUST

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	11 th Aug,2022	Thursday	Raksha Bandhan (Rakhi)	Celebration
2.	12 th Aug,2022	Friday	World Youth Day Sanskrit Diwas	Awareness
3.	15 th Aug,2022	Monday	Independence Day	Celebration
4.	19 th Aug,2022	Friday	<ul style="list-style-type: none"> • World Photography Day • Janamashtami (Krishnostav) 	Awareness+Speech Celebration by Primary Block
5.	20 th Aug,2022	Thursday	National SadhbhavanaDiwas	Awareness

6.	21 st Aug,2022	Sunday	World Senior Citizen Day	Awareness
7.	26 th Aug,2022	Friday	Women Equality Day	Awareness
8.	28 th Aug,2022	Sunday	Prakash Utsav Shri Guru Granth Sahib Ji	Speech
9.	29 th Aug,2022	Monday	National Sports Day	Awareness
10.	30 th Aug,2022	Tuesday	Teej (Hari Talika)	Celebration

SEPTEMBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	5 th Sep,2022	Monday	Teachers Day (Guru Utsav)	Celebration By Running House
2.	8 th Sep,2022	Thursday	International Literacy Day + Onam	Speech + Awareness
3.	14 th Sep,2022	Wednesday	Hindi Diwas	Speech and Celebration by Hindi Department
4.	15 th Sep,2022	Thursday	<ul style="list-style-type: none"> • International Democracy Day • Engineer's Day 	Awareness
5.	16 th Sep,2022	Friday	World Ozone Preservation Day	Awareness
6.	21 st Sep,2022	Wednesday	International Peace Day	Awareness
7.	26 th Sep,2022	Monday	Maharaja Aggarsain Jayanti	Speech
8.	27 th Sep,2022	Tuesday	World Tourism Day	Awareness

9.	29 th Sep,2022	Thursday	World Heart Day	Awareness
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OCTOBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>	<u>Day</u>	<u>Celebration</u>
1.	2 nd Oct,2022	Sunday	<ul style="list-style-type: none"> • Mahatama Gandhi Jayanti & Non Violence Day • Lal Bahadur Jayanti 	Tribute by Houses
2.	4 th Oct,2022	Tuesday	World Animal Welfare Day	Awareness
3.	5 th Oct,2022	Wednesday	Dussehra	Celebration By Running House
4.	8 th Oct,2022	Saturday	Indian Air Force Day	Awareness
5.	9 th Oct,2022	Sunday	Maharishi Valmiki Jayanti	Speech
6.	11 th Oct,2022	Tuesday	<ul style="list-style-type: none"> • International Girl Child Day Purab • Prakash Purab of Shri Guru Ram Dass Ji 	Awareness + Speech
7.	13 th Oct,2022	Thursday	Karva Chauth	Speech
8.	15 th Oct,2022	Saturday	World Students Day	Awareness
9.	16 th Oct,2022	Saturday	<ul style="list-style-type: none"> • World Food Day • Janam Diwas of Baba Banda Singh Ji Bahadur 	Awareness
10.	24 th Oct,2022	Monday	<ul style="list-style-type: none"> • Diwali • United Nations 	Awareness + Speech

			Day	
11.	25 th Oct,2022	Tuesday	Govardhan Pooja + Vishavkarma Day	Speech
12.	26 th Oct,2022	Wednesday	Bhai Dooj	Speech
13.	30 th Oct,2022	Sunday	Chath Pooja	Awareness
14.	31 st Oct,2022	Monday	National Unity Day	Awareness

NOVEMBER

<u>S.No</u>	<u>Date</u>		<u>Day</u>	
1.	1 st Nov,2022	Tuesday	Punjab Diwas	Awareness
2.	8 th Nov,2022	Tuesday	Shri Guru Nanak Dev Jayanti	Celebration by Punjabi Department
3.	14 th Nov,2022	Monday	Children Day	Celebration By Pre Primary Block
4.	28 th Nov,2022	Monday	Martydom Day of Shri Guru Tegh Bahadur Ji	Speech +Tribute

DECEMBER

<u>S.No</u>	<u>Date</u>		<u>Day</u>	
1.	1 st Dec,2022	Thursday	World AIDS Day	Awareness
2.	2 nd Dec,2022	Friday	<ul style="list-style-type: none"> • World Computer Literacy Day • National Pollution Control Day 	Speech + Awareness
3.	4 th Dec,2022	Sunday	Indian Navy Day	Awareness
4.	7 th Dec,2022	Wednesday	Indian Armed Forces Flag Day	Awareness

5.	9 th Dec,2022	Friday	International Anti-Corruption Day	Awareness
6.	10 th Dec,2022	Saturday	Human Rights Day	Awareness
7.	22 nd Dec,2022	Thursday	National Mathematics Day	Celebration by Maths Department
8.	23 rd Dec,2022	Friday	Swami ShradhanandBalidan Diwas	Tribute By Running House
9.	24 th Dec,2022	Saturday	National Consumer Day	Awareness
10.	25 th Dec,2022	Sunday	Christmas Day	Celebration by Pre-Primary
11.	26 th to 28 th Dec,2022	Monday, Tuesday, Wednesday	ShaheediJor Mela	Tribute by Running House
12.	29 th Dec,2022	Thursday	Parkash Purab Shri Guru Gobind Singh Ji	Speech

JANUARY

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st Jan,2023	Sunday	New Year	(Hawan Yajna)
2.	6 th Jan,2023	Friday	National Technology Day	Awareness
3.	12 th Jan,2023	Thursday	National Youth Day	Awareness
4.	14 th Jan,2023	Saturday	Lohri	(Celebration by Senior Block + Running House)
5.	15 th Jan,2023	Sunday	Makar Sankranti / Pongal	Speech

6.	23 rd Jan,2023	Monday	Neetaji Subhash Chandra Bose Birth Anniversary	Awareness
7.	25 th Jan,2023	Wednesday	<ul style="list-style-type: none"> • Basant Panchmi • National Voters Day • Indian Tourism Day 	Awareness
8.	26 th Jan,2023	Thursday	Republic Day	Celebration by Running House
9.	30 th Jan,2023	Monday	Mahatama Gandhi Martyrdom Day	Tribute by Running House

FEBRUARY

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	4 th Feb,2023	Saturday	World Cancer Day	Awareness
2.	5 th Feb,2023	Sunday	Guru Ravidas Jayanti	Speech
3.	15 th Feb,2023	Wednesday	Maharishi Dayanand Saraswati	Celebration by running House
4.	18 th Feb,2023	Saturday	MahaShivratri	Celebration/Speech
5.	20 th Feb,2023	Monday	World Day of Social Justice	Awareness
6.	21 st Feb,2023	Tuesday	Matri Bhasha Divas	Celebration By Punjabi Teachers
7.	23 rd Feb,2023	Wednesday	World Peace & Understanding Day	Awareness
8.	28 th Feb,2023	Tuesday	National Science Day	Celebration By Science Teachers

MARCH

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st March, 2023	Wednesday	Rishi Bodh Utsav	Awareness
2.	3 rd March, 2023	Friday	National Defence Day	Awareness
3.	8 th March, 2023	Wednesday	Holi + International World Women's Day	Celebration By Running House
4.	15 th March, 2023	Wednesday	World Consumer Rights Day	Awareness
5.	22 nd March, 2023	Wednesday	World Water Day	Awareness



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CBSE AFFILIATED-1630571



NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)

List of Activities under Ek Bharat Shreshta Bharat

Sr.No	Description of Activity	Month/Day/ Location	Learning Outcome
1	Exposure of students to the alphabets, songs, proverbs and 100 sentences in the languages of the partnering State/UT.	Academic Year/ Every Week / school premises	It will develop the linguistic capacity of the students.
2	Essay Competition among students in the language of the partnering State/UT	Academic Year	It will develop multi-linguistic skills in students.
3	Drama/Role Play on culture, history, the tradition of partnering State/UT.	Academic Year/school premises	The students will be able to learn the culture of the partnering State/UT.
4	Identification/translation and dissemination of similar proverbs in the language of partnering State/UT.	Academic Year	The students will be able to learn the language and culture of the Partnering State/UT.
5	“Themed Display Board/Wall magazine” on the partnering state. (Historical Monuments, Dressing Style, painting, handicrafts, alphabet and basic sentences of the partnering State/UTs).	Round the Year/ school premises	The pictorial representation will help them in learning and Understanding about partnering States/UTs.
6	Pledge on Swachhta/ Single-use plastic/water saving/ National Unity in the language of partnering states/UTs	At least two times every month/ Schools’ premises during morning assembly.	The students will have exposure to partnering state language. Enhance social responsibility among students.
7	“Questions/ Answer session” (Quiz) on partnering States/UTs. (Know Your Partner States/UTs)	Once in a month/ Morning Assembly.	It will help students to remember the important facts about partnering States/UTs.
8	“State Day Celebration” of partner State/UT	On State Day/ School Premises	It will develop a sense of unity among the students of both the States/UTs.

Suggestive Activities for FIT India Movement – March 2022-Feb 2023

Sr. No.	Month	Theme based Activities
1.	March- April	<p style="text-align: center;">FIT INDIA FITNESS ASSESSMENT</p> <ul style="list-style-type: none"> • Fitness assessment by teachers and parents on Fit India Mobile App <p style="text-align: center;">Fitness Ka Dose Aadha Ghanta Roz- doing daily physical activities like Yoga/Free hand exercise/ dance/ playing sports etc. for half an hour atleast.</p>
2.	May-June	<p style="text-align: center;">MENTAL FITNESS AND YOGA</p> <ul style="list-style-type: none"> • Learn Common Yoga Protocols, different poses of Yoga through Fit India Mobile App • Celebration of “Yoga Day” (Age-appropriate Yoga Activities) • Rhythmic Yoga on patriotic songs and share your stories on Fit India Mobile App • Pranayam, Meditation/ Mindfulness activities every day. • Daily Yoga, Stretching, Hand exercises may be included in assembly to make fitness part of students’ /teachers’ daily lifestyle • Focus on Mind games like chess, Sudoku, Puzzle etc.
3.	July	<p style="text-align: center;">FITNESS ASSESSMENT OF STUDENTS THROUGH PE TEACHERS AND INDIGENOUS SPORTS</p> <ul style="list-style-type: none"> • Participate in Khelo India National Fitness programme for schools through Fit India Mobile App • Learn different Indigenous/ traditional sports on Fit India Mobile App • Organization of indigenous/ traditional sports, martial arts, dance with theme – HamariSanskriti Se Fitness

4.	August - September	<p style="text-align: center;">FIT INDIA FREEDOM RUN</p> <ul style="list-style-type: none"> • Organizing Fit India Freedom Run at iconic and historic importance places by registering on Fit India Mobile App • Share your Run with friends/family and challenge them on 1-it India Mobile App • Fit India Freedom Run to start/culminate with patriotic songs/stories on freedom struggle of local heroes (Staff, Students & Community) • Places associated with Independence Movement in states/UTs to be selected for culmination/ starting of Freedom run • In morning assembly plays / role-plays may be conducted on various historically important events. • Stories/Talks/Essay competition on one Freedom Fighter/local hero of Freedom struggle at least once every week
5.	October	<p style="text-align: center;">FIT INDIA PLOG RUN</p> <ul style="list-style-type: none"> • Organise and register FIT India Plogrun on Fit India Mobile App • Virtual connect with Plogging communities on Fit India Mobile App with share your stories feature • Plays/ Rallies with themes such as Swachta, Ahinsa and other values of Mahatma Gandhi • Cultural programs depicting importance of Mahatma Gandhi in India's Independence • Swachhata Pledge/ Water Saving Pledge
6.	November - December	<p style="text-align: center;">FIT INDIA SCHOOL WEEK AND FITNESS ASSESSMENT</p> <ul style="list-style-type: none"> • Celebrating 5-6 days in a week for fitness related activities • Inter and Intra Sports Competitions • Motivate & aware parents, community regarding doing daily fitness activities. • Participate in Khelo India National Fitness programme for schools through Fit India Mobile App • Fitness assessment by teachers and parents on Fit India Mobile App

7.	January - February	FIT INDIA NEW YEAR SPECIAL AND FITNESS ASSESSMENT <ul style="list-style-type: none">• Welcoming new year with fitness events• Participate in Khelo India National Fitness programme for schools through Fit India Mobile App• Fitness assessment by teachers and parents on Fit India Mobile App• Participation in Fit India Quiz as audience on Fit India Mobile App• Collage making and poster competition on Healthy Food Habits and Importance doing daily fitness activities
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DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
CBSE AFFILIATED-1630571



HOUSE INFORMATION

SESSION- 2022-23

House	Color	Motto	Tagline	Logo
Virtue	Red	Modesty	Self-Respect is the corner stone of all Virtues.	
Harmony	Green	Courage to Care	Caring is the gift of making the ordinary to Extraordinary.	
Charity	Blue	Sympathy	Charity makes dreams come true.	
Gratitude	Yellow	Thankful & Grateful	Gratitude Unlocks the fullness of life	

DO's & DON'Ts

Do's

1. Give due regards to your elders.
2. Prepare yourself well to perform well.
3. Converse in English in School Campus.
4. Come to school well groomed, in proper Uniform.
5. Bring the student's diary to school daily.
6. Be regular in attendance and never be late to school. Attend morning assembly without fail.
7. Keep your classroom and school premises clean and tidy.
8. Turn off the taps after use.
9. Switch off fans and lights when not in use.
10. Be fair and honest at work. Always be considerate of the rights of others.
11. Make use of the Library.

Don'ts

1. Do not bring precious articles in school.
2. Do not damage the school property.
3. Do not make noise in the classroom, corridors, auditorium or elsewhere in the school campus.
4. Do not bring gadgets such as mobile phones, I Pads, MP3's etc.
5. Do not be absent from school. 75% attendance is the minimum requirement.
6. Do not use abusive language.
7. Do not pluck flowers. Never touch electric plugs.
8. Do not wear expensive jewellery to school.
9. Don't involve in physical fights.
10. Do not come in personal vehicles to school.

CODE OF CONDUCT

- ❖ Converse in English in school campus.
- ❖ Come to school regularly. In case you want to avail leave, kindly get it sanctioned from class teacher.
- ❖ Ensure proper order and discipline while moving to the playground / assembly / library or any lab.
- ❖ Library books must be handled with extra care and must be returned in time.
- ❖ Shouting / Fighting or Indulging in unruly behavior in the school premises is forbidden.
- ❖ Kindly contribute to make your school clean DAV, Green DAV.
- ❖ Proper decorum should be maintained while singing National Anthem / DAV Anthem and School Prayers as a mark of patriotism.
- ❖ Students should not carry any sharp objects like blade, knife, paper cutter etc. as they can prove to be harmful.
- ❖ Possession of crackers / bursting crackers / playing with colours in the school is strictly prohibited.
- ❖ Any student found with expensive jewellery, mobile phone, CD's, any other objectionable article will be subjected to fine and confiscation of the above mentioned articles.

TEN PRINCIPLES OF THE ARYA SAMAJ

1. God is the primary source of all true knowledge and of all that can be known through it.
2. God is Existent, Intelligent and Blissful. He is Formless, Almighty, Just Merciful, Unborn, Infinite, Unchallengeable, Beginning less, Incomparable the support and Lord of all, Omniscient, Imperishable, Immortal, Fearless, Eternal, Holy and the Maker of the Universe. To him alone worship is due.
3. The Vedas are scriptures of true knowledge. It is the duty of all Aryas to read them, hear them being read and recite them to others.
4. We should always be ready to accept the truth and give up untruth.
5. All actions should be performed in conformity with Dharma, that is, after due consideration of right and wrong.
6. The primary aim of the Arya Samaj is too good for all, that is, to promote their physical, spiritual and social well-being.
7. We should treat all people with love, fairness and due regards for their merit.
8. One should aim at dispelling ignorance and promoting knowledge.
9. One should not only be content with one's own welfare but should look for it in the welfare of other also.
10. One should regard oneself under restriction to follow altruistic rulings of the society, while all should be free in following the rules of individual welfare

आर्य समाज के नियम

1. सब सत्य विद्या और जो पदार्थ विद्या से जाने जाते हैं, उन सब का आदि मूल परमेश्वर है।
2. ईश्वर सच्चिदानंद स्वरूप, निराकार, सर्वशक्तिमान, न्यायकारी, दयालु, सर्वेश्वर, सर्वव्यापक, सर्वातर्यामी, अजर, अमर, अभय, नित्य, पवित्र और सृष्टिकर्ता है उसी की उपासना करने योग्य है।
3. वेद सब सत्य विद्याओं की पुस्तक है। वेद का पढ़ना-पढ़ाना और सुनना-सुनाना सब आर्यों का परम धर्म है।
4. सत्य के ग्रहण करने और असत्य के छोड़ने में सर्वदा उद्यत रहना चाहिए।
5. सब काम धर्मानुसार अर्थात् सत्य और असत्य का विचार करके करना चाहिए।
6. संसार का उपकार करना इस समाज का मुख्य उद्देश्य है अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नति करना।
7. सबसे प्रीतिपूर्वक धर्मानुसार यथायोग्य वर्तना चाहिए।
8. अविद्या का नाश और विद्या की वृद्धि करनी चाहिए।
9. प्रत्येक को अपनी ही उन्नति से संतुष्ट न रहना चाहिए, किंतु सबकी उन्नति में अपनी उन्नति समझनी चाहिए।
10. सब मनुष्यों को सामाजिक सर्वहितकारी नियम पालने में परतंत्र रहना चाहिए और प्रत्येक हितकारी नियम में सब स्वतंत्र रहें।