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# DAV PUBLIC SCHOOL, SAMANA

(Senior Secondary)

CBSE Affiliated (1630571)

**Under : DAV College Managing Committee, New Delhi**

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## STUDY PLAN

Class 7<sup>th</sup>

Name \_\_\_\_\_

Section \_\_\_\_\_

Roll No. \_\_\_\_\_

Adm. No. \_\_\_\_\_

**INDEX**

| <b>SUBJECT</b>                             | <b>FIRST TERM</b> | <b>SECOND TERM</b> |
|--|-------------------|--------------------|
| ENGLISH                                    | 10-13             | 41-43              |
| HINDI                                      | 13-16             | 43-44              |
| MATHEMATICS                                | 16-18             | 44-45              |
| SCIENCE                                    | 18-20             | 45-46              |
| SOCIAL SCIENCE                             | 20-22             | 46-47              |
| PUNJABI                                    | 22-25             | 48-49              |
| COMPUTER                                   | 25-27             | 49-50              |
| VISUAL ART                                 | 28-29             | 50                 |
| GENERAL KNOWLEDGE                          | 29-30             | 51                 |
| NAITIK SHIKSHA                             | 31-33             | 51-53              |
| SANSKRIT                                   | 33-35             | 53                 |
| PERFORMING ARTS                            | 35-36             | 54                 |
| HEALTH& PHYSICAL EDUCATION                 | 36-38             | 54-55              |
| EK BHARAT SHRESHTA BHARAT                  | 56-57             |                    |
| ECO CLUB                                   | 58-59             |                    |
| MEDICAL PLANNER                            | 60                |                    |
| TEST SCHEDULE & CALENDAR<br>ACTIVITIES     | 61                |                    |
| NATIONAL & INTERNATIONAL<br>IMPORTANT DAYS | 62-67             |                    |
| ARYA PARV                                  | 67                |                    |
| SCHOOL HOUSES                              | 68                |                    |
| DO'S AND DON'TS                            | 69                |                    |
| CODE OF CONDUCT                            | 70                |                    |
| TEN PRINCIPLES OF THE ARYA<br>SAMAJ        | 71                |                    |

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## Principal Message



"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations"

**Dr. Mohan Lal Sharma**  
**Founder Principal**

### Dear Students

Today, the role of a school is not only to pursue academic excellence but also to encourage and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. More than a decade back DAV SAMANA pledged to transform education. The school that is being run under the able stewardship of Honorable President **Dr. Poonam Suri Ji** has earned its own position not only in Samana but also in its surrounding areas. At DAV, we provide an atmosphere to our students for multifaceted development, where children get such a platform which helps them to channelize their potential in the pursuit of excellence. This can only be possible in a holistic, student-centric environment.

The school is striving hard to make the best possible efforts to inculcate strong Vedic roots combining with academics and extra-curricular activities in the children. Transforming every individual into a self-reliant and independent citizen, the school provides an amalgam of scholastic and co-scholastic activities with International exposure. In our curriculum, the student is the primary focus and each child is involved in the learning process.

The parents are the most strengthening power in moulding the future of children. Their consistent support empowers us to do more and more. I pay my gratitude to them for their faith in us.

I am confident enough that the DAVIANS will make themselves stronger day by day, adding a new leaf to the grandeur of the school.

Blessings,

**Dr. Mohan Lal Sharma**  
Principal

## STUDY PLAN - AN IMPORTANT TOOL

Study plan is a technique that enables you to make the most efficient use of your time, resources and academic potentials. As we journey together, you may face many challenges and to enable you to overcome the obstacles we offer you this wonderful tool-Study Plan to make you familiar with the values and Academic Syllabi of the school. This will increase your awareness of how you study and you will become more confident. Make this planner a part of your schedule for getting success this year.

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### GREEN RULES

- ❖ Be kind, polite, helpful and aware of others' feelings.
- ❖ Try your best, work hard and learn from your own mistakes.
- ❖ Respect your educators.
- ❖ Make yourself presentable.
- ❖ Take responsibility for your education.
- ❖ Be organized.
- ❖ Don't be a distraction.
- ❖ Do the task with dedication.
- ❖ Stick to your goals.

## GENERAL INSTRUCTIONS (FOR PARENTS)

- ❖ Parents are requested to co-operate with the school in its attempt to help towards their children's progress by paying attention to their regularity, punctuality and discipline.
- ❖ Constant vigilance on the part of the parents pays rich dividends. We earnestly recommend that parents should take interest in the daily activities of the children both inside and outside the school and check the diary daily for any notes from the teacher. Kindly attend all Parent-Teacher Meetings in the interest of your wards.
- ❖ If you have any suggestions regarding your ward's study, you are welcome to contact the Principal/ Supervisor/ Co-ordinator/Class Teacher/Subject Teacher during Parent-Teacher Meeting or with prior appointment with Principal/ Supervisor/ Co-ordinator between (9:00 a.m. to 10:00 a.m.).
- ❖ Parents are requested not to enter the class room either to see their wards or to seek interviews with the teachers during class hours. No half day/short leave will be given to the student.
- ❖ Unauthorized absence for 6 consecutive days renders the student liable to have his/her name struck off the rolls. Sick children should not be sent to the school for a test or an examination. Medical certificate may be sent along with an application on the same or next day positively. Student will be fined Rs.10 per day, if the child remains absent for the consecutive two days.
- ❖ Children when suffering from infectious disease should not be sent to school to attend classes. The student is required to produce a fitness certificate from a Medical Practitioner / Doctor on joining.
- ❖ Any change of Residential / Official Address / Telephone Number should be notified to the class teacher and school office immediately.

- ❖ Ensure that the child maintains personal hygiene, has nutritious breakfast and diet and avoids eatables from roadside vendors.
- ❖ Students are not allowed to carry / use "Mobile Phones" within the school premises.
- ❖ As the medium of instruction in the school is English. So, children should be helped to follow their work easily and intelligently by a certain amount of regular conversation in English at home.
- ❖ As soon as the diary is issued, the parents should fill in all the required data and sign in the spaces provided.
- ❖ Parents should sign the school diary daily. Daily assignment, irregularity in
  - a) Completion of assignment
  - b) Bringing of Books.
  - c) Wearing proper uniform, or any other instruction and circulars given should be acknowledged by signing the diary at the respective spaces provided.
- ❖ Legitimate complaints should be brought to the knowledge of the Principal without delay.
- ❖ Please ensure that the child is sent neatly dressed. Nails should be trimmed regularly. Expensive jewellery and watches, nail polish and make up is not permitted.
- ❖ Encourage the children to participate in all curricular and co-curricular activities. This is very necessary for gaining self-confidence and self-satisfaction

## MODE OF EXAMINATION

1. The First Term examination will be held in the month of September and Annual examination will be held in the month of February / March.
2. Grading System is in the paper of Drawing, Music / Dance, G.K., Naitik Shiksha, Health & Physical Education, Sanskrit.
3. A student must pass separately in both (Written+ Practical) exams.
4. Duration of each paper will be of three hours.

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## TEACHER SHOULD KEEP IN MIND

1. Use a variety of tools (Oral, Projects, Presentation).
2. Understand different learning styles and abilities.
3. Develop child's individual's skills, interests, attitudes and motivation.
4. Monitor the changes taking place in a child's learning, behavior and progress over time.
5. Share the assessment criteria with the students.
6. Allow peer and self-assessment.
7. Give an opportunity to the students to improve.
8. Use an "Indoor Voice" when speaking in the class.

## VALUE EDUCATION TOPIC

**APRIL**

**Courtesy & Co-operation**

Recognition of mutual interdependence with others resulting in Polite treatment and respect.

- Politeness
- Sympathy
- Civility
- Collaboration
- Assistance

**MAY**

**Kindness & Generosity**

Concern for suffering or distress of others.

- Affection
- Decency
- Gentleness
- Altruism
- Support

**JUNE**

**Accountability & Commitment**

Responsibility for one's actions and their consequences.

- Liability
- Blame worthiness
- Answerability
- Promise
- Responsibility

**JULY**

**Nurture the Nature/ Conservation**

Avoid wastage and pollution of Natural resources.

- Natural Environment
- Care and Conservation of Land, Clean Air and Pure Water

**AUGUST**

**Honesty & Truthfulness**

The quality or fact of being truthful, upright & fair.

- Truthful,
- Worthy of confidence
- Trustworthy
- Patient
- Sincere

**SEPTEMBER**

**Safety & Security**

Condition of being protected from danger or risk.

- Immunity
- Assurance
- Defence
- Protection
- Precautions



**OCTOBER                      Respect & Forgiveness**

**Treat others the way you like to be treated. Care for others and Environment.**

- Respect for Creator
- Respect for Others
- Respect for authority
- Respect for environment
- Respect for health

**NOVEMBER                      Tolerance & Acceptance**

**To respect someone's Belief & Choices.**

- Tolerate Others
- Co-operate and Encourage Others
- Empathy for others
- Harmony

**DECEMBER                      Care & Compassion**

**Concern for Sufferings of others & being Sympathetic.**

- Love for Living Beings
- Attitude of Kindness
- Generous
- Courtesy
- Empathy
- Self- Heartedness

**JANUARY                      Loyalty & Patriotism**

**Faithfulness to a person, institution, custom or idea to which one is bound by duty, pledge or a promise.**

- Faithfulness
- Dutiful
- Steadfast
- Trustfulness
- Trustworthy
- Patriotic

**FEBRUARY                      Time Management**

**Ability to use one's time effectively.**

- Right Activity
- Effective Planning
- Setting Deadlines
- Setting Goals & Objectives

**MARCH                      Excellence / Doing Your Best:**

**Strive to achieve best at all times and to be good.**

- Be Curious
- Help others to improve
- Focus on Task
- Hard Work
- Identify Your Goal

# FIRST TERM (APRIL TO SEPTEMBER)

## SUBJECT - ENGLISH

**“An English Language is a Vision of life.”**  
**“Write to be Understood, Speak to be heard, Read to Grow.”**

### TEXT BOOKS NAME:

1. English Literature (DAV Publications)
2. English Practice Book (DAV Publications)
3. English Reader (DAV Publications)

### IMPORTANCE OF ENGLISH

#### ENGLISH “THE GLOBAL LANGUAGE”

The study of English in this age of globalization is essential for all. It holds an important place in our life. From the pragmatic point of view, it should receive a great boost. English serves as a window to the world. The legacy of English Language has left an indelible imprint on the Indian Psyche. Hence, we cannot deal with English just as a foreign language. The entire spectrum of education and philosophy, science and technology has been benefited through the introduction of English language. In a multilingual state of ours, English may wonderfully serve as an effective auxiliary language. This language enjoys the most prestigious reputation in the world. It has a special identity in the field of education.

### AIMS & OBJECTIVES:

To enable the students -

1. To communicate effectively and appropriately in real life situations.
2. To read silently at varying speeds depending on the purpose of reading.
3. To express ideas in clear and grammatically correct English, using appropriate punctuation and cohesion devices.
4. To use an appropriate style and format to write letters (formal and informal), biographical sketches, dialogues, speeches, reports, articles, e-mails and diary entries.
5. To adopt different strategies according to the purpose of listening (e.g. for pleasure, for general interest, for specific information).
6. To speak intelligibly using appropriate word stress, sentence stress and intonation patterns.
7. To take active part in group discussions, showing ability to express agreement or disagreement, to summarise ideas, to elicit the views of others, and to present own ideas.

8. To frame questions so as to elicit the desired response, and respond appropriately to questions.

### **Instructions for the Teachers:**

1. It is necessary that teacher's voice should be audible and clear.
2. It is mandatory to prepare the teaching content in advance.
3. All the instructions should be given in English Language.
4. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc.
5. It is mandatory to maintain complete record of child's performance.

### **Instructions for the Students:**

1. Students must converse in English Language.
2. Students will not speak in Hindi or Punjabi Language
3. Students must follow all the instructions of the teacher.
4. Students must maintain one test notebook for each term.

**NOTE:** Notebooks of Term - 1 and Term - 2 must be kept carefully for Assessment and Revision for Annual Examination.

### **APRIL**

| <b>Book Name</b>   | <b>Lesson No./ Topic</b>             | <b>No of Periods</b> | <b>Subject Enrichment Activities / Tools &amp; Techniques</b> | <b>Art Integration Activities</b>    | <b>Teaching Aids</b>         |
|--------------------|--------------------------------------|----------------------|---|--------------------------------------|------------------------------|
| English Literature | Lesson No:1<br>Monkey Trouble        | 4                    | Self Reading +<br>Class Discussion                            | <b>Poster Making on Save Animals</b> | Textbook ,<br>E-Smart Board  |
| English Literature | Lesson: 2<br>"Birdie, will you pet?" | 3                    | <b>Speech on Importance of Freedom</b>                        |                                      | Textbook                     |
| English Practice   | Lesson:1<br>Articles                 | 3                    | Assignment Sheet on Articles                                  |                                      | Text-Book,<br>E- Smart Board |
| English Practice   | Lesson:2<br>Sentences                | 3                    | Handout on Sentence Reordering                                |                                      | Text-Book,<br>E- Smart Board |

|                |   |   |  |  |           |
|----------------|---|---|--|--|-----------|
| English Reader | Lesson:1<br>People at Work<br>A - 9, B - 8<br>Diary Entry,<br>C - 4 Story Writing | 3 |  |  | Textbooks |
|----------------|---|---|--|--|-----------|

**MAY**

| Book Name          | Lesson No./ Topic   | No of Periods | Subject Enrichment Activities / Tools & Techniques | Art Integration Activities  | Book Name                 |
|--------------------|---|---------------|--|---|---------------------------|
| English Literature | Lesson:3 "A Hero" (Only for Reading)                          | 2             | Listening Skills Worksheet                         |   | Textbook , E-Smart Board  |
| English Literature | Lesson:4 Fight Manju Fight                                    | 5             | Self Reading + Class Discussion                    | <b>Paste The Pictures of Extraordinary Women and write their Achievements</b> | Textbook                  |
| English Practice   | Lesson:9 Future Time Reference                                | 4             | Handout on Future Time Reference                   |   | Text-Book, E- Smart Board |
| English Practice   | Lesson:10 Perfect Progressive Tense                           | 4             | Worksheet on Perfect Progressive Tense             |   | Text-Book, E- Smart Board |
| English Reader     | Lesson: 2 Relations,<br>A - 10 Letter,<br>B - 11 Diary Entry, | 3             | <b>Speech on Importance of Grand Parents</b>       |   | Textbook E-Smart          |

**JUNE SUMMER VACATION**

**JULY**

| Book Name          | Lesson No./ Topic   | No of Periods | Subject Enrichment Activities / Tools & Techniques          | Art Integration Activities | Book Name                       |
|--------------------|---|---------------|---|----------------------------|---------------------------------|
| English Literature | Lesson: 5<br>Poem I Dream<br>A world  | 3             | Recitation +<br>Class<br>Discussion                         |                            | Textbook                        |
| English Practice   | Lesson:5<br>Transitive and<br>Intransitive<br>Verbs   | 3             | Assignment<br>Sheet on Verbs                                |                            | Text-Book,<br>E- Smart<br>Board |
| English Practice   | Lesson:12<br>Reading for<br>Understanding<br>(Passage 1&2)  | 2             | <b>Listening<br/>Skills</b>                                 |                            | Text-Book                       |
| English Reader     | Lesson:3<br>Attitude<br>A -11 Letter,<br>B - 7 Story<br>Completion,<br>C -12<br>Newspaper<br>Report | 4             | <b>Project -<br/>Interview<br/>Activity<br/>(Part - B3)</b> |                            | Textbook                        |

**AUGUST**

Revision of First Term Syllabus

**SEPTEMBER****FIRST TERM EXAMINATION****विषय - हिंदी****पुस्तक : ज्ञान सागर तथा अभ्यास सागर (डी ए वी प्रकाशन )****“निज भाषा उन्नति अहै , सबे उन्नति को मूला****बिन निज भाषा ज्ञान के , मिटत न हिय को सूला। ”**

भारत एक बहुभाषी देश है जिसमें बहुत सी भाषाओं का समावेश है। भाषिक और सांस्कृतिक दृष्टि से भिन्न होने के बावजूद भारतीय परम्परा में बहुत कुछ ऐसा है जो एक दूसरे को जोड़ता है। यही कारण है कि मातृभाषा के रूप में यह भाषा सभी को एकता के सूत्र में पिरोती है। बचपन से हिंदी पढ़ता आ रहा बच्चा नवीं, दसवीं तक हिंदी भाषा में निपुण हो जाता है। वह एक ओर जहाँ हिंदी भाषा से सारे देश से जुड़ेगा वहीं दूसरी ओर अपने क्षेत्र और परिवेश को हिंदी भाषा के माध्यम से

जानने की कोशिश भी करेगा क्योंकि किशोरावस्था के इन बच्चों के मानसिक धरातल का विकास विश्व-स्तर तक पहुँच चुका होता है | प्रयास यह होगा कि विद्यार्थी भाषा के लिखित प्रयोग के साथ सहज व स्वाभाविक मौखिक अभिव्यक्ति में भी सक्षम हो सके |

### हिंदी भाषा पढ़ने / पढ़ाने के मुख्य उद्देश्य:

1. भाषा के शुद्ध एवं प्रभावशाली प्रयोग की क्षमता विकसित करना |
2. शब्द भंडार की वृद्धि तथा व्याकरण का समुचित ज्ञान |
3. दैनिक जीवन में हिंदी समझने बोलने के साथ- साथ लिखने की क्षमता का विकास करना |
4. हिंदी के माध्यम से अपने अनुभव को संसार को लिखकर सहज अभिव्यक्ति कर पाने की क्षमता का विकास करना |
5. बच्चों में रट्टा प्रवृत्ति को कम कर के सोच समझ कर स्वयं कार्य करने की क्षमता का विकास करना |
6. भाषा के चारों कौशलों (सुनना, बोलना, पढ़ना, लिखना व चिंतन) का उत्तरोत्तर विकास करना
7. स्वतंत्र और मौखिक रूप से अपने विचारों की अभिव्यक्ति का विकास करना |
8. अपनी मातृभाषा और परिवेशगत भाषा को साथ रख कर हिंदी की संरचनाओं को समझना |

### अध्यापकों के लिए सामान्य निर्देश :

1. अध्यापक पहले से ही पाठ- योजना तैयार करें |
2. कक्षा में भाषा का उच्चारण शुद्ध एवं प्रभावशाली होना चाहिए |
3. जाँच कार्य समय अनुसार और सतर्कता पूर्वक होना चाहिए |
4. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें |

### विद्यार्थियों के लिए सामान्य निर्देश :

1. बच्चे पाठ के पठन पर विशेष ध्यान देंगे |
2. लिखित कार्य करते समय लिखाई सुंदर एवं स्पष्ट होनी चाहिए |
3. शब्दों की बनावट और मात्राओं पर विशेष ध्यान दें |
4. विद्यार्थी कक्षा में अनुशासित ढंग से पठन- पाठन प्रक्रिया में भाग लें |

### नोट :

- \* नोटबुक प्रस्तुतिकरण में नियमितता ,कार्यपूति , स्वच्छता और रख-रखाव को जाँचा जाएगा |
- \* विषय सवर्धन गतिविधि में भाषा के वाचन एवं श्रवण कौशल पर बल दिया जाएगा|

\* सत्र के अंत में दोनों सत्रों की कॉपियों को दोहराई और आंतरिक मूल्यांकन के लिए संभाल कर रखा जाए |

\* लिखित परीक्षण की कॉपी पूरे सत्र में एक ही होनी चाहिए |

### अप्रैल

| पाठ का नाम और विषय                 | कालांश | विषय संवर्धन /कला एकीकृत गतिविधि                      | सहायक सामग्री           |
|------------------------------------|--------|---|-------------------------|
| पाठ -1 बारह मासा<br>(कविता )       | 5      | भारत त्योहारों का देश है – रचनात्मक लेखन (कला एकीकृत) | ई -स्मार्ट              |
| पाठ -2 नाटक में नाटक<br>( कहानी )  | 5      | संवाद वाचन<br>(विषय संवर्धन)                          | दृश्यात्मक प्रस्तुतिकरण |
| पाठ-3 निर्मला साँप और सयाल (कहानी) | 5      | सच्चे मित्र के गुण चर्चा                              | अभ्यास सागर             |

### मई

| पाठ का नाम और विषय                           | कालांश | विषय संवर्धन /कला एकीकृत गतिविधि | सहायक सामग्री           |
|--|--------|----------------------------------|-------------------------|
| पाठ -4 बातूनी                                | 5      | अधिक बोलने के नुकसान -चर्चा      | दृश्यात्मक प्रस्तुतिकरण |
| पाठ – 5 राजू का सपना<br>(केवल पढ़ने के लिए ) | 3      | श्रुतलेख (विषय संवर्धन)          | पाठ्य पुस्तक            |
| पाठ – 6 समय (कविता )                         | 5      | पठित काव्यांश (विषय संवर्धन)     | ( कार्यप्रपत्र )        |
| पाठ – 7 स्कूल की छुट्टियाँ<br>(कहानी)        | 5      | परियोजना कार्य (कला एकीकृत)      | सम्बंधित पुस्तकें       |

### जून ग्रीष्मावकाश

### जुलाई

| पाठ का नाम और विषय                  | कालांश | विषय संवर्धन /कला एकीकृत गतिविधि                                    | सहायक सामग्री           |
|-------------------------------------|--------|---|-------------------------|
| पाठ- 8 एवरेस्ट को चुनौती<br>(कहानी) | 5      | अपठित गद्यांश(विषय संवर्धन)   | ( कार्यप्रपत्र )        |
| पाठ – 9 सवाल का जवाब<br>(कहानी)     | 5      | आप अपने आस-पास रहने वाले गरीबों की सहायता कैसे कर सकते हैं? (चर्चा) | दृश्यात्मक प्रस्तुतिकरण |
| पाठ – 10 झंडा ऊँचा रहे              | 3      | राष्ट्रीय ध्वज की महिमा पर भाषण                                     | ई -स्मार्ट              |

हमारा (कविता) केवल  
पढने के लिए

कला(कला एकीकृत)

अगस्त/ सितम्बर

(अर्ध वार्षिक परीक्षा की दोहराई)

## SUBJECT - MATHEMATICS

**“The only way to learn mathematics is to do mathematics”**

**Prescribed Book: SECONDARY MATHEMATICS VII (DAV PUBLICATIONS)**

MATHEMATICS is an important component of school education. MATHEMATICS is something that the man has himself created to meet the various demands of time. Right from morning till night, each single moment of the day is being controlled by MATHEMATICS. LIFE would be impossible without it. MATHEMATICS IS THE SCIENCE OF ALL SCIENCES AND ART OF ALL ARTS.

### AIMS AND OBJECTIVES:

1. To enable the students to discipline their minds properly.
2. To help the child to know about the relationship of different topics in **MATHEMATICS**.
3. To develop the technique of **PROBLEM SOLVING**.
4. To develop the interest of the students to know more about the nature of **MATHEMATICS**.
5. To develop the power of **LOGICAL THINKING**.
6. To develop the **SELF CONFIDENCE** of the child.

### Instructions for Teachers:

1. **LESSON PLAN** must be prepared well in time.
2. **CLASS ENTRANCE** should be with full confidence and positivity.
3. **CONTENT DELIVERY** must be effective and long lasting.
4. **COMMANDS OF TEACHERS** must be equipped with **GOOD VOCABULARY**.
5. **FAIR NOTE BOOK** must reflect efficiency of the concerned teacher.

### Instructions for Students:

1. Students will do **MATHEMATICS PRACTICE** daily with a fixed schedule at home.
2. **BOOK, NOTE BOOK** must be carried by students daily in school.
3. Students must have a self responsibility to get their note books checked in time.
4. Students must be **ATTENTIVE** in class.
5. Test must be there at the end of every chapter.
6. Tests must be **WELL PREPARED**.



**NOTE:-****❖ BOOK AND FAIR NOTE BOOK**

- It must be well maintained and kept safely through out the year for evaluation
- Tally work must be done at the end of every chapter
- Parents signatures must be there immediately after teacher's checking
- Correction work must be done immediately (if remarked by the teacher)

**❖ TEST NOTE BOOK**

- Will remain same through out the term (otherwise test will not be evaluated)
- Must be well maintained
- Must be duly signed by the parents
- Correction work must be done immediately (if remarked by the teacher)
- Parents must communicate with teacher in case of poor performance

**APRIL**

| <b>Chapter No. With Name</b>     | <b>No. of Periods</b> | <b>Subject Enrichment Activities / Art Integration / Project</b>                                   | <b>Teaching Aids</b> |
|----------------------------------|-----------------------|--|----------------------|
| Chapter 1<br>Rational<br>Numbers | 10 - 11               | —  | E-Smart contents     |
| Chapter 12<br>Data<br>Handling   | 5-6                   | Collecting the data of heights of students to calculate Mean, Median and Mode.<br>(Group Activity) | E-Smart contents     |

**MAY**

| <b>Chapter No. With Name</b>                      | <b>No. of Periods</b> | <b>Subject Enrichment Activities / Art Integration / Project</b> | <b>Teaching Aids</b> |
|---|-----------------------|--|----------------------|
| Chapter 2<br>Operations on<br>Rational<br>Numbers | 10-11                 | —  | —                    |
| Chapter 3<br>Rational<br>Numbers as<br>Decimals   | 7 - 8                 | —  | E-Smart contents     |

|                                     |     |  |  |
|-------------------------------------|-----|--|--|
| Chapter 9<br>Congruent<br>Triangles | 6-7 | To verify that diagonal of a parallelogram divides it into 2 congruent triangles | Different cut-outs of coloured papers showing congruency |
|-------------------------------------|-----|--|--|

**JUNE** **SUMMER VACATION**

**JULY**

| Chapter No. With Name                         | No. of Periods | Subject Enrichment Activities / Art Integration / Project      | Teaching Aids                             |
|---|----------------|--|---|
| Chapter 10<br>Construction of Triangles       | 6 - 7          | To get median, altitude of a triangle by paper folding         | A pair of Compasses , E-Smart board Tools |
| Chapter 8<br>The Triangles and its Properties | 13 - 14        | To verify that sum of three angles a triangle is $180^{\circ}$ | E - Smart Contents                        |

**AUGUST** Revision of First Term Syllabus

**SEPTEMBER** **FIRST TERM EXAMINATION**

## SUBJECT - SCIENCE

**“All the World is a Laboratory for inquiring Minds.”**

**BOOK** : The Living World      **Lab Manual:** Saplings Publications  
**Publication :** DAV Publication      **Reference Book:** NCERT Practice Workbook

### AIMS & OBJECTIVES:

1. To develop scientific attitude among students.
2. To develop observational skills, experimental skills and application skills within the students.
3. To create awareness and concern for a healthy environment and preservation of ecosystem.
4. To develop understanding of scientific concepts, principles and laws among the students.

### Instructions for Teachers:

1. Content of each chapter should be well prepared in advance.
2. Maintain proper record of class tests as well as periodic tests.
3. Check the home work note books on regular basis.
4. Observe each and every child minutely.
5. It is mandatory to discuss value based and HOTS questions of every chapter.

6. The voice of teacher should be audible to the students.
7. Teacher should co-relate the delivered content with daily life activities.

### **Instructions for Students:**

1. Students should pay full attention during Teacher Learning Process.
2. Be a keen Observer during Experimentation.
3. Students should be handy with their books and note books according to their timetable.
4. Students should maintain their practical file side by side.
5. Students should maintain proper discipline during Lab visit.
6. Students should revise the content taught in the class side by side.

**Note: Written Test conduction is must after completion of the chapter.**

**NOTE: Notebooks must be kept carefully for Assessment and Revision for Annual Examination**

| <b>APRIL</b>  |                       |   |   |
|---|-----------------------|---|---|
| <b>Chapter No. and Name</b>                           | <b>No. of Periods</b> | <b>Practical</b>  | <b>Teaching Aids</b>  |
| <b><u>Lesson 11 :</u></b><br>Electric Charges at rest | 7                     | 1. To show the various components of Electric Circuit, their connection and their working | Materials from the lab  |
| <b><u>Lesson 15:</u></b><br>Forest                    | 4                     |   | Live samples of Forest products and Beneficial Trees of Forest            |
| <b><u>Lesson 6 :</u></b><br>Motion and Time           | 8                     | 1. Plotting distance v/s time graph for uniform motion.                                   | E-smart, Materials required for activities                                |
| <b><u>Lesson 10:</u></b><br>Soil                      | 6                     | 1. To show soil contains water (Written)  | Samples of different types of soil, Materials required for the activities |
| <b>MAY</b>  |                       |   |   |
| <b>Chapter No. and Name</b>                           | <b>No. of Periods</b> | <b>Practical</b>  | <b>Teaching Aids</b>  |
| <b><u>Lesson 1 :</u></b><br>Nutrition in living       | 8                     | 1. To observe that sunlight is necessary for photosynthesis (W)                           | E- smart, Materials required for various activities, live                 |

|   |                                 |   |  |
|---|---------------------------------|---|--|
| Organism (Plants)   |                                 |   | specimens  |
| <b>Lesson 2 :</b><br>Nutrition in Living Organism (Animals)                                   | 7                               | 1. Explanation through Models<br>2. To observe that saliva digests starch.        | Videos to be displayed on E- smart, Models         |
| <b>JUNE SUMMER VACATION +</b><br>Preparation of Periodic Tests (It will be conducted in July) |                                 |   |  |
| <b>JULY</b>   |                                 |   |  |
| <b>Chapter No. and Name</b>   | <b>No. of Periods</b>           | <b>Practical</b>  | <b>Teaching Aids</b>                               |
| <b>Lesson : 8</b><br>Transportation in Plants and Animals                                     | 7                               | 1. To study water is taken up by xylem of roots to various parts of the plant (W) | E-smart board, Materials required for the activity |
| <b>Lesson : 5</b><br>Heat   | 10                              | 1. To study that conduction and convection are method of heat transmission(W)     | E-smart, Materials required for the activities     |
| <b>AUGUST</b>   | Revision of FIRST TERM Syllabus |   |  |
| <b>SEPTEMBER</b>  | <b>FIRST TERM EXAMINATION</b>   |   |  |

## SUBJECT- SOCIAL SCIENCE

“A Subject which not only provides vast knowledge but also enables the human being to adapt himself in social, economic, political and cultural life.”

**NAME OF THE BOOK -- WE AND OUR WORLD**  
**PUBLICATION -- D.A.V. PUBLICATION**

### AIMS AND OBJECTIVES:

1. Understand India and make a comparison with other countries in the world.
2. Develop respect for the rights of all social divisions that exist in society.
3. Get acquainted with revolutionary ideas and new philosophies.
4. Accept the need to protect and conserve environment.
5. Develop good human values and the spirit of tolerance and appreciate the role of India in today's world.
6. Develop respect for the constitution and appreciation of constitutional values.

### Note:

1. Value based questions and activities should be done along with chapters.

2. All the activities and map skills must be done on note book.
3. Notebooks must be kept carefully for assessment and revision for annual examination.
4. Test notebooks must be properly maintained for whole term.

### **Instruction for the Teachers:**

1. It is necessary that teacher's voice should be audible and clear.
2. It is mandatory to prepare the teaching content in advance.
3. All the instructions should be given in English Language.
4. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc

### **Instruction for the Students:**

1. Students must converse in English Language.
2. Students will not speak in Hindi or Punjabi Language.
3. Students must follow all the instructions of the teacher.

### **APRIL**

| Lesson No. / Topic  | No. of Periods | Subject Enrichment Activity           | Art Integration Activity                              | Teaching Aids / Technology                 |
|---|----------------|---------------------------------------|---|--|
| <b><u>GEOGRAPHY</u></b><br>Lesson-1: Components of Environment            | 6              | Map skill - page no. - 6              | Diagram of Four Sphere of Environment                 | Text Book, E-Smart Board Content           |
| <b><u>CIVICS</u></b><br>Lesson-18: Democracy and Equality                 | 7              | All union Territories of India on map |   | E-Smart Board Content, pictures from books |
| <b><u>HISTORY</u></b><br>Lesson-9: Medieval Periods (Only For Discussion) | 2              |                                       | A worksheet will be given to solve - one word answers | E-Smart Board Content                      |

### **MAY**

| Lesson No. / Topic   | No. of Periods | Subject Enrichment Activity                                | Art Integration | Teaching Aids / Technology    |
|--|----------------|--|-----------------|-------------------------------|
| <b><u>GEOGRAPHY</u></b><br>Lesson-2: Earth and Changes on It | 6              | Project Work: Major soil types of India on A4 sheet. (Map) |                 | E-Smart Board Content, Videos |
| <b><u>HISTORY</u></b><br>Lesson-10: Rise of Small kingdom in | 6              |  | Time Line       | E-Smart Board Content         |

|   |   |  |   |  |
|---|---|--|---|--|
| North India                                       |   |  |   |  |
| Lesson-11: Rise of Small kingdom in South India   | 6 |  | How to preserve our rich Heritage? write any 5 points | E-Smart Board Content  |
| <b>CIVICS</b><br>Lesson-19: Our State Governments | 5 | Map Work - All states of India with capitals | Collect information about your state                  | E-Smart Board Content, Information related to state government |

**JUNE SUMMER VACATION (Project Work Will Be Given)****JULY**

| Lesson No. / Topic  | No. of Periods | Subject Enrichment Activity | Art Integration                    | Teaching Aids / Technology                              |
|---|----------------|-----------------------------|------------------------------------|---|
| <b>GEOGRAPHY</b><br>Lesson-3: The Surface and Interior of the Earth | 5              |                             | Draw a diagram of Earth's Interior | E-Smart Content, Model and Pictures of Earth's interior |
| <b>HISTORY</b><br>Lesson-12: Turkish Invasions in North India       | 4              | Group Discussion            |                                    | Text Book   |
| Lesson-13: Delhi Sultanate  | 6              |                             | Time line                          | E-Smart Content and Text Book                           |
| <b>CIVICS</b><br>Lesson-20: Media- The Mainstay of Democracy        | 5              | Map Skill                   |                                    | E-Smart Content , News Papers                           |

**AUGUST**

Revision of First Term Syllabus

**SEPTEMBER****FIRST TERM EXAMINATION****ਵਿਸ਼ਾ - ਪੰਜਾਬੀ**

- ਪੁਸਤਕਾਂ:- 1. ਕਰੁੰਬਲਾ-6 - ਫੋਰਚਿਊਨ ਪਬਲੀਕੇਸ਼ਨ  
2. ਗਿਆਨ ਸਰੋਵਰ ਵਿਆਕਰਨ-7 - ਗਾਂਧੀ ਪਬਲਿਸ਼ਿੰਗ ਹਾਊਸ

**ਪੰਜਾਬੀ ਭਾਸ਼ਾ:-** ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਖੇਤਰ ਕਾਫੀ ਵਿਸ਼ਾਲ ਹੈ। ਭਾਰਤ ਅਤੇ ਪਾਕਿਸਤਾਨ ਤੋਂ ਇਲਾਵਾ ਕੈਨੇਡਾ ਵਿੱਚ ਵੀ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਮਾਨਤਾ ਮਿਲ ਚੁੱਕੀ ਹੈ। 1947 ਵਿੱਚ ਹਿੰਦੁਸਤਾਨ ਦੀ ਵੰਡ ਦੇ ਨਾਲ-ਨਾਲ ਪੰਜਾਬ ਦੇ ਵੀ ਦੇ ਹਿੱਸੇ ਹੋ ਗਏ। ਪਾਕਿਸਤਾਨ ਦਾ ਪੂਰਬੀ ਪੰਜਾਬ ਅਤੇ ਭਾਰਤ ਦਾ ਪੱਛਮੀ ਪੰਜਾਬ ਬਣ ਗਏ। ਭਾਰਤ ਦੇ ਪੱਛਮੀ ਪੰਜਾਬ ਦੀ ਭਾਸ਼ਾ ਦੀ ਲਿਪੀ ਗੁਰਮੁਖੀ ਅਤੇ ਪਾਕਿਸਤਾਨ ਦੇ ਪੂਰਬੀ ਪੰਜਾਬ ਦੀ ਭਾਸ਼ਾ ਦੀ ਲਿਪੀ ਸ਼ਾਹਮੁਖੀ

ਹੈ। ਭਾਰਤ ਵਿਚ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਰਾਜ ਭਾਸ਼ਾ ਦਾ ਦਰਜਾ ਪ੍ਰਾਪਤ ਹੈ ਪਰ ਪਾਕਿਸਤਾਨ ਵਿਚ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੀ ਅਜਿਹੀ ਸਥਿਤੀ ਨਹੀਂ ਹੈ। ਪਾਕਿਸਤਾਨ ਦੀ ਲਿਪੀ ਉਰਦੂ ਹੈ। ਪਹਿਲੀ ਵਾਰ ਹਾਫਿਜ਼ਬਰਖੁਰਦਾਰ ਨੇ 1672 ਈ: ਵਿਚ ਪੰਜਾਬ ਦੀ ਬੋਲੀ ਨੂੰ ਪੰਜਾਬੀ ਕਿਹਾ।

ਕੁਲ ਦੁਨੀਆਂ ਵਿਚ ਇਸ ਬੋਲੀ ਦੀ ਖੁਸ਼ਬੂ ਫੈਲੀ ਹੈ,  
ਉਜਲੀ ਲਿਸ਼ਕੀ ਲਿੰਬੀ ਪੋਚੀ ਰਤਾ ਨਾ ਮੈਲੀ ਹੈ।  
ਹਰ ਇੱਕ ਸੁੱਖ ਪੰਜਾਬ ਦੀ ਧਰਤੀ ਤੋਂ ਜੋ ਪਾਉਂਦੇ ਨੇ,  
ਮਾਂ ਬੋਲੀ ਲਿਖਵਾਵਣ ਵੇਲੇ ਕਿਉਂ ਘਬਰਾਉਂਦੇ ਹਨ।  
ਸਭ ਤੋਂ ਵੱਡਾ ਕਰ ਰਹੇ ਇਹ ਨੁਕਸਾਨ ਪੰਜਾਬੀ ਦਾ,  
ਜ਼ਰਾ-ਜ਼ਰਾ ਕਹਿ ਉਠੇ ਸਾਨੂੰ ਮਾਣ ਪੰਜਾਬੀ ਦਾ।

### ਅਧਿਆਪਕਾਂ ਲਈ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼:

1. ਪਾਠ ਦੇ ਅੰਤ ਵਿੱਚ ਦਿੱਤੇ ਨਿਰਦੇਸ਼ ਬੱਚਿਆਂ ਨਾਲ ਜ਼ਰੂਰ ਸਾਂਝੇ ਕੀਤੇ ਜਾਣ।
2. ਇਕਾਂਗੀ ਦਾ ਮੰਚਨ ਵਿਦਿਆਰਥੀਆਂ ਤੋਂ ਜਮਾਤ ਵਿੱਚ ਕਰਵਾਇਆ ਜਾਵੇ।
3. ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਲਿਖਾਈ ਵੱਲ ਖਾਸ ਧਿਆਨ ਦਿੱਤਾ ਜਾਵੇ।
4. ਸਮੇਂ-ਸਮੇਂ ਤੇ ਖਾਸ ਮੌਕਿਆਂ 'ਤੇ ਵਿਚਾਰ-ਚਰਚਾ ਕਰਨੀ ਤੇ ਅਖਬਾਰ ਤੋਂ ਲੇਖ ਜਰੂਰ ਪੜ੍ਹਾਏ ਜਾਣ।
5. ਸਮਾਰਟ ਬੋਰਡ ਦੀ ਵਰਤੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਕੀਤੀ ਜਾਵੇ।

### ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼:

1. ਕਾਪੀਆਂ ਕਵਰ ਹੋਣੀਆਂ ਚਾਹੀਦੀਆਂ ਹਨ।
2. ਹਰ ਪ੍ਰਸ਼ਨ ਦੇ ਉੱਤਰ ਤੋਂ ਬਾਅਦ ਲਾਇਨ ਜਰੂਰ ਲਗਾਈ ਜਾਵੇ।
3. ਕੰਮ ਸੁੰਦਰ ਲਿਖਾਈ ਵਿੱਚ ਲਿਖਿਆ ਜਾਵੇ।
4. ਮਿਤੀ ਅਤੇ ਦਿਨ ਜਰੂਰ ਲਿਖਿਆ ਜਾਵੇ।
5. ਟੈਸਟ ਕਾਪੀ ਤੇ ਕਵਰ ਅਤੇ ਮਾਤਾ-ਪਿਤਾ ਦੇ ਦਸਤਖਤ ਜਰੂਰ ਕਰਵਾਏ ਜਾਣ।

### ਉਦੇਸ਼:

1. ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਗਿਆਨ ਕਰਵਾਉਣਾ।
2. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਸ਼ਬਦ ਭੰਡਾਰ ਵਿੱਚ ਵਾਧਾ ਕਰਨਾ।
3. ਵਿਆਕਰਨ ਦੇ ਨਿਯਮਾਂ ਦਾ ਪੂਰਨ ਗਿਆਨ ਕਰਵਾਉਣਾ।
4. ਬੋਲਣ ਤੇ ਲਿਖਣ ਕੌਸ਼ਲ ਦਾ ਵਿਕਾਸ ਕਰਨਾ।

### ਨੋਟ:

1. ਦੁਹਰਾਈ ਤੇ ਮੁਲਾਂਕਣ ਦੇ ਲਈ ਕਾਪੀਆਂ ਨੂੰ ਸੰਭਾਲ ਕੇ ਰੱਖਿਆ ਜਾਵੇ।
2. ਹਰ ਪਾਠ ਪੂਰਾ ਕਰਨ ਤੋਂ ਬਾਅਦ ਟੈਸਟ ਲਿਆ ਜਾਵੇਗਾ।

### ਅਪ੍ਰੈਲ

| ਪਾਠ ਨੰਬਰ / ਵਿਸ਼ਾ                       | ਦਿਨ | ਗਤੀਵਿਧੀ                               | ਸਹਾਇਕ ਸਮੱਗਰੀ |
|--|-----|---------------------------------------|--------------|
| ਪਾਠ-1 ਨਹੀਂ ਰੀਸਾਂ ਮੇਰੇ ਦੇਸ਼ ਦੀਆਂ(ਕਵਿਤਾ) | 2   | ਕਾਵਿ-ਟੁਕੜੀ ਕਰਵਾਉਣੀ                    | ਪਾਠ-ਪੁਸਤਕ,   |
| ਪਾਠ-2 ਦਲੇਰ ਅਧਿਆਪਕਾ (ਲੇਖ)               | 4   | ਚੰਗੇ ਗੁਣਾਂ ਅਤੇ ਨੇਕ ਵਿਚਾਰਾਂ ਬਾਰੇ ਦੱਸਣਾ | ਪਾਠ-ਪੁਸਤਕ    |

|   |   |   |                                  |
|---|---|---|----------------------------------|
| ਪਾਠ-3 ਲੋਹੜੀ ਦਾ ਤਿਉਹਾਰ (ਲੇਖ)   | 4 | ਲੋਹੜੀ ਦਾ ਗੀਤ ਗਾਉਣਾ                              | ਪਾਠ-ਪੁਸਤਕ, ਸਮਾਰਟ ਬੋਰਡ            |
| ਪਾਠ-4 ਕੁਦਰਤ ਦਾ ਪਸਾਰਾ (ਕਵਿਤਾ)  | 3 | ਗ੍ਰਹਿਆਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ                       | ਪਾਠ-ਪੁਸਤਕ, ਵੀਡੀਓ                 |
| <b>ਵਿਆਕਰਨ:-</b> ਪਾਠ-1 ਭਾਸ਼ਾ ਜਾਂ ਬੋਲੀ<br>ਪਾਠ-2 ਵਿਆਕਰਨ                                | 2 | ਸੰਸਾਰ ਦੀਆਂ 5 ਬੋਲੀਆਂ ਤੇ ਲਿਪੀਆਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ | ਪਾਠ-ਪੁਸਤਕ, ਫਲੈਸ਼ ਕਾਰਡ            |
| ਲੇਖ:- ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ  | 1 | ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਿਤ ਵੀਡੀਓ ਦਿਖਾਉਣੀ                 | ਸਮਾਰਟ ਬੋਰਡ                       |
| ਲਿੰਗ ਬਦਲੇ ਪੇਜ ਨੰਬਰ 32 ਤੇ 33 ਦੀ ਪਹਿਲੀ ਲਾਇਨ, ਵਚਨ ਬਦਲੇ ਪੇਜ ਨੰਬਰ 38 ਤੇ 39 ਦੀ ਪਹਿਲੀ ਲਾਇਨ | 1 | ਆਸ-ਪਾਸ ਦੀਆਂ ਚੀਜ਼ਾਂ ਦੇ ਲਿੰਗ ਅਤੇ ਵਚਨ ਬਦਲਣੇ        | ਪਾਠ-ਪੁਸਤਕ, ਜਮਾਤ ਦੀਆਂ ਮੌਜੂਦ ਵਸਤਾਂ |
| ਅਸ਼ੁੱਧ-ਸ਼ੁੱਧ ਪੇਜ ਨੰਬਰ 43 ਤੇ 44 ਦੀ ਪਹਿਲੀ ਲਾਇਨ, ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਆਦਰ ਤੋਂ ਉਤਸਕ ਤੱਕ)      | 1 | ਅਸ਼ੁੱਧ -ਸ਼ੁੱਧ ਦੀ ਡਿਕਟੇਸ਼ਨ ਲਿਖਵਾਉਣੀ              | ਪਾਠ-ਪੁਸਤਕ, ਗ੍ਰੀਨ ਬੋਰਡ            |

**ਮਈ**

| ਪਾਠ ਨੰਬਰ / ਵਿਸ਼ਾ  | ਦਿਨ | ਗਤੀਵਿਧੀ  | ਸਹਾਇਕ ਸਮੱਗਰੀ          |
|---|-----|--|-----------------------|
| ਪਾਠ-5 ਸਬਕ ( ਕਹਾਣੀ)  | 4   | ਸਰਵਣ ਭਗਤ ਦੀ ਕਹਾਣੀ ਸੁਣਾਉਣੀ                      | ਪਾਠ-ਪੁਸਤਕ             |
| ਪਾਠ-6 ਸ਼ੇਖ ਫ਼ਰੀਦ ਜੀ (ਕੇਵਲ ਪੜ੍ਹਨ ਲਈ)   | 1   | ਅਣਡਿੱਠਾ ਪੈਰੂ ਕਰਵਾਉਣਾ                           | ਪਾਠ-ਪੁਸਤਕ             |
| ਪਾਠ-7 ਚਾਚੇ ਦਾ ਵਿਆਹ( ਕਵਿਤਾ)  | 4   | ਹਾਸ-ਰਸ ਵਾਲੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ                      | ਪਾਠ-ਪੁਸਤਕ, ਸਮਾਰਟ ਬੋਰਡ |
| ਪਾਠ-8 ਜਾਨਵਰਾਂ ਦਾ ਫੈਸਲਾ ( ਕਹਾਣੀ)   | 4   | ‘ਪਾਣੀ ਦੀ ਬੱਚਤ’ ਵਿਸ਼ੇ ਤੇ ਪੋਸਟਰ ਬਣਵਾਉਣਾ          | ਪਾਠ-ਪੁਸਤਕ             |
| <b>ਵਿਆਕਰਨ:</b> ਪਾਠ-3 ਅੱਖਰ ਬੋਧ   | 1   | ਵਰਨਮਾਲਾ ਲਿਖਵਾਉਣੀ ਅਤੇ ਅੱਖਰਾਂ ਦੀ ਰੇਲਗੱਡੀ ਬਣਵਾਉਣੀ | ਪਾਠ-ਪੁਸਤਕ             |
| ਪਾਠ-4 ਲਗਾਂ ਅਤੇ ਲਗਾਖਰ  | 1   | ਮੁਹਾਰਨੀ ਦੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ                       | ਪਾਠ-ਪੁਸਤਕ, ਸਮਾਰਟ ਬੋਰਡ |
| ਲੇਖ- ਦਾਜ ਦੀ ਸਮੱਸਿਆ  | 1   | ਵਿਚਾਰ ਚਰਚਾ                                     | ਪਾਠ-ਪੁਸਤਕ             |
| ਵਿਰੋਧੀ ਸ਼ਬਦ ਪੇਜ ਨੰਬਰ 88 ਤੇ 89 ਦੀ ਪਹਿਲੀ ਲਾਇਨ, ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ(1-20) | 2   | ਵਿਰੋਧੀ ਸ਼ਬਦਾਂ ਦੀ ਪਰਚੀਆਂ ਤੇ ਖੇਡ ਕਰਵਾਉਣੀ         | ਪਾਠ-ਪੁਸਤਕ, ਪਰਚੀਆਂ     |
| ਅਗੇਤਰ (ਲਾ ਤੋਂ ਬਦ), ਪਿਛੇਤਰ ( ਆਲਾ ਤੋਂ ਸ਼ਾਲਾ)                                      | 1   | ਮੂਲ ਸ਼ਬਦਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ                   | ਪਾਠ-ਪੁਸਤਕ, ਗ੍ਰੀਨ ਬੋਰਡ |
| ਪੱਤਰ:-ਗਰਮੀਆਂ ਦੀਆਂ ਛੁੱਟੀਆਂ ਵਿੱਚ ਪਹਾੜੀ ਸਥਾਨ ਤੇ ਜਾਣ ਲਈ ਪੱਤਰ                        | 1   | ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਬਾਰੇ ਦੱਸਣਾ                     | ਵਿਆਕਰਨ ਪਾਠ ਪੁਸਤਕ      |



## ਜੂਨ ਗਰਮੀ ਦੀ ਛੁੱਟੀਆਂ ਜੁਲਾਈ

| ਪਾਠ ਨੰਬਰ / ਵਿਸ਼ਾ               | ਦਿਨ | ਗਤੀਵਿਧੀ                                   | ਸਹਾਇਕ ਸਮੱਗਰੀ          |
|--------------------------------|-----|---|-----------------------|
| ਪਾਠ-9 ਸ਼ਹੀਦ ਸਾਥੀ ਸੁਖਦੇਵ        | 4   | ਦੇਸ਼ ਭਗਤਾਂ ਦੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ               | ਪਾਠ-ਪੁਸਤਕ             |
| ਪਾਠ-10 ਬਚਪਨ ਦੀ ਯਾਰੀ            | 3   | ਸੁਆਰਥੀ ਮਿੱਤਰ ਦੀ ਕਹਾਣੀ ਸੁਣਾਉਣੀ             | ਪਾਠ-ਪੁਸਤਕ             |
| ਪਾਠ -11 ਮੁਸਾਫ਼ਰ ਦੀ ਘੋੜੀ        | 3   | ਬੱਚਿਆਂ ਨੂੰ ਕਿਰਤ ਕਰਨ ਕਈ ਪ੍ਰੇਰਿਤ ਕਰਨਾ       | ਪਾਠ-ਪੁਸਤਕ             |
| ਵਿਆਕਰਨ:- ਪਾਠ-8 ਸ਼ਬਦ ਬੋਧ        | 1   | ਸਾਰਥਕ ਤੇ ਨਿਰਾਰਥਕ ਸ਼ਬਦਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣੀ | ਪਾਠ-ਪੁਸਤਕ, ਗ੍ਰੀਨ ਬੋਰਡ |
| ਪਾਠ-9 ਨਾਂਵ<br>ਤਸਵੀਰ ਵਰਣਨ       | 2   | ਪੀ ਪੀ ਟੀ ਤੋਂ ਨਾਂਵ ਕਰਵਾਉਣਾ                 | ਪਾਠ-ਪੁਸਤਕ, ਸਮਾਰਟ ਬੋਰਡ |
| ਮੁਹਾਵਰੇ-(1-20), ਅਖਾਣ(1-12)     | 2   | ਅਖਾਣਾਂ ਅਤੇ ਮੁਹਾਵਰਿਆਂ ਦੀ ਮਹੱਤਵ ਬਾਰੇ ਦੱਸਣਾ  | ਪਾਠ-ਪੁਸਤਕ             |
| ਪੱਤਰ - ਮੁਹੱਲੇ ਦੀ ਸਫ਼ਾਈ ਲਈ ਪੱਤਰ | 1   | ਪੱਤਰ ਲਿਖਵਾਉਣਾ                             | ਪਾਠ-ਪੁਸਤਕ, ਗ੍ਰੀਨ ਬੋਰਡ |
| ਸੈਕਸ਼ਨ ਬਦਲਣ ਲਈ ਅਰਜ਼ੀ           | 1   | ਬਿਨੈ ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਦੱਸਣੀ                | ਪਾਠ-ਪੁਸਤਕ             |
| ਲੇਖ:-ਸ਼ਹੀਦ ਭਗਤ ਸਿੰਘ            | 1   | ਸ਼ਹੀਦ ਭਗਤਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ             | ਪਾਠ-ਪੁਸਤਕ, ਸਮਾਰਟ ਬੋਰਡ |

ਗਤੀਵਿਧੀ ਪ੍ਰੋਜੈਕਟ ਤਿਆਰ ਕਰਵਾਉਣਾ  
ਅਗਸਤ ਤੇ ਸਤੰਬਰ ਦੁਹਰਾਈ ਤੇ ਪਹਿਲੀ ਛਿਮਾਰੀ ਦੀ ਪ੍ਰੀਖਿਆ

## SUBJECT - COMPUTER

**“Technology is not an event, it's just part of the everyday learning !”**

**Name of the Book: HANDS ON**

### Importance of Computer Education:

Computer technology has a deep impact on the education sector. Thanks to computers, imparting education has become easier and much more interesting than before. Computers have changed the way we study/work, be it any course/profession. Computers play a vital role in every field especially it play an important role in education. That is why the education system has made computer education a part of school curriculum. Considering the use of computer technology in almost every sphere of life, it is important for everyone to have at least the basic knowledge of using computers.

**AIMS & OBJECTIVES:**

1. Foremost aim is to make students Technology Savvy.
2. To create awareness among students about Evolution of Computers.
3. Students should be able to create Projects using Scratch Software.
4. Students should be able to use GIMP (Image editing tool)
5. To create awareness among students about basics of Internet.
6. To make the students familiar with Web Terminology & Web Services.

**Instruction for the Teachers:**

1. It is necessary to take students to the lab once in a week according to fix Time Table.
2. It is necessary to show all the links given in the book & perform all the given activities.
3. Teacher will look after each & every child in lab.
4. Teacher will make it sure that all the students have performed the lab activity or not.
5. Students will be evaluated only on the basis of skills in practical.

**Instruction for the Students:**

1. Bring book according to time table.
2. Sit according to Roll No. in lab.
3. Don't change the Control Panel Settings.
4. Follow all the Rules & Regulations of Lab + Instructions of Teacher.

**Tools & Techniques:**

Exploratory Thinking, Project Based Learning, Demonstration, Mathematical Skills, Experimentation, Effective integration of Technology, Active Learner Participation

**Note: Computer/ICT is a completely skill based subject. So, No Pen Paper Test/Exam will be conducted to evaluate the student's performance. Students will be evaluated on the basis of Practical skills only that will be conducted Month Wise, First Term & Annually.**

**APRIL**

| Chapter No./<br>Name of Chapter              | No. of<br>Periods | Activities   | Teaching Aids                      |
|--|-------------------|--|------------------------------------|
| Chapter - 1<br>The Evolution of<br>Computers | 9                 | 1. Understand the<br>Evolution of Computers<br>2. Differentiate between<br>different generations | E-Smart Board,<br>Books, Computers |

|  |  |                               |  |
|--|--|-------------------------------|--|
|  |  | 3. Understand the Tech Trends |  |
|--|--|-------------------------------|--|

**MAY**

| Chapter No. /<br>Name of Chapter | No. of<br>Periods | Activities  | Teaching Aids                     |
|----------------------------------|-------------------|---|-----------------------------------|
| Chapter – 2<br>Scratch-I         | 9                 | 1. Use of different blocks available in Scratch Software<br>2. Components of Scratch<br>3. Learn to choose, paint, edit and resize characters (Sprite). | E-Smart Board, Stylus,<br>Scratch |

**JUNE****SUMMER VACATION****JULY**

| Chapter No. /<br>Name of Chapter | No. of<br>Periods | Activities   | Teaching Aids                     |
|----------------------------------|-------------------|--|-----------------------------------|
| Chapter – 3<br>Scratch –II       | 6                 | 1. Learn the elementary basics of programming<br>2. Writing Script for different animations. | E-Smart Board, Stylus,<br>Scratch |

**AUGUST**

| Chapter No. /<br>Name of Chapter    | No. of<br>Periods | Activities  | Teaching Aids                  |
|-------------------------------------|-------------------|---|--------------------------------|
| Chapter – 4<br>Introduction to GIMP | 6                 | 1. Create, open and save file<br>2. Foreground and Background colours<br>3. Using Tools window<br>4. Concept of layers. | E-Smart Board, Stylus,<br>GIMP |

**AUGUST & SEPTEMBER**

First Term Examination/Practical Examination

## SUBJECT -VISUAL ART

**“Drawing plays a big role in our cognitive development. It can help us learn to write and think creativity, develop hand eye co-ordination, hone analytic skills”**

### AIMS & OBJECTIVES:

1. To develop observation, imagination and self expression to be able to put thoughts on paper through art.
2. To work confidently with a variety of material.
3. Art Education enables the child to explore alternative ways of communicating with others. It encourages the ideas that are personal, inventive & makes a vital contribution to the development of a range of intelligence.
4. To express individuality.
5. To develop eye and hand co-ordination.

### Common Instructions for Students:

1. Students must bring their step by step Book & Drawing file according to timetable.
2. Students must bring their own drawing material like HB Pencil, Non-Dust Eraser, Pencil, Colour etc.
3. Students should use their creative & imaginative skill while drawing and performing craft.
4. Difficult topics must be practiced in drawing file.

### Common Instructions for Teachers:

1. Teachers should prepare the activities mentioned in study plan in advance.
2. Use of Technology must be there.
3. Check and return the drawing files in time.

**NOTE:** Practically demonstration must be given by teacher using E-Smart board, colorful chalks, dusters, colors etc.

**Tools For Evaluation:** Neatness in work and coloring. \* Students creativity and interest.

### **APRIL**

| Step By Step                                   | Drawing file | No. of Periods | Activity      | Teaching Aids         |
|--|--------------|----------------|---------------|-----------------------|
| Page No. 3,5 to 10 (flower study + tree study) | Flower study | 4              | Paper flowers | Glaze paper, fevicol. |

**MAY**

| Step By Step                          | Drawing file | No. of Periods | Activity                          | Teaching Aids                  |
|---------------------------------------|--------------|----------------|-----------------------------------|--------------------------------|
| Page No. 11,<br>13, 14, 15, 17,<br>19 | Tree study   | 6              | Card making<br>on Mother's<br>day | Ivory sheet,<br>poster colour. |

**JUNE****SUMMER VACATION****JULY**

| Step By Step                                  | Drawing file           | No. of Periods | Activity      | Teaching Aids   |
|---|------------------------|----------------|---------------|---|
| Page No. 20,<br>21, 23,<br>25(Human<br>study) | slogan on save<br>tree | 4              | Frills making | coloured sheet,<br>charts,decorative<br>material, fevicol |

**AUGUST**

Revision of First Term Syllabus

**SEPTEMBER****FIRST TERM EXAMINATION****SUBJECT- GENERAL KNOWLEDGE**

Name of Book: Kid Wiz

Publication: DAV Publication

|   |
|---|
| <b>"An investment in General Knowledge pays the best interest."</b> |
|---|

**IMPORTANCE OF GENERAL KNOWLEDGE:** The name itself says that it is a general that every common student must and should possess. It is useful in terms of personal, academic and professional levels. In day to day life also general knowledge is very useful as it is all about common things. It is an important component of crystallized intelligence and is strongly associated with general intelligence. It is a wide body of information that a student acquires from education and from life. It also helps to grow student's confidence level and may prove to be of some great help during some important events of our lives like interview etc. A good knowledge of everything around always to impress the people around you.

**AIMS AND OBJECTIVES:**

1. To acquaint students about their surroundings.
2. To have a healthy discussion about the day to day happenings around the world.
3. To formulate the students for the competitive level of general awareness.
4. To make students more competent and smarter.

**Instructions for the Teachers:**

1. It is necessary that the teacher's voice should be audible and clear.
2. It is mandatory to prepare the teaching content in advance.
3. Teacher will make it sure that all the students must carry their study material like books or scrap file etc.
4. It is advisable to maintain complete record of student's performance.
5. It is necessary that the checking must be done carefully and in proper time.

**Instructions for the Students:**

1. Students must complete the given work at proper time.
2. Scrap files must be maintained properly.
3. Students must follow all the instructions from the teacher.
4. Students must converse in English language.

**Note: Write 3 to 5 lines about every activity / project work on the scrap file.**

**APRIL**

| Unit No. and Name                                  | No. of Periods | Activity   | Teaching Aids |
|--|----------------|--|---------------|
| <b>UNIT I:<br/>Language<br/>and<br/>Literature</b> | 3              | 1. Prepare a Fact file of the R. K. Narayan<br>2. Paste 5 pictures of famous Books and write their Author Name also. | Kid Wiz Book  |

**MAY**

| Unit No. and Name                          | No. of Periods | Activity   | Teaching Aids |
|--|----------------|--|---------------|
| <b>UNIT II:<br/>Environment<br/>Around</b> | 3              | 1. Paste 5 pictures of endangered birds and animals.<br>2. Paste 5 pictures of famous Indian Scientists. | Kid Wiz Book  |

**JUNE                      SUMMER VACATON(Learn the completed syllabus for First Term)****JULY**

| Unit No. and Name                     | No. of Periods | Activity   | Teaching Aids |
|---------------------------------------|----------------|--|---------------|
| <b>UNIT III:<br/>World<br/>Around</b> | 3              | 1. Paste 5 pictures of famous parks of the World with their cities.<br>2. Paste 5 pictures of famous Bridges of the World. | Kid Wiz       |

**AUGUST**                      Revision of First Term Syllabus  
**Learning of School Lunch Prayer**

**SEPTEMBER**                      **FIRST TERM EXAMINATON**

## विषय - नैतिक शिक्षा

पुस्तक : नैतिक शिक्षा प्रकाशन : डी.ए.वी. प्रकाशन

“शिष्टाचार अथवा विनम्रतापूर्वक एवं शालीनतापूर्ण आचरण ही वह आभूषण है, जो मनुष्य को आदर - सम्मान दिलाता है।”

### सामान्य उद्देश्य :

1. छात्रों में माता-पिता, अध्यापकों एवं बुजुर्गों के प्रति सम्मान और सेवाभावना उत्पन्न करना।
2. छात्र-छात्राओं में ईश्वर भक्ति की भावना के साथ-साथ, उनमें आस्तिकता की भावना उत्पन्न करना।
3. धार्मिक रुचि का संवर्धन करना, अच्छी आदतें डालना।
4. उन्हें देश एवं जाति की सेवा के प्रति कर्तव्यनिष्ठ बनाना।
5. उत्तम ग्रन्थों के माध्यम से स्वाध्याय के प्रति रुचि जागृत करना।
6. देश-धर्म की सेवा में जीवन लगाने वाले तथा उत्तम ग्रंथों की रचना द्वारा ज्ञान का संवर्धन करने वाले महापुरुषों के चरित्र से परिचय करवाना।

### नोट :

1. नैतिक शिक्षा पुस्तक पढ़ना ही काफी नहीं है बल्कि अपने जीवन को धार्मिक व सदाचारी बनाना जरूरी है।
2. कक्षा क्रम के अनुसार हवन से पहले बच्चों को दान के लिए प्रेरित किया जाए।

### सामान्य उद्देश्य :

1. छात्रों में माता-पिता, अध्यापकों एवं बुजुर्गों के प्रति सम्मान और सेवा भावना उत्पन्न करना।
2. छात्र-छात्राओं में ईश्वरभक्ति की भावना के साथ-साथ उनमें आस्तिकता की भावना उत्पन्न करना।
3. धार्मिक रुचि का संवर्धन करना, अच्छी आदतें डालना।
4. उन्हें देश एवं जाति की सेवा के प्रति कर्तव्यनिष्ठ बनाना।
5. उत्तम ग्रंथों के माध्यम से स्वाध्याय के प्रति रुचि जागृत करना।
6. देश-धर्म की सेवा में जीवन लगाने वाले तथा उत्तम ग्रन्थों की रचना द्वारा ज्ञान का संवर्धन करने वाले महापुरुषों के चरित्र से परिचय करवाना।

### अध्यापकों के लिए सामान्य निर्देश :

1. बच्चों को प्रतिदिन नैतिक मूल्यों की जानकारी देना।

2. बच्चों को पुस्तक ज्ञान को अपने अन्दर डालने के लिए प्रेरित करना।
3. उत्तर पुस्तिका में उत्तर ध्यानपूर्वक लिखना व बच्चों को लिखवाना।
4. समय-समय पर जाँचना।

### विद्यार्थियों के लिए सामान्य निर्देश:

1. विद्यार्थी कक्षा में अनुशासित ढंग से पठन-पाठन क्रिया में भाग लें।
2. अध्यापकों द्वारा दी शिक्षा पर अमल करें।
3. मन्त्र, प्रार्थनाओं का नित्य अभ्यास करें।
4. सदाचारी, शिष्टाचारी बने व अनुशासन में रहें।

### **अप्रैल**

| पाठ का नाम / विषय                   | कालांश | गतिविधियाँ  | सहायक सामग्री   |
|-------------------------------------|--------|---|-----------------|
| यज्ञ महिमा , आर्य समाज के नियम 1-10 | 2      | छात्र शुद्ध रूप में याद करेंगे। सस्वर गायन, अभ्यास पुस्तिका में लिखकर याद करेंगे। | चार्ट, पुस्तक   |
| पाठ -1 ईशस्तुति                     | 1      | समझकर उत्तर लिखेंगे।  | अभ्यास पुस्तिका |
| पाठ -2 धर्म के लक्षण                | 2      | उदाहरण के द्वारा धार्मिक गुणों को समझेंगे।  | पुस्तक अभ्यास   |

### **विषय संवर्धन गतिविधि: आर्य समाज नियम प्रतियोगिता**

### **मई**

| पाठ का नाम / विषय        | कालांश | गतिविधियाँ  | सहायक सामग्री               |
|--------------------------|--------|---|-----------------------------|
| पाठ -3 आर्य समाज के नियम | 2      | नियमों को समझकर लिखेंगे।                          | सत्य और असत्य पर उदाहरण     |
| पाठ -4 अभियान गीत        | 1      | अभ्यास पुस्तिका उत्तर लिखेंगे। सस्वर गायन करेंगे। | पुस्तक                      |
| पाठ -5 व्यायाम           | 2      | छात्र व्यायाम पर कुछ वाक्य बोलेंगे।               | किसी व्यक्ति का उदाहरण देकर |



|                                |   |  |                         |
|--------------------------------|---|--|-------------------------|
| पाठ - 6 प्रातः उठने के लाभ     | 2   | प्रातः जल्दी उठने के लाभ पर कुछ वाक्य          | चार्ट पर वाक्य          |
| पाठ - 7 उद्बोधन गीत            | 1   | उद्बोधन गीत का भावार्थ लिखेंगे  <br>सस्वर गायन | पुस्तक                  |
| <b>जून</b> <b>ग्रीष्मावकाश</b> |   |  |                         |
| <b>जुलाई</b>                   |   |  |                         |
| <b>पाठ का नाम / विषय</b>       | <b>कालांश</b>   | <b>गतिविधियाँ</b>                              | <b>सहायक सामग्री</b>    |
| पाठ - 8 सत्संग का महत्त्व      | 2   | सत्संग के महत्त्व पर वाक्य बोलेंगे             | अभ्यास पुस्तिका, पुस्तक |
| पाठ - 9 योग और उसके अंग        | 2   | योग क्रियाओं को समझेंगे                        | योग पर उदाहरण           |
| <b>अगस्त</b><br><b>सितंबर</b>  | करवाए गए पाठ्यक्रम की दोहराई<br><b>अर्ध वार्षिक परीक्षा</b> |  |                         |

## विषय - संस्कृत

पुस्तक : सुरभि

प्रकाशन : डी.ए.वी. प्रकाशन

### सामान्य उद्देश्य :

1. विद्यार्थियों में संस्कृत के प्रति रुचि एवं संस्कार उत्पन्न करना |
2. विद्यार्थियों में संस्कृत ज्ञान को विकसित करना |
3. बच्चों में राष्ट्रीय समाज व अपने संस्थान के प्रति सम्मान की भावना उत्पन्न करना |
4. पाठों के माध्यम से बच्चों को संस्कृत की बातचीत की शैली से परिचित करवाना |
5. स्वाध्याय की रुचि को बढ़ाना |

### अध्यापकों के लिए सामान्य निर्देश:

1. अध्यापक पहले से ही पाठ योजना तैयार करें |
2. कक्षा में भाषा का उच्चारण शुद्ध व प्रभावशाली होना चाहिए |
3. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें |
4. बच्चों को संस्कृत भाषा बोलने के लिए प्रेरित करें |

**विद्यार्थियों के लिए सामान्य निर्देश:**

1. बच्चे पाठ के पठन पर विशेष ध्यान दें ।
2. विद्यार्थी कक्षा में अनुशासित ढंग से पठन पाठन प्रक्रिया में भाग लें ।
3. प्रतिदिन संस्कृत भाषा का अभ्यास करेंगे ।
4. पीरियड के अनुसार संस्कृत पुस्तक लाना अनिवार्य है ।

**अप्रैल**

| पाठ का नाम / विषय                  | कालांश | गतिविधियाँ   | सहायक सामग्री |
|------------------------------------|--------|--|---------------|
| प्रार्थना ईश्वर ! तव महिमानं वन्दे | 2      | लयबद्ध प्रार्थना का उच्चारण करवाना व संस्कृत में परिचय बुलवाना । | पुस्तक        |
| पाठ -1 बुद्धि एव अस्माकं बलं       | 2      | बुद्धि से सम्बन्धित एक अन्य कथा बच्चों से सुनना ।                | अन्य पुस्तक   |

**विषय संवर्धन गतिविधि :** संस्कृत में परिचय बुलवाना

**मई**

| पाठ का नाम / विषय             | कालांश | गतिविधियाँ   | सहायक सामग्री              |
|-------------------------------|--------|--|----------------------------|
| पाठ - 2 अभ्यासः एव परमो गुरुः | 2      | अभ्यास के महत्त्व पर सूक्तियाँ एकत्रित करवाकर लिखवाना ।              | दृश्यात्मक सामग्री (चार्ट) |
| पाठ - 3 उपकारकाः वृक्षाः      | 2      | वृक्षों से मिलने वाले चीजों के नाम संस्कृत में पुस्तिका पर लिखवाना । | दृश्यात्मक सामग्री (चार्ट) |
| अव्यय, पद, प्रत्यय, उपसर्ग    | 1      | केवल मौखिक   | पुस्तक                     |
| गिनती (1-25)                  | 2      | वस्तुएँ दिखाकर   | दृश्यात्मक सामग्री         |

**जून****ग्रीष्मावकाश****जुलाई**

| पाठ का नाम / विषय             | कालांश | गतिविधियाँ                                    | सहायक सामग्री      |
|-------------------------------|--------|---|--------------------|
| पाठ - 4 आगच्छ ! भोजनं कुर्याम | 2      | संवाद बुलवाना, गृह की वस्तुओं की जानकारी देना | दृश्यात्मक सामग्री |
| पाठ - 5 सुवचनानि              | 2      | श्लोकोच्चारण करवाना                           | पाठ्य पुस्तक       |

|        |   |                         |                       |
|--------|---|-------------------------|-----------------------|
| पत्र-1 | 1 | पत्र का संक्षिप्त परिचय | दृश्यात्मक<br>सामग्री |
|--------|---|-------------------------|-----------------------|

विषय संवर्धन गतिविधि : पठन-पाठन कला

अगस्त करवाए गए पाठ्यक्रम की दोहराई

सितंबर अर्ध वार्षिक परीक्षा

## SUBJECT - PERFORMING ART

**“It is the supreme art to awaken joy in creative expression and knowledge.”**

### **Importance of Music & Dance:**

Music and dance give great self-satisfaction and self confidence. It brings name, fame and riches i.e success in life. It has social, emotional, and spiritual benefits and gives happiness to life.

### **Instruction for Teachers:**

1. Give the introduction about your topic and demonstrate.
2. Pay attention towards Non Performers.
3. Teacher should be well prepared.
4. The song should be selected according to class level.
5. Assessment of students should be done on regular basis.

### **Instruction for Students:**

1. Move in queue to Music and Dance room.
2. Keep the shoes in shoes Rack.
3. Do the practice at home.
4. Don't touch anything without teacher's permission.

### **Aims:**

1. To develop a context for aesthetic and artistic experience and the opportunity to develop personally and physically through participated in dance in an enjoyable environment.
2. To provide for aesthetic experiences and to develop aesthetic awareness in the music, in drama, in dance and literature.

### **Objectives:**

1. To enhance knowledge and understanding of dance as an aesthetic & artistic experience.
2. Cooperate with others in dance activities.

3. To enrich personal and social development while interacting with others in a variety of structural contexts.
4. To arise the learning interest and area in instrumental learning.
6. To develop the interest to know about Indian culture.
7. To make them able to become an artist.

**APRIL to MAY**

| Topic           | No. of Days | Tools & Techniques         | Teaching Aid               |
|-----------------|-------------|----------------------------|----------------------------|
| Patriotic Song  | 6           | Demonstration with singing | Mick, Harmonium Diary etc. |
| Classical Dance | 6           | Demonstration with steps   | Electronic Tabla           |

**JUNE****SUMMER VACATION****JULY**

| Topic             | No. of Days | Tools & Techniques                                    | Teaching Aid                                   |
|-------------------|-------------|---|--|
| Punjab Folk Dance | 6           | Explanation about shabad + Demonstration with singing | Harmonium+Tabla+ Chimta-Manjira+ Mirox, Lyrics |
| Punjabi Folk      | 6           | Demonstration with action                             | Props & Sound System                           |

**AUGUST**

Revision of First Term Syllabus

**SEPTEMBER****FIRST TERM EXAMINATION****SUBJECT - HEALTH & PHYSICAL EDUCATION**

**IMPORTANCE OF PHYSICAL EDUCATION:** Physical Education is the part of General Education program which is considered with growth, Development and education of students through the medium of muscle activities. It is the education of whole child by means of physical activities. Physical activities are the tools. They are so selected and considered as to influence every child's Physically, Mentally, Emotionally and Morally.

**AIMS & OBJECTIVES:**

1. Interact with the natural world in a positive manner.
2. Develop qualities such as leadership, team spirit, sense of belongingness, Courage and self defence.

3. Participate in the activities for fun and joy.
4. Conduct the movement with more body control.
5. To ensure optimum growth of each child.
6. Understand that hygienic fitness, protection and health care are important for health.

**Objectives and learning outcome will be cleared to the students:**

- All the Topics must be discussed thoroughly and all book exercises will be discussed orally. Class 5<sup>th</sup> to 10<sup>th</sup>, all the three activity of co-scholastic area must be cleared and basic knowledge must be given to students, guide the students, to opt any two and its practice will be done with the help of teachers, throughout the year.
- File of concerned chosen activities will be prepared. It will be accessed and evaluated.

**Common Instruction for the Teachers:**

1. Try to reach in class in time.
2. Bring your classes in the ground in line and discipline.
3. Take care of students in ground specially girls.
4. Prepare your team properly selected students from different classes.
5. Maintain sports ground properly.

**Common Instructions for the Students:**

1. Move always in line.
2. Maintain Self Discipline in Sports Ground.
3. Obey the instruction given by Teacher.
4. Play the games with team spirit.
5. Follow the rule and regulation during play the game.

| <b>April</b>  |                       |                      |  |
|---|-----------------------|----------------------|--|
| <b>Lesson No. / Topic</b>                                     | <b>No. of Periods</b> | <b>Activities</b>    | <b>Teaching Aids</b>                           |
| Human Body  | 01                    | Demonstration        | Chart / Video                                  |
| Game-<br>KHO -KHO<br>(for girls)<br>Volley Ball<br>(for boys) | 01                    | Play Games in Ground | Volley Ball /<br>Whistle/Video/<br>Lime Powder |
| Gym Period  | 01                    | Exercise In Gym      | Multi Gym                                      |
| Yoga-   | 01                    | Perform Yogaasana    | Body Movement                                  |

|                             |  |  |  |
|-----------------------------|--|--|--|
| Bhujangasana<br>& Vajrasana |  |  |  |
|-----------------------------|--|--|--|

**May**

| Lesson No. /<br>Topic  | No. of<br>Periods | Activities           | Teaching Aids                                  |
|--|-------------------|----------------------|--|
| Sports skills  | 01                | Demonstration        | Chart / Video                                  |
| Game-<br>KHO-KHO<br>(for girls)<br>Volley Ball<br>(for boys) | 01                | Play Games in Ground | Volley Ball /<br>Whistle/Video/<br>Lime Powder |
| Gym Period   | 01                | Exercise In Gym      | Multi Gym                                      |
| Yoga- Tarasana<br>& Sarvangasana                             | 01                | Perform Yogaasana    | Body Movement                                  |

**JUNE SUMMER VACATION - International Yoga Day Celebration****JULY**

| Lesson No. /<br>Topic   | No. of<br>Periods | Activities           | Teaching Aids                                  |
|---|-------------------|----------------------|--|
| Game-<br>KHO -KHO<br>(for girls)<br>Volley Ball<br>(for boys) | 01                | Play Games in Ground | Volley Ball /<br>Whistle/Video/<br>Lime Powder |
| Gym Period  | 01                | Exercise In Gym      | Multi Gym                                      |
| Yoga-Halasan<br>& Dhanurasana                                 | 01                | Perform Yogaasana    | Body Movement                                  |
| WE & Our<br>Environment                                       | 01                | Demonstration        | Chart / Video                                  |

**Sports Day - 28 August****AUGUST** Revision of First Term Syllabus**SEPTEMBER** FIRST TERM EXAMINATION

**ORAL / PRACTICAL CRITERIA****GENERAL KNOWLEDGE****PHYSICAL EDUCATION**

| Sr. No. | Criteria           | Marks     |
|---------|--------------------|-----------|
| 1       | Book Content       | 12        |
| 2       | Scrap file         | 4         |
| 3       | Current News       | 2         |
| 4       | Self Introduction  | 2         |
| 5       | Condition of Book  | 1         |
| 6       | Condition of Diary | 2         |
| 7       | Discipline         | 1         |
| 8       | Uniform            | 1         |
|         | <b>Total</b>       | <b>25</b> |

| Sr. No. | Criteria                    | Marks     |
|---------|-----------------------------|-----------|
| 1       | Yoga Each Asanas(5 Marks)   | 15        |
| 2       | Fundamental Skills of Games | 15        |
| 3       | Yoga Viva                   | 5         |
| 4       | Game Viva                   | 5         |
| 5       | Yoga Practical File         | 5         |
| 6       | Game Practical File         | 5         |
|         | <b>Total</b>                | <b>50</b> |

**COMPUTER**

| Practical Activity 1<br>(10 Marks) | Practical Activity 2<br>(10 Marks) | Practical Activity 3<br>(10 Marks) | Marks of Two Best Activities<br>(10+10=20) | Short Practical 2 (10)<br>+<br>Long Practical 1 (10)<br>+<br>Viva (10) = 30 Marks<br>(Oral / Practical Examination) | Total Marks = 50<br>Monthly Activities (20)<br>+<br>Oral / Practical Examination (30) |
|------------------------------------|------------------------------------|------------------------------------|--|---|---|
|                                    |                                    |                                    |  |   |   |

Students will be awarded grades as Computer / ICT is a Co - Scholastic Subject

**PERFORMING ART**

| Dance                       |
|-----------------------------|
| 1. Interest                 |
| 2. Body Movement            |
| 3. Expression               |
| 4. Active Participation     |
| 5. Imagination & Innovation |
| 6. Artistic Temperament     |

| Music                       |
|-----------------------------|
| 1. Interest                 |
| 2. Rhythm                   |
| 3. Melody                   |
| 4. Active Participation     |
| 5. Imagination & Innovation |
| 6. Artistic Temperament     |

**Note:-Students will be observed in 3 points grading scale.**

(A = Outstanding, B = V. Good, C = Fair)

The aspects of regularity, sincere participation, output and teamwork.

## संस्कृत

| क्रं विषय                           | कुल अंक(25) |
|-------------------------------------|-------------|
| 1. पुस्तक पढना                      | 5 अंक       |
| 2. व्याकरण                          | 5 अंक       |
| 3. पाठ्य पुस्तक का अभ्यास           | 10 अंक      |
| 4. अनुशासन / वर्दी / पुस्तक (2+2+1) | 5 अंक       |
| कुलांक                              | 25          |



**Second Term (October to March)****SUBJECT- ENGLISH****Note: Whole syllabus of First Term will come in Second Term.****OCTOBER**

| <b>Book Name</b>   | <b>Lesson No:<br/>Topic</b>  | <b>No of<br/>Periods</b> | <b>Subject<br/>Enrichment<br/>Activities/<br/>Tools &amp;<br/>Techniques</b> | <b>Art<br/>Integration<br/>Activities</b>  | <b>Teaching<br/>Aids</b>       |
|--------------------|--|--------------------------|--|--|--------------------------------|
| English Literature | Lesson No:6<br>The Stone<br>Soup in<br>Bohemia<br>(Only for<br>Reading)                  | 2                        | Self Reading +<br>Class<br>Discussion  |  | Textbook                       |
| English Literature | Lesson:7 A<br>Stormy<br>Adventure  | 4                        | <b>Narrate Any<br/>Adventurous<br/>Incident of<br/>Your Life</b>             |  | Textbook                       |
| English Literature | Lesson: 8 The<br>Spider and<br>the Fly   | 3                        | Recitation +<br>Class<br>Discussion  |  | Textbook                       |
| English Practice   | Lesson:6<br>Modals   | 3                        | Worksheet on<br>Modals   |  | Textbook<br>and<br>E-smart     |
| English Practice   | Lesson:7<br>Passive Voice  | 3                        | Handout on<br>Rules and<br>Exercises of<br>Passive Voice                     |  | Textbook<br>and<br>E-smart     |
| English Practice   | Lesson:11<br>Linkers   | 3                        | Assignment<br>Sheet on<br>Linkers  |  | Textbook<br>and<br>E-smart     |
| English Reader     | Lesson:4<br>Achievers<br>B - 10 Letter,<br>C - 8<br>Newspaper<br>Report,<br>C -10 E-Mail | 3                        |  | Paste the<br>Pictures of<br>Great<br>Achievers &<br>Write about<br>their<br>Achievements | Textbook ,<br>E-Smart<br>Board |

**NOVEMBER**

| <b>Book Name</b>   | <b>Lesson No: Topic</b>  | <b>No of Periods</b> | <b>Subject Enrichment Activities / Tools &amp; Techniques</b> | <b>Art Integration Activities</b>            | <b>Teaching Aids</b>      |
|--------------------|--|----------------------|---|--|---------------------------|
| English Literature | Lesson:9 The Human Robot   | 4                    | Debate on Technology is Boon or Bane                          |  | Textbook , E-Smart Board  |
| English Literature | Lesson:10 Friends and Flatterers                                   | 3                    | Recitation + Class Discussion                                 | Handout + Video on True Friends and Flatters | Textbook                  |
| English Practice   | Lesson: 8 Reported Speech  | 4                    | Worksheets of Rules and Exercises                             |  | Textbook , E-Smart Board  |
| English Practice   | Lesson:3 The Compound Sentences                                    | 3                    | Inductive - Deductive Method                                  |  | Textbook , E-Smart Board  |
| English Practice   | Lesson:12 Reading for Understanding (Passage 3-5)                  | 2                    | Self Doing  |  | Text-Book, E- Smart Board |
| English Reader     | Lesson: 5 The Future World<br>A - 9 Notice,<br>B -9 & 10<br>E-Mail | 3                    |   |  | Textbook , E-Smart Board  |

**DECEMBER**

| <b>Book Name</b>   | <b>Lesson No: Topic</b>             | <b>No of Periods</b> | <b>Subject Enrichment Activities / Tools &amp; Techniques</b> | <b>Art Integration Activities</b> | <b>Teaching Aids</b> |
|--------------------|-------------------------------------|----------------------|---|-----------------------------------|----------------------|
| English Literature | Lesson: 11 Chocolates in Your Dream | 5                    | Class Discussion  | Role Play of the chapter          | Text- Book           |

|                           |  |                            |                                      |                                |
|---------------------------|--|----------------------------|--------------------------------------|--------------------------------|
| English Practice          | Lesson:4<br>Phrases and Clauses                                    | 4                          | Inductive -<br>Deductive<br>Method   | Textbook ,<br>E-Smart<br>Board |
| English Reader            | Lesson:6<br>Unity in<br>Diversity<br>A -10 Speech,<br>C - 6 Letter | 3                          | Pamphlet on<br>Unity in<br>Diversity | Textbook                       |
| <b>JANUARY / FEBRUARY</b> |  | Revision of whole Syllabus |                                      |                                |
| <b>MARCH</b>              |  | <b>ANNUAL EXAMINATION</b>  |                                      |                                |

## विषय - हिंदी

नोट: प्रथम सत्र का पूरा पाठ्यक्रम द्वितीय सत्र में आएगा ।

| अक्टूबर                                   |        |  |                         |
|---|--------|--|-------------------------|
| पाठ का नाम और विषय                        | कालांश | विषय संवर्धन / कला एकीकृत गतिविधि                          | सहायक सामग्री           |
| पाठ - 11 उस रात की बात (कहानी)            | 5      | पाठ में वर्णित मानवीय मूल्यों की चर्चा करना ।              | पाठ्य पुस्तक            |
| पाठ -12 दोहे                              | 5      | दोहा गायन (कला एकीकृत)                                     | दृश्यात्मक प्रस्तुतिकरण |
| पाठ - 13 साहस को सलाम                     | 5      | अरुणिमा सिन्हा का जीवन परिचय                               | कार्य प्रपत्र           |
| पाठ - 14 एस. रामानुजन (केवल पढ़ने के लिए) | 3      | रामानुजन के जीवन का परिचय देना । (श्रुतलेख) (विषय संवर्धन) | ई स्मार्ट               |
| नवम्बर                                    |        |  |                         |
| पाठ का नाम और विषय                        | कालांश | विषय संवर्धन / कला एकीकृत गतिविधि                          | सहायक सामग्री           |
| पाठ-15 अन्न दाता कृषक (कविता)             | 5      | पठित काव्यांश  | कार्य प्रपत्र           |
| पाठ -16 देश भक्त पुरु (नाटक)              | 5      | पठित गद्यांश   | सम्बंधित पुस्तकें       |

|                               |                               |  |                         |
|-------------------------------|-------------------------------|--|-------------------------|
| पाठ-17 काकी (कहानी)           | 5                             | पतंग बनाना (रचनात्मक कार्य)<br>(कला एकीकृत)                | पाठ्य पुस्तक            |
| <b>दिसम्बर</b>                |                               |  |                         |
| <b>पाठ का नाम और विषय</b>     | <b>कालांश</b>                 | <b>विषय संवर्धन /कला एकीकृत गतिविधि</b>                    | <b>सहायक सामग्री</b>    |
| पाठ-18 बाल लीला एवं कुंडलियाँ | 5                             | श्री कृष्ण के जीवन संबन्धित किसी एक विषय की चर्चा          | ई -स्मार्ट              |
| पाठ -19 गणेशोत्सव (निबंध)     | 6                             | श्रुतलेख   | दृश्यात्मक प्रस्तुतिकरण |
| पाठ - 20 कर्मवीर (कविता)      | 5                             | कर्म ही पूजा है अनुच्छेद लेखन (रचनात्मक लेखन)*(कला एकीकृत) | पाठ्य पुस्तक            |
| <b>जनवरी / फरवरी</b>          | <b>द्वितीय सत्र की दोहराई</b> |  |                         |
| <b>मार्च</b>                  | <b>वार्षिक परीक्षा</b>        |  |                         |

## SUBJECT - MATHEMATICS

**Note: Whole syllabus of First Term will come in Second Term.**

### OCTOBER

| Chapter No. With Name                      | No. of Periods | Subject Enrichment Activities / Art Integration / Project | Teaching Aids     |
|--|----------------|---|-------------------|
| Chapter 6 Algebraic Expressions            | 9 - 10         | Graffiti wall   | E- Smart Contents |
| Chapter 7 Linear Equations in one Variable | 8 - 10         | _____   | E-Smart Contents  |

### NOVEMBER

| Chapter No. With Name            | No. of Periods | Subject Enrichment Activities / Art Integration / Project  | Teaching Aids                                     |
|----------------------------------|----------------|--|---|
| Chapter 4 Exponents and Radicals | 10-12          | _____  | Properties in E-Smart contents                    |
| Chapter 11 Perimeter and Area    | 15 - 18        | To find ratio of circumference of a circle to its diameter | Cut-outs of different Shapes & Real life examples |

**DECEMBER**

| Chapter No. With Name                  | No. of Periods | Subject Enrichment Activities / Art Integration / Project  | Teaching Aids                                    |
|--|----------------|--|--|
| Chapter 13<br>Symmetry                 | 4-5            | Drawing beautiful patterns by paper folding, Hole Patterns | Colourful papers along with examples of symmetry |
| Chapter 14<br>Visualising Solids       | 3 - 4          | Net of LUDO DICE   | E- Smart Contents                                |
| Chapter 5<br>Application of Percentage | 8 - 9          | _____  | Discount offers<br>Advertisement                 |

**JANUARY/ FEBRUARY  
MARCH**

Revision of whole Syllabus  
**ANNUAL EXAMINATION**

**SUBJECT-SCIENCE**

**Note: Whole syllabus of First Term will come in Second Term.**

**OCTOBER**

| Chapter No. and Name                                 | No. of Periods | Practical  | Teaching Aids                                 |
|--|----------------|--|---|
| <b>Lesson 16</b><br>Water                            | 4              |  | Materials required for Demonstration purposes |
| <b>Lesson 3</b><br>Chemical Substances and Processes | 10             | To study various chemical reactions (W)                                  | Materials required for the activity           |
| <b>Lesson 4</b><br>Acid and Bases                    | 10             | To study the effect of indicators on acidic , basic and neutral salts(W) | Material required for the activity            |

**NOVEMBER**

| Chapter No. and Name                                   | No. of Periods | Practical                                  | Teaching Aids                     |
|--|----------------|--|-----------------------------------|
| <b>Lesson - 4</b><br>Fabric from Fibre                 | 4              | 1. to study the life cycle of a silk moth. | Esmart                            |
| <b>Lesson - 17</b><br>Electric Current and its Effects | 10             | 1. Working of Electric Bell through model. | Materials required for activities |

|   |                       |   |  |
|---|-----------------------|---|--|
| <b>Lesson - 9</b><br>Reproduction in Plants   | 7                     | 1. To dissect a flower and study its parts.(W)  | Live models, charts, Model of a flower                                       |
| <b>DECEMBER</b>                               |                       |   |  |
| <b>Chapter No. and Name</b>                   | <b>No. of Periods</b> | <b>Practical</b>  | <b>Teaching Aids</b>   |
| <b>Lesson : 7</b><br>Respiration in Organisms | 10                    | 1. To show that exhaled air contains carbon dioxide through NaOH and phenolphthalein(W) | Model, Chart, materials required for activity                                |
| <b>Lesson : 12</b><br>Light                   | 15                    | 1. To study image formation by concave and convex mirror.                               | Materials required for activity, Plane mirror, convex mirror, concave mirror |

**JANUARY / FEBRUARY**  
**MARCH**

Revision of whole Syllabus  
**ANNUAL EXAMINATION**

## SUBJECT- SOCIAL SCIENCE

**Note: Whole syllabus of First Term will come in Second Term.**

**OCTOBER**

| Lesson No./ Topic   | No. of Periods | Subject Enrichment Activities/ Activity | Art Integration  | Teaching Aids/ Technology                       |
|---|----------------|---|--|---|
| <b><u>GEOGRAPHY</u></b><br>Lesson-4: Air Around Us                        | 6              |   | <b>Diagram of Structure of Atmosphere</b>              | Videos related to topics, E-Smart Content       |
| Lesson-5: Water Surrounding the Earth                                     | 5              | Map of Warm and Cold Currents           |  | E-Smart Content, Videos related to topics       |
| <b><u>HISTORY</u></b><br>Lesson-14: Regional Powers (Only For Discussion) | 2              |   |  |   |
| <b><u>CIVICS</u></b><br>Lesson-21: Advertising & Democracy                | 5              |   | <b>Make any one advertisement - Literacy or Health</b> | Advertisements, Books pictures, E-Smart Content |

**NOVEMBER**

| Lesson No./ Topic                                      | No. of Periods | Subject Enrichment Activities/Activity                   | Art Integration                      | Teaching Aids/ Technology                                 |
|--|----------------|--|--------------------------------------|---|
| <b><u>GEOGRAPHY</u></b><br>Lesson-6: Life On the Earth | 5              | Map skill -page no. 48                                   |                                      | E-Smart Content   |
| <b><u>GEOGRAPHY</u></b><br>Lesson-7: Human Environment | 5              | Map Work: International Airports and sea ports in India. | <b>Something to do - page no. 56</b> | E-Smart Content , Pictures related topics                 |
| <b><u>HISTORY</u></b><br>Lesson-15: The Mughal Empire  | 6              | Something to Do- no.3- Who am I? Page no.130             | <b>Time line</b>                     | PPT, E-Smart Board,                                       |
| <b><u>CIVICS</u></b><br>Lesson-22: Unpacking Gender    | 5              | Map Work: Page no.190                                    |                                      | Text Book, E-Smart Content, Pictures of gender inequality |

**DECEMBER**

| Lesson No./ Topic  | No. of Periods | Subject Enrichment Activities/Activity                        | Art Integration                              | Teaching Aids/ Technology |
|--|----------------|---|--|---------------------------|
| <b><u>GEOGRAPHY</u></b><br>Lesson-8: Land and the People(Only For Discussion)                  | 3              |   | <b>A story on desert- hot or cold desert</b> | E-Smart Content           |
| <b><u>HISTORY</u></b><br>Lesson-16: Emergence of Independent States <b>Only For Discussion</b> | 2              | Narrate a story on Shiva ji / Sikhs / Rajputs - wars and life |  | Text Book,                |
| Lesson-17: Major Religions   | 4              |   | <b>Hands Out on Major Religions</b>          | E-Smart Content           |
| <b><u>CIVICS</u></b><br>Lesson-23 Markets Around Us  | 5              | Map Skill   |  | E-Smart Content           |

**JANUARY /FEBRUARY**  
**MARCH**

Revision of whole Syllabus  
**ANNUAL EXAMINATION**

## ਵਿਸ਼ਾ - ਪੰਜਾਬੀ

## ਨੋਟ:ਪਹਿਲੀ ਛਮਾਹੀ ਦਾ ਪੂਰਾ ਪਾਠਕ੍ਰਮ ਦੂਜੀ ਛਮਾਹੀ ਵਿੱਚ ਆਵੇਗਾ |

## ਅਕਤੂਬਰ

| ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ   | ਦਿਨ | ਗਤੀਵਿਧੀਆਂ                                      | ਸਹਾਇਕ ਸਮੱਗਰੀ             |
|--|-----|--|--------------------------|
| ਪਾਠ-12 ਪਹਿਲਾ ਮਨੁੱਖ ਤੇ ਅੱਗ ਦੀ ਖੋਜ   | 5   | ਪੁਰਾਣੇ ਅਤੇ ਅੱਜ ਦੇ ਮਨੁੱਖ ਵਿੱਚ ਅੰਤਰ ਦੱਸਿਆ ਜਾਵੇਗਾ | ਪਾਠ-ਪੁਸਤਕ                |
| ਪਾਠ-13 ਤੀਆਂ (ਕਵਿਤਾ)  | 4   | ਕੁਇਜ ਕਰਵਾਉਣਾ                                   | ਪਾਠ-ਪੁਸਤਕ                |
| ਪਾਠ-14 ਚਲਾਕ ਗੁਆਂਢੀ (ਕਹਾਣੀ)   | 4   | ਚੰਗੇ ਗੁਆਂਢੀ ਦੇ ਗੁਣਾਂ ਬਾਰੇ ਵਿਚਾਰ ਚਰਚਾ ਕਰਨੀ      | ਪਾਠ-ਪੁਸਤਕ                |
| ਵਿਆਕਰਨ:- ਪਾਠ-10 ਪੜਨਾਂਵ   | 1   | ਪੀ ਪੀ ਟੀ ਦੁਆਰਾ ਜਾਣਕਾਰੀ ਦੇਣਾ                    | ਸਮਾਰਟ ਬੋਰਡ               |
| ਪਾਠ-11 ਵਿਸ਼ੇਸ਼ਣ  | 1   | ਆਰਟ (ਪੇਪਰ ਗਤੀਵਿਧੀ)                             | ਸਮਾਰਟ ਬੋਰਡ               |
| ਲਿੰਗ ਬਦਲੇ ਪੇਜ ਨੰ. 32 ਤੇ 33 ਦੀ ਦੂਸਰੀ ਲਾਇਨ , ਵਚਨ ਬਦਲੇ ਪੇਜ ਨੰ. 38 ਤੇ 39 ਦੀ ਦੂਸਰੀ ਲਾਇਨ | 1   | ਜਮਾਤ ਦੇ ਕਮਰੇ ਦੀਆਂ ਚੀਜ਼ਾਂ ਦੇ ਲਿੰਗ ਤੇ ਵਚਨ ਬਦਲਣੇ  | ਵਿਆਕਰਨ<br>ਪਾਠ-ਪੁਸਤਕ      |
| ਅਸੁੱਧ-ਸੁੱਧ ਪੇਜ ਨੰ.43 ਤੇ 44 ਦੀ ਦੂਸਰੀ ਲਾਇਨ   | 1   | ਡਿਕਟੇਸ਼ਨ ਕਰਵਾਉਣੀ                               | ਗ੍ਰੀਨ ਬੋਰਡ,<br>ਪਾਠ-ਪੁਸਤਕ |
| ਲੇਖ :- ਮਹਾਤਮਾ ਗਾਂਧੀ  | 1   | ਮਹਾਤਮਾ ਗਾਂਧੀ ਜੀ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ              | ਵਿਆਕਰਨ<br>ਪਾਠ-ਪੁਸਤਕ      |
| ਸਕੂਲ ਛੱਡਣ ਦਾ ਸਰਟੀਫਿਕੇਟ ਲੈਣ ਲਈ ਅਰਜ਼ੀ  | 1   | ਪੱਤਰ ਲਿਖਵਾਉਣਾ                                  | ਵਿਆਕਰਨ,<br>ਪਾਠ-ਪੁਸਤਕ     |

## ਨਵੰਬਰ

| ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ  | ਦਿਨ | ਗਤੀਵਿਧੀਆਂ                                | ਸਹਾਇਕ ਸਮੱਗਰੀ              |
|---|-----|--|---------------------------|
| ਪਾਠ-15 ਬਚਿੰਦਰੀ ਪਾਲ  | 4   | ਹਿੰਮਤ ਅਤੇ ਹੌਸਲੇ ਨਾਲ ਕੰਮ ਕਰਨ ਬਾਰੇ ਦੱਸਣਾ   | ਪਾਠ-ਪੁਸਤਕ                 |
| ਪਾਠ-16 ਝੂਠਾ ਆਜੜੀ ਤੇ ਸ਼ੇਰ (ਕਵਿਤਾ)  | 3   | ਕਹਾਣੀ ਦੀ ਵੀਡੀਓ ਦਿਖਾਈ ਜਾਵੇਗੀ              | ਪਾਠ-ਪੁਸਤਕ,<br>ਸਮਾਰਟ ਬੋਰਡ  |
| ਪਾਠ-17 ਠੱਗੀ ਦਾ ਭੂਤ  | 3   | ਪਤਾਸੇ ਦੀ ਕਹਾਣੀ ਦੀ ਵੀਡੀਓ ਦਿਖਾਈ ਜਾਵੇਗੀ     | ਪਾਠ-ਪੁਸਤਕ,<br>ਸਮਾਰਟ ਬੋਰਡ  |
| ਪਾਠ-18 ਬਦਰੀ ਨਾਥ ਦੀ ਯਾਤਰਾ  | 4   | ਅਣਡਿੱਠਾ ਪੈਰੂ ਦੀ ਗਤੀਵਿਧੀ ਕਰਵਾਉਣੀ          | ਪਾਠ-ਪੁਸਤਕ                 |
| ਵਿਆਕਰਨ:- ਪਾਠ-12 ਕਿਰਿਆ ਅਤੇ ਕਾਲ   | 1   | ਕਾਲ ਤੇ ਕਿਰਿਆ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ           | ਪਾਠ-ਪੁਸਤਕ ,<br>ਗ੍ਰੀਨ ਬੋਰਡ |
| ਪਾਠ-13 ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ, ਯੋਜਕ ਅਤੇ ਸੰਬੰਧਕ                                      | 1   | ਆਰਟ (ਪੇਪਰ ਗਤੀਵਿਧੀ)                       | ਸਮਾਰਟ ਬੋਰਡ                |
| ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ ( ਉੱਚਮ ਤੋਂ ਤ੍ਰਿਪਤੀ) ਵਿਰੋਧੀ ਸ਼ਬਦ ਪੇਜ ਨੰ.88 ਤੇ 89 ਦੀ ਦੂਸਰੀ ਲਾਇਨ | 2   | ਸਮਾਨਾਰਥਕ ਸ਼ਬਦਾਂ ਦੀ ਪਰਚੀਆਂ ਤੇ ਖੇਡ ਕਰਵਾਉਣੀ | ਵਿਆਕਰਨ,<br>ਪਾਠ-ਪੁਸਤਕ      |



|  |   |  |            |
|--|---|--|------------|
| ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ 21-40 , ਅਖਾਣ 13 ਤੋਂ 25      | 1 | ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਵਿਚ ਅਖਾਣਾਂ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਦੱਸਣਾ | ਪਾਠ-ਪੁਸਤਕ  |
| ਲੇਖ:- ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ                                | 1 | ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਦੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ         | ਸਮਾਰਟ ਬੋਰਡ |
| ਪੱਤਰ:- ਜਨਮ ਦਿਨ ਦੀ ਪਾਰਟੀ 'ਤੇ ਬਲਾਉਣ ਲਈ ਮਿੱਤਰ ਨੂੰ ਸੱਦਾ ਪੱਤਰ | 1 | ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ            | ਗ੍ਰੀਨ-ਬੋਰਡ |

**ਦਸੰਬਰ**

| ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ                                  | ਦਿਨ | ਗਤੀਵਿਧੀਆਂ                                   | ਸਹਾਇਕ ਸਮੱਗਰੀ              |
|---|-----|---|---------------------------|
| ਪਾਠ-19 ਦਾਜ ਦੇ ਪੁਆੜੇ (ਕਵਿਤਾ)                     | 3   | ਕਾਵਿ-ਟੁਕੜੀ ਕਰਵਾਉਣੀ                          | ਪਾਠ-ਪੁਸਤਕ                 |
| ਪਾਠ-20 ਕੁੰਜਾਂ ਨੇ ਉੱਡ ਜਾਣਾ                       | 4   | ਨਜਾਇਜ਼ ਢੰਗਾਂ ਨਾਲ ਵਿਦੇਸ਼ ਜਾਣ ਦੇ ਨੁਕਸਾਨ ਦੱਸਣੇ | ਪਾਠ-ਪੁਸਤਕ                 |
| ਪਾਠ-21 ਮਹਾਨ ਵਿਗਿਆਨੀ:ਲੂਈ ਪਾਸਚਰ ( ਕੇਵਲ ਪੜ੍ਹਨ ਲਈ ) | 1   | ਮਹਾਨ ਵਿਅਕਤੀਆਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ             | ਪਾਠ-ਪੁਸਤਕ                 |
| ਪਾਠ-22 ਕਿੱਤੇ ਦੀ ਚੋਣ ( ਇਕਾਂਗੀ ) (ਕੇਵਲ ਪੜ੍ਹਨ ਲਈ ) | 2   | ਇਕਾਂਗੀ ਮੰਚਨ ਕਰਵਾਉਣਾ                         | ਜਮਾਤ ਦੇ ਸਜੀਵ ਪਾਤਰ         |
| ਵਿਆਕਰਨ:-ਪਾਠ-18 ਵਾਕ-ਰਚਨਾ                         | 1   | ਵਾਕਾਂ ਦੀ ਰਚਨਾ ਬਾਰੇ ਦੱਸਣਾ                    | ਵਿਆਕਰਨ ਪੁਸਤਕ , ਗ੍ਰੀਨ ਬੋਰਡ |
| ਪਾਠ-19 ਵਿਸਰਾਮ-ਚਿੰਨ੍ਹ                            | 1   | ਪੀ ਪੀ ਟੀ ਦੁਆਰਾ ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ ਕਰਵਾਉਣੇ        | ਸਮਾਰਟ ਬੋਰਡ                |
| ਅਗੇਤਰ ( ਸਬ ਤੋਂ ਸਵੈ )<br>ਪਿਛੇਤਰ ( ਆਈ ਤੋਂ ਸ਼ਾਲਾ ) | 1   | ਮੂਲ ਸ਼ਬਦਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ                | ਪਾਠ-ਪੁਸਤਕ,<br>ਗ੍ਰੀਨ ਬੋਰਡ  |
| ਮੁਹਾਵਰੇ 21-40<br>ਤਸਵੀਰ ਵਰਣਨ                     | 2   | ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਵਿਚ ਮੁਹਾਵਰਿਆਂ ਦੀ ਮਹੱਤਤਾ ਦੱਸਣੀ  | ਵਿਆਕਰਨ,<br>ਪਾਠ-ਪੁਸਤਕ      |
| ਲੇਖ:- ਨਸ਼ਾਖੋਰੀ                                  | 1   | ਨਸ਼ਿਆਂ 'ਤੇ ਵੀਡੀਓ ਦਿਖਾਉਣੀ                    | ਪਾਠ-ਪੁਸਤਕ                 |
| ਪੱਤਰ:- ਕਿਤਾਬਾਂ ਮੰਗਵਾਉਣ ਲਈ ਪਬਲਿਸ਼ਰ ਨੂੰ ਪੱਤਰ      | 1   | ਪੱਤਰ ਦੀ ਵੰਡ ਬਾਰੇ ਦੱਸਣਾ                      | ਪਾਠ-ਪੁਸਤਕ                 |

ਜਨਵਰੀ ਅਤੇ ਫਰਵਰੀ

ਅਕਤੂਬਰ ਤੋਂ ਦਸੰਬਰ ਤੱਕ ਦੇ ਮਹੀਨੇ ਦੇ ਸਿਲੇਬਸ ਦੀ ਦੁਹਰਾਈ

ਮਾਰਚ

ਸਾਲਾਨਾ ਪਰੀਖਿਆ

**SUBJECT - COMPUTER****OCTOBER**

| Chapter No./<br>Name of Chapter | No. of<br>Periods | Activities  | Teaching Aids                  |
|---------------------------------|-------------------|---|--------------------------------|
| Chapter - 5<br>GIMP Tools       | 6                 | 1. Learn various tools available in GIMP.<br>2. Use advanced tools of GIMP for editing images | E-Smart Board, Stylus,<br>GIMP |

**NOVEMBER**

| Chapter No./<br>Name of Chapter | No. of<br>Periods | Activities   | Teaching Aids                                 |
|---------------------------------|-------------------|--|---|
| Chapter - 6<br>Advanced GIMP    | 6                 | 1. Concept of layers<br>2. Filters and Masking.          | E-Smart Board, Stylus,<br>GIMP                |
| Chapter-7<br>Basics of Internet | 3                 | 1. Role of World Wide<br>Web<br>2. Concept of web server | E-Smart Board, Stylus,<br>Internet Connection |

**DECEMBER**

| Chapter No./<br>Name of Chapter             | No. of<br>Periods | Activities   | Teaching Aids                                 |
|---|-------------------|--|---|
| Chapter-7<br>Basics of Internet             | 3                 | Web Browsers and Blogs   | E-Smart Board, Stylus,<br>Internet Connection |
| Chapter - 8<br>Internet and Web<br>Services | 6                 | Use of E-Learning,<br>E-Commerce, E-Shopping,<br>E-Reservation, E-Banking. | E-Smart Board, Stylus,<br>Internet Connection |

**JANUARY / FEBRUARY**

Revision + Oral / Practical Examination

**MARCH****ANNUAL EXAMINATION****SUBJECT -VISUAL ART****OCTOBER**

| Step By Step                               | Drawing file                    | No. of<br>Periods | Activity            | Teaching Aids                             |
|--|---------------------------------|-------------------|---------------------|---|
| Page No. 29,<br>31, 33,35<br>(composition) | Draw and<br>colour<br>landscape | 4                 | Thali<br>decoration | Decorative<br>material, thali,<br>fevicol |

**NOVEMBER**

| Step By Step                             | Drawing file                | No. of Periods | Activity            | Teaching Aids                               |
|--|-----------------------------|----------------|---------------------|---|
| Page No.<br>37,39,41,43<br>(composition) | Draw and<br>colour seascape | 6              | File<br>preparation | Colour brushes,<br>ivory sheet,<br>fevicol. |

**DECEMBER**

| Step By Step                          | Drawing file                                   | No. of Periods | Activity                              | Teaching Aids                               |
|---------------------------------------|--|----------------|---------------------------------------|---|
| Page No. 44<br>to 47<br>(composition) | Fruits<br>composition<br>with poster<br>colour | 5              | Corner design<br>for display<br>board | Colourful charts<br>decorative<br>material. |

**JANUARY/FEBRUARY**

Revision of whole Syllabus

**MARCH****ANNUAL EXAMINATION**

**SUBJECT - GENERAL KNOWLEDGE****OCTOBER**

| Unit No. and Name                  | No. of Periods | Activity   | Teaching Aids     |
|------------------------------------|----------------|--|-------------------|
| <b>UNIT IV<br/>Art and Culture</b> | 3              | 1. Paste 5 pictures of Famous Indian Street Foods with their associated cities.<br>2. Paste 5 pictures of different dance styles with their associated places. | Kid Wiz + E-Smart |

**NOVEMBER**

| Unit No. and Name                   | No. of Periods | Activity   | Teaching Aids     |
|-------------------------------------|----------------|--|-------------------|
| <b>UNIT VI<br/>Sports and Games</b> | 3              | 1. Paste 5 pictures of famous Tennis Stars of India.<br>2. Paste any 5 pictures of famous Asanas with their names. | Kid Wiz + E-Smart |

**DECEMBER**

| Unit No. and Name            | No. of Periods | Activity  | Teaching Aids     |
|------------------------------|----------------|---|-------------------|
| <b>UNIT V<br/>Math Magic</b> | 3              | 1. Paste Picture of great Mathematician Ramanujan and prepare his fact file as shown on page no. 78 of your book. | Kid Wiz + E-Smart |

**JANUARY / FEBRUARY  
MARCH**

Revision of whole Syllabus  
**ANNUAL EXAMINATION**

**विषय - नैतिक शिक्षा**

| <b>अक्टूबर</b>        |        |  |               |
|-----------------------|--------|--|---------------|
| पाठ का नाम / विषय     | कालांश | गतिविधियाँ                                 | सहायक सामग्री |
| माँ-बाप को भूलना नहीं | 1      | छात्र याद करेंगे  <br>सस्वर उच्चारण करवाना | चार्ट         |
| पाठ-10 ईश विनय        | 1      | उत्तर लिखेंगे                              | पुस्तक        |
| पाठ-11 स्वामी         | 2      | पाठ को समझकर                               | गुरुकुल भ्रमण |

|                             |   |   |        |
|-----------------------------|---|---|--------|
| श्रद्धानंद                  |   | बुराईयों को छोड़ेंगे।                   |        |
| पाठ -12 महात्मा<br>हंसराज   | 2 | महात्मा हंसराज जी पर<br>वाक्य लिखेंगे । | उदाहरण |
| पाठ -13 स्वामी<br>दर्शनानंद | 2 | इनके प्रचार कार्यों का<br>उल्लेख ।      |        |

**नवंबर**

| पाठ का नाम /<br>विषय               | कालांश | गतिविधियाँ  | सहायक सामग्री                 |
|------------------------------------|--------|---|-------------------------------|
| पाठ -14 आर्य<br>पार्थिक पं. लेखराम | 2      | इनके कुछ ग्रंथों के<br>नाम प्रस्तुत करेंगे ।              | पुस्तक                        |
| पाठ -15 उद्घोष                     | 1      | उद्घोष कविता का<br>भावार्थ लिखेंगे ।                      | महापुरुषों का उदाहरण          |
| पाठ -16 मेरा देश                   | 2      | देश के अलग-अलग<br>नाम याद करके उत्तर<br>लिखेंगे ।         | स्वामी दयानंद जी का<br>उदाहरण |
| पाठ -17 रोगी कौन<br>नहीं           | 2      | पाप का अन्न खाने का<br>प्रभाव उदाहरण प्रस्तुत<br>करेंगे । | पुस्तक                        |

**दिसंबर**

| पाठ का नाम /<br>विषय           | कालांश | गतिविधियाँ                           | सहायक सामग्री   |
|--------------------------------|--------|--------------------------------------|-----------------|
| पाठ -18<br>अंधविश्वास का<br>फल | 2      | सम्राटों का उदाहरण                   | अभ्यास पुस्तिका |
| पाठ -19 अटल<br>प्रीति          | 1      | प्रभुभक्ति पर भजन                    |                 |
| पाठ -20 हमारे पर्व             | 1      | छात्र कुछ पर्वों के नाम<br>बताएँगे । | ई-स्मार्ट       |
| पाठ - 21                       | 1      | मंत्र याद करेंगे ।                   | ई-स्मार्ट       |

|  |   |                              |        |
|--|---|------------------------------|--------|
| पाठ - 22                                   | 1 | शांति पाठ लिखकर याद करेंगे।  | पुस्तक |
| जनवरी / फरवरी                              |   | करवाए गए पाठ्यक्रम की दोहराई |        |
| मार्च                                      |   | वार्षिक परीक्षा              |        |
| नोट: प्रत्येक पाठ के बाद परीक्षा ली जाएगी। |   |                              |        |

### विषय - संस्कृत

|   |                              |   |                                       |
|---|------------------------------|---|---------------------------------------|
| <b>अक्तूबर</b>  |                              |   |                                       |
| <b>पाठ का नाम / विषय</b>                                | <b>कालांश</b>                | <b>गतिविधियाँ</b>                             | <b>सहायक सामग्री</b>                  |
| पाठ - 6 यस्य बुद्धिः तस्य बलं                           | 2                            | संवाद बुलवाना                                 | पुस्तक                                |
| पाठ -7 बुद्धिः एव उत्तमा                                | 2                            | बुद्धि से संबंधित एक अन्य कथा बच्चों से सुनना | अन्य पुस्तक                           |
| <b>नवंबर</b>  |                              |   |                                       |
| <b>पाठ का नाम / विषय</b>                                | <b>कालांश</b>                | <b>गतिविधियाँ</b>                             | <b>सहायक सामग्री</b>                  |
| पाठ - 8 अविवेकः परमापदां पदम्                           | 2                            | सूक्तियाँ एकत्रित कर बुलवाना                  | चार्ट                                 |
| पाठ - 9 बुद्धिमान गोपालकः                               | 2                            | बुद्धि का महत्त्व बताना                       | पुस्तक                                |
| गिनती 1-25  | 1                            | मटका गेम                                      | चिट्स                                 |
| <b>दिसंबर</b>   |                              |   |                                       |
| <b>पाठ का नाम / विषय</b>                                | <b>कालांश</b>                | <b>गतिविधियाँ</b>                             | <b>सहायक सामग्री</b>                  |
| पाठ -10 मधुराणि वचनानि                                  | 2                            | मधुर वचन बुलवाने                              | अन्य पुस्तक                           |
| पत्र 2  | 1                            | पत्र का संक्षिप्त परिचय                       | पुस्तक                                |
| <b>विषय संवर्धन गतिविधि - श्लोक उच्चारण प्रतियोगिता</b> |                              |   |                                       |
| जनवरी / फरवरी   | करवाए गए पाठ्यक्रम की दोहराई |   | प्रत्येक पाठ के बाद परीक्षा ली जाएगी। |
| मार्च   | वार्षिक परीक्षा              |   |                                       |

**SUBJECT - PERFORMING ART****OCTOBER-NOVEMBER**

| Topic                          | No. of Days | Tools & Techniques                       | Teaching Aid                              |
|--------------------------------|-------------|--|---|
| Shabad                         | 6           | Demonstration with singing               | Harmonium+Tabla+ Mirox, Lyrics,Dairy etc. |
| Lillyput Dance + Western Dance | 6           | Demonstration with steps                 | Sound System                              |
| National Anthem                | 6           | Demonstration with singing& Instruments. | Harmonium,keyboard, congo etc.            |

**DECEMBER-****Revision****JANUARY/FEBRUARY**

Revision of whole Syllabus

**MARCH****ANNUAL EXAMINATION****SUBJECT - HEALTH & PHYSICAL EDUCATION****OCTOBER**

| Lesson No. / Topic                                  | No. of Periods | Activities           | Teaching Aids                                  |
|---|----------------|----------------------|--|
| Food & Nutrition                                    | 01             | Demonstration        | Chart / Video                                  |
| Gym Period  | 01             | Exercise In Gym      | Multi Gym                                      |
| Game- KHO-KHO (for girls)<br>Volley Ball (for boys) | 01             | Play Games in Ground | Volley Ball/<br>Video/ Whistle/<br>Lime Powder |
| Yoga-Bhujangasana & Chakarasana                     | 01             | Perform Yogaasana    | Body Movement/<br>Chart                        |

**NOVEMBER**

| Lesson No. / Topic                                   | No. of Periods | Activities           | Teaching Aids                                  |
|--|----------------|----------------------|--|
| Safety & Security                                    | 01             | Demonstration        | Chart  |
| Game- KHO-KHO(for girls )<br>Volley Ball( for boys ) | 01             | Play Games in Ground | Volley Ball/<br>Video/ Whistle/<br>Lime Powder |
| Gym Period   | 01             | Exercise In Gym      | Multi Gym                                      |
| Yoga-Halasanana & Dhurasana                          | 01             | Perform Yogaasana    | Body Movement/<br>Chart                        |

**DECEMBER**

| <b>Lesson No. / Topic</b>                              | <b>No. of Periods</b> | <b>Activities</b>    | <b>Teaching Aids</b>                           |
|--|-----------------------|----------------------|--|
| Social health/<br>Consumer health &<br>sports services | 01                    | Demonstration        | Chart / Video                                  |
| Gym Period   | 01                    | Exercise In Gym      | Multi Gym                                      |
| Yoga-Padamasana &<br>Tarasana                          | 01                    | Perform Yogaasana    | Body Movement/<br>Chart                        |
| Game-<br>KHO-KHO (for girls)<br>Volley Ball (for boys) | 01                    | Play Games in Ground | Volley Ball/<br>Video/ Whistle/<br>Lime Powder |

**Subject Enrichment Activities**

1. Benefits of Yoga, Yoga Files.
2. Rules for game Kho - Kho, Volley Ball ,Game File.

**JANUARY/ FEBRUARY** Revision of whole Syllabus

**MARCH** ANNUAL EXAMINATION



**ओ३म्**  
**DAV PUBLIC SCHOOL SAMANA**  
**(SENIOR SECONDARY)**  
**CBSE AFFILIATED-1630571**



**NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)**

**List of Activities under Ek Bharat Shreshta Bharat**

| Sr.No | Description of Activity  | Month/Day/<br>Location                            | Learning Outcome   |
|-------|--|---|--|
| 1     | Exposure of students to the alphabets, songs, proverb and 100 sentences in the languages of the partnering State/UT.   | Academic Year/<br>Every Week /<br>school premises | It will develop the linguistic capacity of the students.   |
| 2     | Essay Competition among students in the language of the partnering State/UT  | Academic Year                                     | It will develop multi-linguistic skills in students.   |
| 3     | Drama/Role Play on culture, history, the tradition of partnering State/UT.   | Academic Year/school premises                     | The students will be able to learn the culture of the partnering State/UT.                             |
| 4     | Identification/translation and dissemination of similar proverbs in the language of partnering State/UT.   | Academic Year                                     | The students will be able to learn the language and culture of the Partnering state/UT.                |
| 5     | “Themed Display Board/Wall magazine” on the partnering state. (Historical Monuments, Dressing Style, painting, handicrafts, alphabet and basic sentences of the partnering State/UTs). | Round the Year/ school premises                   | The pictorial representation will help them in learning and Understanding about partnering States/UTs. |
| 6     | Pledge on Swachhta/ Single-use plastic/water saving/<br>National Unity in the language of partnering   | At least two times every month/<br>Schools’       | The students will have exposure to partnering state language.<br>Enhance social                        |



|   |   |                                    |  |
|---|---|------------------------------------|--|
|   | states/UTs  | premises during morning assembly.  | responsibility among students.   |
| 7 | “Questions/ Answer session” (Quiz) on partnering States/UTs. (Know Your Partner States/UTs) | Once in a month/ Morning Assembly. | It will help students to remember the important facts about partnering States/UTs. |
| 8 | “State Day Celebration” of partner State/UT   | On State Day/ School Premises      | It will develop a sense of unity among the students of both the States/UTs.        |

**Dr Mohan Lal Sharma**

**Principal**



# DAV PUBLIC SCHOOL SAMANA

## (SENIOR SECONDARY)



CBSE AFFILIATED-1630571

NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)

### ECO CLUB

An Eco-Club is a group of school teachers & students interested in environmental issues and willing to make significant contribution to society.

#### OBJECTIVES:

- To make children understand environment and environmental problems.
- To provide environmental education opportunities for school children.
- To utilize the unique position of school children as conduits for awareness of the society at large.
- To facilitate children's participation in decision making in areas related to environment & development.
- To bring children into direct contact with the environmental problems being faced by society they live in and make them think of solutions.
- To involve children in action based programmes related to environment in their surroundings.
- To aware students with various ways to conserve water.
- To motivate students to conserve and collect Rain water.

#### Activities for ECO CLUB:

| S. No | Activity name   |
|-------|---|
| 1.    | Earth Day Celebration- Speech in Assembly<br>&<br>Kachhra Samadhan Mahotsav |
| 2     | Say No to Plastic Tiffin and ALUMINIUM foil                                 |
| 3.    | Visit to sewage waste management plant<br>&<br>Conservation of water plant  |
| 4.    | Tree Plantation Drive. ( Vanmahotsav celebration)                           |
| 5.    | Say no to Plastic Bags<br>Introduction of Eco friendly bags                 |
| 6.    | Cleaning of various labs of school.   |

|     |  |
|-----|--|
| 7.  | Motivate students to conserve water by engaging them in various activities   |
| 8.  | Constitute a School Water Management Committee   |
| 9   | Students can be made to visit a water treatment plant in the area to witness water processing and other places where conservation practices are being adopted.   |
| 10. | Sharam Daan for Cleanliness of school Garden.  |
| 11  | Let's talk about fuel and electricity importance and management.   |
| 12  | Rally -Say no to Crackers  |
| 13  | Waste Management -<br>- Measures for minimization of waste<br>-Increasing value by reducing, reusing and recycling as much as possible.<br>- Paper recycling and paper Mache artwork from waste paper<br>- Segregation of waste and Composting |
| 14  | Nature Walk and Nature Watch   |

**Eco-Club Committee**

**Principal  
Dr. Mohan Lal Sharma**



**ओ३म्**  
**DAV PUBLIC SCHOOL SAMANA**  
**(SENIOR SECONDARY)**  
 CBSE AFFILIATED-1630571



**MEDICAL PLANNER FOR CLASSES 4<sup>th</sup> to 10+2 (SENIOR)**  
**SESSION: 2020-2021**

| MONTH     | TOPICS  |
|-----------|---|
| APRIL     | <b>World Health Day topic:<br/>Health for all (Regarding Corona Virus)</b>  |
| MAY       | <b>BREAKFAST - A Great Way To Start The Day!</b><br>+<br><b>DEHYDRATION - When Your Body Needs More Water</b>                   |
| JUNE      | <b>HOMEWORK - Get into the Habit</b><br>+<br><b>DISCIPLINE - Keeping the Rules</b>  |
| JULY      | <b>Fear in Decision Making</b><br>+<br><b>Don't Blame The Distractions, Improve Your Focus</b>                                  |
| AUGUST    | <b>GOOD POSTURE - Looking After Your Back</b><br>+<br><b>MEDITATION - Helping People Sort Things Out</b>                        |
| SEPTEMBER | <b>Dental hygiene</b>   |
| OCTOBER   | <b>Anger Management<br/>(Stress, Anxiety, Depression/Managing Your Feelings)</b><br>+<br><b>A Rhythm of health - HEART BEAT</b> |
| NOVEMBER  | <b>Are you ready for winter?<br/>(Cold, Flu, Sore Throat)</b><br>+<br><b>Caring of Your Skin</b>                                |
| DECEMBER  | <b>Hygiene and Puberty</b><br>+<br><b>Are you a Bystander to Bullying?</b>  |
| JANURAY   | <b>Use of Internet/Computer Games/Mobile Phones</b>   |
| FEBRUARY  | <b>RESPECT - A Way of life</b>  |
| MARCH     | <b>RESILIENCE - Don't Let Things Get You Down</b><br>+<br><b>CONFIDENCE - Put Your Best Foot Forward!</b>                       |

**School Medical Officer**  
**Dr Harsimran Kaur**

**Dr Mohan Lal Sharma**  
**Principal**

## Test Schedule- Classes - 4<sup>th</sup> to 7<sup>th</sup>

| Day       | 4 <sup>th</sup> | 5 <sup>h</sup> | 6 <sup>th</sup> | 7 <sup>th</sup> |
|-----------|-----------------|----------------|-----------------|-----------------|
| Monday    | Science         | Social Science | Hindi           | English         |
| Tuesday   | Social Science  | Hindi          | Maths           | Science         |
| Wednesday | English         | Punjabi        | Social Science  | Maths           |
| Thursday  | Punjabi         | English        | Science         | Hindi           |
| Friday    | Hindi           | Maths          | Punjabi         | Social Science  |
| Saturday  | Maths           | Science        | English         | Punjabi         |

## Calender Activities (Session- 2020-21)

| Sr. No. | Month    | Activities Name          | Responsible Teachers                         |
|---------|----------|--------------------------|--|
| 1       | April    | Book Mark Making         | Class In-Charges Art & Craft Teachers        |
| 2       | May      | Doha Gayan               | Class In-Charges + Hindi Teachers            |
| 3       | July     | Junior Scientist - Khoj  | Class In-Charges + Science & Maths Teachers  |
| 4       | August   | <b>Teej Celebration</b>  | <b>Primary Block</b>                         |
| 5       | October  | Ramleela Manchan         | Class In-Charges + Music & Dance Teachers    |
| 6       | November | Greeting Card Making     | Class In-Charges + Art & Craft Teachers      |
| 7       | December | <b>Shaheedi Jor Mela</b> | <b>Primary Block</b>                         |
| 8       | January  | Map Master Quiz on Map   | Class In-Charges + Social - Science Teachers |
| 9       | Febuary  | General Knowledge Quiz   | Class In-Charges                             |

## Important Days (Awareness)

### Session 2020-21

#### APRIL

| <u>S.No</u> | <u>Date</u>            | <u>Day</u> |  |
|-------------|------------------------|------------|--|
| 1           | 2 <sup>nd</sup> April  | Thursday   | Ram Navami   |
| 2           | 6 <sup>th</sup> April  | Monday     | Mahavir Jayanti  |
| 3           | 7 <sup>th</sup> April  | Tuesday    | World Health Day   |
| 4           | 8 <sup>th</sup> April  | Wednesday  | Arya Samaj Sathapana Diwas,<br>New Session Beginning 1 <sup>st</sup> to 10+2<br>(Hawan Yajna) Mangal Kamna Diwas |
| 5           | 10 <sup>th</sup> April | Friday     | New Session Beginning LKG & UKG<br>(Shubhaarambh)  |
| 6           | 13 <sup>th</sup> April | Monday     | Jallianwala Bagh Massacre  |
| 7           | 14 <sup>th</sup> April | Tuesday    | Dr. B.R. Ambedkar Jayanti  |
| 8           | 18 <sup>th</sup> April | Saturday   | World Heritage Day, Welcome Fiesta:<br>LKG to 3 <sup>rd</sup>  |
| 9           | 19 <sup>th</sup> April | Sunday     | Mahatama Hansraj Jayanti   |
| 10          | 22 <sup>nd</sup> April | Wednesday  | World Earth Day -<br>(Celebration by Science Department)   |
| 11          | 23 <sup>rd</sup> April | Thursday   | World Book Day,<br>English Language Day-<br>(Celebration by English Department)                                  |
| 12          | 25 <sup>th</sup> April | Saturday   | Parshuram Jayanti, World Malaria Day   |
| 13          | 29 <sup>th</sup> April | Wednesday  | International Dance Day  |

#### MAY

| <u>S.No</u> | <u>Date</u>         | <u>Day</u> |  |
|-------------|---------------------|------------|--|
| 1           | 1 <sup>st</sup> May | Friday     | Labour Day -(SEWA Projects-By Sports<br>Department)<br>(Role Play- Our Helpers -by class 5 <sup>th</sup> ) |
| 2           | 3 <sup>rd</sup> May | Sunday     | World Press Freedom Day  |
| 3           | 4 <sup>th</sup> May | Monday     | Students Council Interview-<br>(By All Houses)   |
| 4           | 5 <sup>th</sup> May | Tuesday    |  |
| 5           | 7 <sup>th</sup> May | Thursday   | Tagore Jayanti, Buddha Purnima-<br>(Tribute by Running House)  |
| 6           | 8 <sup>th</sup> May | Friday     | World Red Cross Day-<br>(By First Aid Committee/ SEWA Project)   |

|    |                      |           |  |
|----|----------------------|-----------|--|
| 7  | 10 <sup>th</sup> May | Sunday    | Mothers day-<br>(Celebration by 1 <sup>st</sup> & 2 <sup>nd</sup> Class) |
| 8  | 11 <sup>th</sup> May | Monday    | National Technology Day  |
| 9  | 15 <sup>th</sup> May | Friday    | International Family Day   |
| 10 | 17 <sup>th</sup> May | Sunday    | World Telecommunication & Information Society Day                        |
| 11 | 23 <sup>rd</sup> May | Saturday  | Interaction with Parents- PTM<br>(Classes- 6 <sup>th</sup> to 10+2 )     |
| 12 | 24 <sup>th</sup> May | Sunday    | Common Wealth Day  |
| 13 | 25 <sup>th</sup> May | Monday    | Eid-UI-Fitr  |
| 14 | 26 <sup>th</sup> May | Tuesday   | Guru Arjan Dev Ji Martyrdom Day  |
| 15 | 27 <sup>th</sup> May | Wednesday | Investiture Ceremony-<br>(By all Houses)                                 |
| 16 | 30 <sup>th</sup> May | Saturday  | Interaction with Parents- PTM<br>(Classes- LKG to 5 <sup>th</sup> )      |
| 17 | 31 <sup>st</sup> May | Sunday    | World No Tobacco Day   |

## JUNE

| <u>S.No</u> | <u>Date</u>           | <u>Day</u> |  |
|-------------|-----------------------|------------|--|
| 1           | 1 <sup>st</sup> June  | Monday     | Dav Foundation Day- (Hawan Yajna)<br>Global Day of Parents |
| 2           | 5 <sup>th</sup> June  | Friday     | World Environment Day,<br>Sant Kabir Jayanti               |
| 3           | 12 <sup>th</sup> June | Friday     | Anti Child Labour Day                                      |
| 4           | 14 <sup>th</sup> June | Sunday     | World Blood Donor Day                                      |
| 5           | 21 <sup>st</sup> June | Sunday     | Yoga Day- (Celebration by NCC Cadets)<br>Father's Day      |
| 6           | 26 <sup>th</sup> June | Friday     | International Anti Drug Day                                |

## JULY

| <u>S.No</u> | <u>Date</u>           | <u>Day</u> |   |
|-------------|-----------------------|------------|---|
| 1           | 11 <sup>th</sup> July | Saturday   | World Population Day  |
| 2           | 15 <sup>th</sup> July | Wednesday  | World Youth Skill Day   |
| 3           | 26 <sup>th</sup> July | Sunday     | Kargil Vijay Diwas  |
| 4           | 28 <sup>th</sup> July | Tuesday    | World Hepatitis Day   |
| 5           | 31 <sup>st</sup> July | Friday     | Martyrdom Day Of Saheed Udam Singh Ji<br>(Tribute by Running House) |

**AUGUST**

| <b><u>S.No</u></b> | <b><u>Date</u></b>   | <b><u>Day</u></b> |   |
|--------------------|----------------------|-------------------|---|
| 1                  | 3 <sup>rd</sup> Aug  | Monday            | Raksha Bandhan  |
| 2                  | 8 <sup>th</sup> Aug  | Saturday          | World Senior Citizen Day  |
| 3                  | 11 <sup>th</sup> Aug | Tuesday           | Krishna Janamashtami<br>(Celebration by Senior Wing- Matki Fod +<br>Kirtan Sandhya) |
| 4                  | 12 <sup>th</sup> Aug | Wednesday         | World Youth Day   |
| 5                  | 15 <sup>th</sup> Aug | Saturday          | Independence Day- (Celebration by Pre-<br>Primary Block)                            |
| 6                  | 18 <sup>th</sup> Aug | Tuesday           | Sanskrit Diwas- (Celebration By Sanskrit<br>Department)                             |
| 7                  | 19 <sup>th</sup> Aug | Wednesday         | World Photography Day, Parkash Utsav Shri<br>Guru Granth Sahib Ji                   |
| 8                  | 20 <sup>th</sup> Aug | Thursday          | National Sadhbhavana Diwas  |
| 9                  | 21 <sup>st</sup> Aug | Friday            | Teej (Hari Talika)- Celebration by 11 <sup>th</sup> & 12 <sup>th</sup>              |
| 10                 | 29 <sup>th</sup> Aug | Saturday          | National Sports Day- Celebration by Sports<br>Department                            |

**SEPTEMBER**

| <b><u>S.No</u></b> | <b><u>Date</u></b>   | <b><u>Day</u></b> |  |
|--------------------|----------------------|-------------------|--|
| 1                  | 5 <sup>th</sup> Sep  | Saturday          | Teachers Day (Guru Utsav)  |
| 2                  | 8 <sup>th</sup> Sep  | Tuesday           | International Literacy Day- (Celebration by<br>Punjabi Department) |
| 3                  | 14 <sup>th</sup> Sep | Monday            | Hindi Diwas- (Celebration by Hindi<br>Department)                  |
| 4                  | 15 <sup>th</sup> Sep | Tuesday           | International Democracy Day  |
| 5                  | 16 <sup>th</sup> Sep | Wednesday         | World Ozone Preservation Day                                       |
| 6                  | 21 <sup>st</sup> Sep | Monday            | International Peace Day  |
| 7                  | 27 <sup>th</sup> Sep | Sunday            | World Tourism Day  |
| 8                  | 29 <sup>th</sup> Sep | Tuesday           | World Heart Day  |

**OCTOBER**

| <b><u>S.No</u></b> | <b><u>Date</u></b>  | <b><u>Day</u></b> |  |
|--------------------|---------------------|-------------------|--|
| 1                  | 2 <sup>nd</sup> Oct | Friday            | Mahatama Gandhi Jayanti & Non Violence<br>Day, Lal Bahadur Jayanti (Tribute by Houses) |
| 2                  | 3 <sup>rd</sup> Oct | Saturday          | World Nature Day   |
| 3                  | 4 <sup>th</sup> Oct | Sunday            | World Animal Day   |



|    |                      |          |  |
|----|----------------------|----------|--|
| 4  | 6 <sup>th</sup> Oct  | Tuesday  | World Wildlife Day   |
| 5  | 8 <sup>th</sup> Oct  | Thursday | Indian Air Force Day   |
| 6  | 11 <sup>th</sup> Oct | Sunday   | International Girl Child Day                                   |
| 7  | 15 <sup>th</sup> Oct | Thursday | World Students Day   |
| 8  | 16 <sup>th</sup> Oct | Friday   | World Food Day- (Celebration By UKG Class)                     |
| 9  | 17 <sup>th</sup> Oct | Saturday | Maharaja Aggarsain Jayanti                                     |
| 10 | 24 <sup>th</sup> Oct | Saturday | United Nations Day- (Celebration by Social Science Department) |
| 11 | 25 <sup>th</sup> Oct | Sunday   | Dussehra- (Celebration by Running House)                       |
| 12 | 31 <sup>st</sup> Oct | Saturday | Maharishi Valmiki Jayanti, National Unity Day                  |

### NOVEMBER

| <u>S.No</u> | <u>Date</u>          | <u>Day</u> |   |
|-------------|----------------------|------------|---|
| 1           | 1 <sup>st</sup> Nov  | Sunday     | Punjab Diwas  |
| 2           | 2 <sup>nd</sup> Nov  | Monday     | Prakash Guru Parb of Shri Ram Dass ji                               |
| 3           | 4 <sup>th</sup> Nov  | Wednesday  | Karva Chauth  |
| 4           | 7 <sup>th</sup> Nov  | Saturday   | World Cancer Awareness Day  |
| 5           | 11 <sup>th</sup> Nov | Wednesday  | National Education Day  |
| 6           | 14 <sup>th</sup> Nov | Saturday   | Diwali, Children Day-<br>(Thanks Giving Activity By Senior Block)   |
| 7           | 15 <sup>th</sup> Nov | Sunday     | Goverdhan Puja ,<br>Vishavkarma Day                                 |
| 8           | 16 <sup>th</sup> Nov | Monday     | Bhai Dooj   |
| 9           | 19 <sup>th</sup> Nov | Thursday   | National Integration Day  |
| 10          | 26 <sup>th</sup> Nov | Thursday   | Communal Harmony  |
| 11          | 30 <sup>th</sup> Nov | Monday     | Shri Guru Nanak Dev Jayanti-<br>(Celebration By Punjabi Department) |

### DECEMBER

| <u>S.No</u> | <u>Date</u>         | <u>Day</u> |   |
|-------------|---------------------|------------|---|
| 1           | 1 <sup>st</sup> Dec | Tuesday    | World AIDS Day  |
| 2           | 2 <sup>nd</sup> Dec | Wednesday  | World Computer Literacy Day<br>(Celebration by Computer Department) |
| 3           | 4 <sup>th</sup> Dec | Friday     | Indian Navy Day   |
| 4           | 7 <sup>th</sup> Dec | Monday     | Indian Armed Forces Flag Day  |
| 5           | 9 <sup>th</sup> Dec | Wednesday  | International Anti Corruption Day                                   |

|    |   |                                |   |
|----|---|--------------------------------|---|
| 6  | 10 <sup>th</sup> Dec                        | Thursday                       | Human Rights Day  |
| 7  | 22 <sup>nd</sup> Dec                        | Tuesday                        | National Mathematics Day<br>(Celebration by Maths Department) |
| 8  | 23 <sup>rd</sup> Dec                        | Wednesday                      | Shradhanand Balidan Diwas,<br>National Farmer's Day           |
| 9  | 25 <sup>th</sup> Dec                        | Friday                         | Christmas Day   |
| 10 | 26 <sup>th</sup> to 28 <sup>th</sup><br>Dec | Saturday,<br>Sunday,<br>Monday | Shaheedi Jor Mela<br>(By Primary Block)                       |

### JANUARY

| <u>S.No</u> | <u>Date</u>          | <u>Day</u> |  |
|-------------|----------------------|------------|--|
| 1           | 1 <sup>st</sup> Jan  | Friday     | New Year (Hawan Yajna)                                       |
| 2           | 10 <sup>th</sup> Jan | Sunday     | World Laughter Day   |
| 3           | 12 <sup>th</sup> Jan | Tuesday    | National Youth Day   |
| 4           | 13 <sup>th</sup> Jan | Wednesday  | Lohri- (Celebration by Running House)                        |
| 5           | 14 <sup>th</sup> Jan | Thursday   | Makar Sankranti  |
| 6           | 20 <sup>th</sup> Jan | Wednesday  | Guru Gobind Singh Ji Jayanti                                 |
| 7           | 23 <sup>th</sup> Jan | Saturday   | Neetaji Subhash Chandra Bose Birth<br>Anniversary            |
| 8           | 25 <sup>th</sup> Jan | Monday     | National Voters Day  |
| 9           | 26 <sup>th</sup> Jan | Tuesday    | Republic Day- (Celebration by Running House)                 |
| 10          | 30 <sup>th</sup> Jan | Saturday   | Mahatama Gandhi Martyrdom Day- (Tribute<br>by Running House) |

### FEBRUARY

| <u>S.No</u> | <u>Date</u>          | <u>Day</u> |   |
|-------------|----------------------|------------|---|
| 1           | 4 <sup>th</sup> Feb  | Thursday   | World Cancer Day  |
| 2           | 16 <sup>th</sup> Feb | Tuesday    | Basant Panchmi-<br>(Celebration by Running House)                       |
| 3           | 20 <sup>th</sup> Feb | Saturday   | World Day of Social Justice   |
| 4           | 21 <sup>st</sup> Feb | Sunday     | Maharishi Dayanand Saraswati Jayanti-<br>(Shradanjali by Running House) |
| 5           | 23 <sup>rd</sup> Feb | Tuesday    | World Peace & Understanding Day   |
| 6           | 24 <sup>th</sup> Feb | Wednesday  | Rishi Bodh Utsav  |
| 7           | 27 <sup>th</sup> Feb | Saturday   | Guru Ravidas Jayanti  |
| 8           | 28 <sup>th</sup> Feb | Sunday     | National Science Day  |

**MARCH**

| <u>S.No</u> | <u>Date</u>            | <u>Day</u> |                            |
|-------------|------------------------|------------|----------------------------|
| 1           | 3 <sup>rd</sup> March  | Wednesday  | National Defence Day       |
| 2           | 8 <sup>th</sup> March  | Monday     | International Women's Day  |
| 3           | 11 <sup>th</sup> March | Thursday   | Maha Shiv Ratri            |
| 4           | 15 <sup>th</sup> March | Monday     | World Consumers Rights Day |
| 5           | 22 <sup>nd</sup> March | Monday     | World Water Day            |
| 6           | 29 <sup>th</sup> March | Monday     | Holi                       |

**आर्य पर्व**

| <u>S.No</u> | <u>Date</u> | <u>Day</u> |                                      |
|-------------|-------------|------------|--------------------------------------|
| 1           | 6 अप्रैल    | सोमवार     | आर्य समाज स्थापना दिवस               |
| 2           | 14 अप्रैल   | मंगलवार    | पंडित गुरुदत्त विद्यार्थी जन्म दिवस  |
| 3           | 19 अप्रैल   | रविवार     | महात्मा हंसराज दिवस                  |
| 4           | 1 जून       | सोमवार     | डी.ए.वी. स्थापना दिवस                |
| 5           | 14 सितम्बर  | सोमवार     | गुरु विरजानंद पुण्यतिथि              |
| 6           | 5 अक्टूबर   | सोमवार     | स्वामी विरजानंद जयंती                |
| 7           | 16 अक्टूबर  | शुक्रवार   | महात्मा आनंद स्वामी जन्म दिवस        |
| 8           | 24 अक्टूबर  | शनिवार     | महात्मा आनंद स्वामी पुण्यतिथि        |
| 9           | 27 अक्टूबर  | मंगलवार    | ऋषि निर्वाणोत्सव                     |
| 10          | 14 नवम्बर   | शनिवार     | स्वामी दयानंद विरजानंद की कुटिया     |
| 11          | 15 नवम्बर   | रविवार     | महात्मा हंसराज पुण्यतिथि             |
| 12          | 21 नवम्बर   | शनिवार     | रामचंद्र छत्रपति बलिदान दिवस         |
| 13          | 19 दिसम्बर  | शनिवार     | पंडित राम प्रसाद बिस्मिल बलिदान दिवस |
| 14          | 23 दिसम्बर  | बुधवार     | स्वामी श्रद्धानंद बलिदान दिवस        |
| 15          | 12 जनवरी    | मंगलवार    | स्वामी विवेकानंद जयंती               |
| 16          | 28 जनवरी    | वीरवार     | लाला लाजपतराय जयंती                  |
| 17          | 21 फ़रवरी   | रविवार     | मुनि मुनिश्वरानंद पुण्यतिथि          |
| 18          | 28 फ़रवरी   | रविवार     | ऋषि दयानंद सरस्वती जन्म दिवस         |
| 19          | 4 मार्च     | वीरवार     | ऋषि बोधोत्सव                         |
| 20          | 19 मार्च    | शुक्रवार   | पंडित गुरुदत्त विद्यार्थी पुण्यतिथि  |

## Holidays List

### Session 2020-21

| <u>S.No</u> | <u>Date</u>                                 | <u>Day</u>            |  |
|-------------|---|-----------------------|--|
| 1           | 13 <sup>th</sup> April                      | Monday                | Baisakhi                               |
| 2           | 25 <sup>th</sup> April                      | Saturday              | Parshu Ram Jayanti                     |
| 3           | 25 <sup>th</sup> May                        | Monday                | Eid Ul Fitar                           |
| 4           | 3 <sup>rd</sup> Aug                         | Monday                | Raksha Bandhan                         |
| 5           | 11 <sup>th</sup> Aug                        | Tuesday               | Krishan Janamashtami                   |
| 6           | 15 <sup>th</sup> Aug                        | Saturday              | Independence Day                       |
| 7           | 2 <sup>nd</sup> Oct                         | Friday                | Mahatama Gandhi Jayanti                |
| 8           | 17 <sup>th</sup> Oct                        | Saturday              | Maharaja Aggarsain Jayanti             |
| 9           | 25 <sup>th</sup> Oct                        | Sunday                | Dussehra                               |
| 10          | 31 <sup>st</sup> Oct                        | Saturday              | Maharishi Valmiki Jayanti              |
| 11          | 4 <sup>th</sup> Nov                         | Wednesday             | Karva Chauth                           |
| 12          | 14 <sup>th</sup> Nov                        | Saturday              | Diwali                                 |
| 13          | 15 <sup>th</sup> Nov                        | Sunday                | Vishavkarma DAY/ Goverdhan Puja        |
| 14          | 16 <sup>th</sup> Nov                        | Monday                | Bhai Dooj                              |
| 15          | 24 <sup>th</sup> Nov                        | Tuesday               | Martyrdom Day of Guru Teg Bahadur Ji   |
| 16          | 30 <sup>th</sup> Nov                        | Monday                | Parkash Purb of Shri Guru Nanak Dev Ji |
| 17          | 25 <sup>th</sup> Dec                        | Friday                | Christmas Day                          |
| 18          | 26 <sup>th</sup> to 28 <sup>th</sup><br>Dec | Saturday to<br>Monday | Jor Mela                               |
| 19          | 14 <sup>th</sup> Jan                        | Thursday              | Makar Sankranti                        |
| 20          | 20 <sup>th</sup> Jan                        | Wednesday             | Shri Guru Gobind Singh Jayanti         |
| 21          | 26 <sup>th</sup> Jan                        | Tuesday               | Republic Day                           |
| 22          | 27 <sup>th</sup> Feb                        | Saturday              | Guru Ravidas Jayanti                   |
| 23          | 11 <sup>th</sup> March                      | Thursday              | Maha Shivratri                         |



# DAV PUBLIC SCHOOL SAMANA

## (SENIOR SECONDARY)

CBSE AFFILIATED-1630571



NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)

## SCHOOL HOUSES

### SESSION -2020-21



| Name of House             | Motto   | Tagline   | Colour  | LOGO |
|---------------------------|---|---|---------|------|
| <b>Honesty House</b>      | Be Loyal and Trustworthy                          | The Art Of Being Truthful                           | Saffron |      |
| <b>Work culture House</b> | Effective Management and Team Work                | Goodness and hard work always rewarded with respect | Red     |      |
| <b>Faithful House</b>     | Faithful Action is the Fundamental key to Success | Satayamev Jayate                                    | Blue    |      |
| <b>Discipline House</b>   | Self control Or Self command                      | Discipline turns ability into achievement           | Green   |      |

**DO's AND DON'Ts**

| <b>Do's</b>  | <b>Don'ts</b>  |
|--|--|
| <ol style="list-style-type: none"> <li>1. Give due regards to your elders.</li> <li>2. Prepare yourself well to perform well.</li> <li>3. Converse in English in School Campus.</li> <li>4. Come to school well groomed, in proper Uniform.</li> <li>5. Bring the student diary to school daily.</li> <li>6. Be regular in attendance and never be late to school. Attend morning assembly without fail.</li> <li>7. Keep your classroom and school premises clean and tidy.</li> <li>8. Turn off the taps after use.</li> <li>9. Switch off fans and lights when not in use.</li> <li>10. Be fair and honest at work. Always be considerate of the rights of others.</li> <li>11. Make use of the Library.</li> </ol> | <ol style="list-style-type: none"> <li>1. Do not bring precious articles in school.</li> <li>2. Do not damage the school property.</li> <li>3. Do not make noise in the classroom, corridors, auditorium or elsewhere in the school campus</li> <li>4. Do not bring gadgets such as mobile phones, I Pads, MP3's etc</li> <li>5. Do not absent yourself from school. 75% attendance is the minimum requirement.</li> <li>6 Do not use abusive language.</li> <li>7. Do not pluck flowers. Never touch electric plugs.</li> <li>8. Do not wear expensive jewellery to school.</li> <li>9. Don't involve in physical fights.</li> <li>10. Do not come in personal vehicles to school.</li> </ol> |

**CODE OF CONDUCT**

- ❖ Converse in English in school campus.
- ❖ Come to school regularly. In case you want to avail leave, kindly get it sanctioned from class teacher.
- ❖ Ensure proper order and discipline while moving to the playground / assembly / library or any lab.
- ❖ Library books must be handled with extra care and must be returned in time.
- ❖ Shouting / Fighting or Indulging in unruly behavior in the school premises is forbidden.
- ❖ Kindly contribute to make your school clean DAV, Green DAV.
- ❖ Proper decorum should be maintained while singing National Anthem / DAV Anthem and School Prayers as a mark of patriotism.
- ❖ Students should not carry any sharp objects like blade, knife, paper cutter etc. as they can prove to be harmful.
- ❖ Possession of crackers / bursting crackers / playing with colours in the school is strictly prohibited.
- ❖ Any student found with expensive jewellery, mobile phone, CD's, any other objectionable article will be subjected to fine and confiscation of the above mentioned articles.

**TEN PRINCIPLES OF THE ARYA SAMAJ**

1. God is the primary source of all true knowledge and of all that can be known through it.
2. God is Existent, Intelligent and Blissful. He is Formless, Almighty, Just Merciful, Unborn, Infinite, Unchallengeable, Beginning less, Incomparable the support and Lord of all, Omniscient, Imperishable, Immortal, Fearless, Eternal, Holy and the Maker of the Universe. To him alone worship is due.
3. The Vedas are scriptures of true knowledge. It is the duty of all Aryas to read them, hear them being read and recite them to others.
4. We should always be ready to accept the truth and give up untruth.
5. All actions should be performed in conformity with Dharma, that is, after due consideration of right and wrong.
5. The primary aim of the Arya Samaj is too good for all, that is, to promote their physical, spiritual and social well-being.
6. We should treat all people with love, fairness and due regards for their merit.
7. One should aim at dispelling ignorance and promoting knowledge.
8. One should not only be content with one's own welfare but should look for it in the welfare of other also.
10. One should regard oneself under restriction to follow altruistic rulings of the society, while all should be free in following the rules of individual welfare

**आर्य समाज के नियम**

1. सब सत्य विद्या और जो पदार्थ विद्या से जाने जाते हैं, उन सब का आदि मूल परमेश्वर है।
2. ईश्वर सच्चिदानंद स्वरूप, निराकार, सर्वशक्तिमान, न्यायकारी, दयालु, सर्वेश्वर, सर्वव्यापक, सर्वांतर्यामी, अजर, अमर, अभय, नित्य, पवित्र और सृष्टिकर्ता है उसी की उपासना करने योग्य है।
3. वेद सब सत्य विद्याओं की पुस्तक है। वेद का पढ़ना-पढ़ाना और सुनना-सुनाना सब आर्यों का परम धर्म है।
4. सत्य के ग्रहण करने और असत्य के छोड़ने में सर्वदा उद्यत रहना चाहिए।
5. सब काम धर्मानुसार अर्थात् सत्य और असत्य का विचार करके करना चाहिए।
6. संसार का उपकार करना इस समाज का मुख्य उद्देश्य है अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नति करना।
7. सबसे प्रीतिपूर्वक धर्मानुसार यथायोग्य वर्तना चाहिए।
8. अविद्या का नाश और विद्या की वृद्धि करनी चाहिए।
9. प्रत्येक को अपनी ही उन्नति से संतुष्ट न रहना चाहिए, किंतु सबकी उन्नति में अपनी उन्नति समझनी चाहिए।
10. सब मनुष्यों को सामाजिक सर्वहितकारी नियम पालने में परतंत्र रहना चाहिए और प्रत्येक हितकारी नियम में सब स्वतंत्र रहें।